



Vikings of Lake Lodge  
#6-166  
2007— District 6 and  
International Lodge of the Year

First Place Newsletter Recipient

VOLUME 5 ISSUE 9

# LAKE VIEWS

SEPTEMBER 2009  
SCANDINAVIANS UNITED!

We Meet at:

Galilee Lutheran Church Community Center  
8860 Soda Bay Road, Kelseyville, CA 95451

Call for dates and times: 987-2404



SONS OF NORWAY

## OUR HERITAGE AND CULTURE

### Fall Rosemaling at Camp Norge— Sept 25-27

For more information see our  
terrific Camp Norge  
Ambassadors,  
Chris & Vale Hanzel.

**Freya Lodge-Santa Rosa**  
Viking Fest—Oct 10  
10am-3pm This is a great  
event—ask about it or  
visit their website:  
[www.freyalodge.org](http://www.freyalodge.org)

### Leif Eriksson Walkathon

On our Adopted Road

**Sunday, Oct. 11—4pm**  
Followed by a picnic...

**Wednesday, Oct. 21**  
**Fiske Suppe Med Brød**  
(Fish Soup with Bread)

6:00pm—Dinner—\$5.00

7:00pm—*"The Legacy of  
the Kensington  
Runestone"* and *"Write in  
Runes"*

**Special Guest—**  
**Cindy Olson**  
Foundation Director –  
Sons of Norway  
International



Six Sigma Winery

Wednesday, September 16th

### Danish Night

6:00pm-Frikadellar, Rødkal, Kartoffler, Gulrøder og vin  
(meat cakes, red cabbage, potatoes, carrots and  
wine provided by Six Sigma)

\$6.00

7:00pm—After enjoying our delicious Danish Meal, our  
special program will be presented by:

**Six Sigma Vice President Christian Ahlmann,**

This **Danish** Family-Owned Winery is located in Lower Lake on Spruce  
Grove Road. Hear the fascinating story of this Lake County winery followed  
by—Wine Tasting!

## BESKJED FRA PÆRESIDENTEN

I truly believe in  
**Omens**—do you?  
Each morning during  
the summer I wake  
up to (1) check the  
sky in Hidden Valley  
Lake for hot air bal-  
loons and (2) check  
the stock market on  
the business channel  
to see if it's up or  
down. Until one day  
several weeks ago,  
I'd only spot 1-3 hot  
air balloons but  
**WOW**—one morn-  
ing in mid-August,  
we counted **NINE**  
hot air balloons! My  
other **omen**, the  
stock market, has  
been up and down

like a roller coaster  
lately. Why are they  
my **omens**? It is be-  
cause when there are a  
lot of balloons, I feel  
good and when the  
stock market is up, I  
feel the economy feels  
good!

The September issue  
of the *Viking Magazine*  
had a six page article  
entitled: **"Is Our Fu-  
ture in Jeopardy?"**  
Yep—**please** read it  
and give it some  
thought. Actually, our  
future is probably in  
**Double Jeopardy** and  
has been for the past  
15 years -just like most  
fraternal orders,

churches,  
etc. I  
don't  
have the  
solution  
to this  
dilemma

(other  
than more emphasis  
on Heritage and Cul-  
ture) but I hark back  
to my belief in  
**Omens: (O) men** plus  
(W) **omen** equals  
(M)**omen(tum)**! Let  
growth be our vision!  
Survey Says: **Vikings  
of Lake Forever!!!**

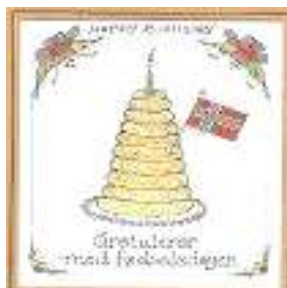
Med Vennlig Hilsen,  
Carl Peter



**BURSDAGER I SEPTEMBER EVA JOHNSON'S BIG 8-0!**

- 6-Ray Tisell
- 8-Reidar Larsen
- 9-Maia Leon
- 11-Terri Lynn Whitchurch
- 15-Marilyn Allmon  
-Cheryl Smith
- 18-Patsy Farstad
- 23-Carl Ingvaldstad  
-Monte Vaughn, Jr
- 25-Chuck Rodrigues
- 30-Lillie Hanson

**Unge Venner**  
 9- Kellie Anne Whitchurch (16)  
*Hurrah for deg som fyller ditt år!*



Eva looks pretty darn good for her age, don't you think?

Happy Birthday, Special Member..... and many more!

**SONS OF NORWAY MEDIA LENDING LIBRARY**

Whether you're looking for some new music to play at your next lodge meeting, or a Norwegian film to watch over the weekend, the Sons of Norway Media Lending Library has what you're looking for!

One of the highlights of the Media Lending Library is a film, called "Reprise", which can best be described as a story of youthful exuberance contrasted with the perilous unpredictability of life.

It's a mature, fast-moving story about two main characters, Phillip and Erik, whose only goal is to become famous authors in their own right. With grainy footage and quick-cut editing, the film really captures the less-than-Hollywood reality of life for young people trying to live out their dreams. Or, if a comedy is more to your liking, maybe you should check out "Elling," a story about the title character and his friend, Kjell

Bjarne, a gentle giant living in a state-funded apartment and receiving a stipend from the government. The pair find oddball ways to cope with society, striking up the most peculiar friendships in the most unlikely places.

If you'd like to check out either of these films, or want to learn more about what the Sons of Norway Media Lending Library has to offer, call (800) 945-8851.

**Available through Sons of Norway**

**WEDDING ANNIVERSARY**

Congratulations to Nancy and Roger Stange on the celebration of their 50th Wedding Anniversary!



**God Bedring**

Our Webmaster Extraordinaire, Marvin Hanson, had blood poisoning, which landed him in the hospital in August. He's improving slowly and we keep him in our thoughts and prayers!

## FALL RECRUITMENT BLITZ

Help our lodge win big! Starting on September 15th, lodges have three months to recruit new members to win a **\$500** prize.

How does it work? Simple. Lodges will be divided into two categories based on size. All dues-paying, new members\* that lodge members recruit between September 15 and December 15 will count toward this contest. **Two lodges—one from the small category and one from the large category—that have**

**the greatest percentage of growth will each receive \$500**, to be spent as the lodge wishes.

This is a great time of the year to work on recruitment. As our lodge gears up for our Danish Night, Leif Eriksson Walkathon, Foundation Night and our Torsk & Meatball Dinner we have many great opportunities for welcoming people to Vikings of Lake Lodge.

The recruiter is also still entered in the drawing for the



“Norwegian Experience” of a free trip for two to Norway. Talk about a “win-win” situation!

\*Applications must be from new, dues-paying members and must be received at Sons of Norway Headquarters by **December 15th**. For complete details, please visit [www.sonsofnorway.com](http://www.sonsofnorway.com)

## TUSEN TAKK TIL.....

**-Else Rodrigues, Mary Beth Ingvaldstad and Eva Johnson** for bringing the delicious Smørbrød to our “Hot August Night” event! :-)

**-Chris Hanzel, Eva Johnson and Rebecca Dierrsen** for the delicious desserts on the same “Hot August Night” event! .

**-Irene Tisell** for being our “Caller” for Bingo. The big winner of the evening was Vale Hanzel! Don’t spend it all in one place! Ha!

**-Collin and Audrey Dierssen** for helping Mom collect the pennies for each round of Bingo.

**-Sharon Lewis, Historian** who is completing our 2005-2008 History Books!



*All of you who so cheerfully support our Lodge and its Mission!*

## VIKINGS OF LAKE OFFICERS – 2009

**Pres**-Carl Ingvaldstad 987-2404  
**VP**- Kris Andre 279-8550  
**Counselor**- Eva Johnson 279-4836  
**Secretary**-Mary Beth Ingvaldstad 987-2404  
**Membership Secretary**-  
 Joyce Vaughn 998-3583  
**Treasurer**-Irene Tisell 263-4632  
**Social Directors**-Ross Christensen 998-9550  
 Sarah Christensen  
 Else Rodrigues 523-4541  
 Eva Johnson (Supplies)  
**Cultural Directors**-  
 Evelyn Robison 279-4385  
 Dennis Robison  
 Joyce Vaughn  
 Lisa Farestveit-Bever 987-1100

**Marshals**-  
 Souleah Scarbrough 245-4333  
 Sheila Strom 350-7404  
**Librarian**-Dennis Robison  
**Editor**-Mary Beth Ingvaldstad  
**Asst Editor**- Lillie Hanson 279-0974  
**Newsletter Distributors**-  
 The Tisell Family  
**Greeters**-Barb Swanson 262-0636  
 JoAnne Swenson 279-8264  
 Bev Brown 279-4815  
**Foundation Dir**- Carl Ingvaldstad  
**Historian**- Sharon Lewis 279-9345  
**Publicity Dir** --Chris Hanzel-928-1060  
**Sports Director**-Ingrid Tisell  
**Musicians**-Ray Tisell  
 Mary Beth Ingvaldstad  
**Sunshine**-JoAnne Swenson

**Tubfrim**- Evelyn Robison  
**Adopt-a-School Coordinators**  
 Sharon Lewis  
 Thelma Dangel 279-1335  
**Trustees**- Thelma Dangel  
**Auditor**-Bob Clark 279-0763  
**Asst Auditor** Barb Swanson  
**Language Instructor**-  
 Irene Tisell  
**Youth Director**-  
 Souleah Scarbrough  
**Webmaster**-  
 Marvin Hanson 279-0974



## LITT PÅ NORSK...HØSTEN I NORGE

September er en ganske så rolig måned i Norge. Sommeren er over med all reisingen og pakkingen. Den mest hektiske skolestart- og jobbstartperioden er også over. Det er også en flott tid i naturen, med sopp i skogen og epler og plommer på trærne. Det er lett å gå, ikke for varmt og myggen er borte. Dagene blir ganske mye kortere. Soloppgang 1.september er klokken 06.12 i Oslo 1. september, mens den 1. oktober er 07.22.

I gamle tider feiret folk i Norge høsttakkefest på Mikkelsmesse 29. september som også ble regnet som første vinterdag fordi på mange steder kunne den første snøen komme på denne tiden. Nå er høsttakkefestene i kirkene rundt i landet flyttet til en dag i oktober som passer til lokaleforhold, og vinterdag er flyttet til 14. oktober.

Høsttakkefesten er en kirkelig fest der nordmenn feirer at innhøstingen er over. Høsttakkefesten slik vi kje ner den I dag har blitt feiret i den norske kirke siden 1899.

I mange menigheter er høsttakkefesten en anledning til å kombinere gudstjenesten med aktiviteter for barn og unge. Siden begynnelsen av 1990-tallet har det blitt holdt barnehagegudstjeneste i Oslo domkirke for alle barnehagene i Oslo. Mellom 700 og 1000 barn deltar.

*Articles Adapted from: aktivioslo.no*



*The Mission of Sons of Norway is to promote and to preserve the heritage & culture of Norway, to celebrate our relationship with other Nordic Countries and to provide quality insurance and financial products to its members.*

### SAVE — SAVE — - SAVE

#### For Tubfrim—

Evelyn Robison is collecting our stamps for this worthwhile cause. Ask her for envelopes to cut or just keep snipping on your own mail at home!

#### For Sparebøsse—

Keep saving in those “Coin A Day” containers for the Sons of Norway Foundation. We are helping to provide scholarships and grants throughout the Order plus we can earn King Harald Medallions for our Officers.

### CAPT. ERIK MJATVEIT—- 1969-2009



Erik was the 40 year old son and only child of our Charter Members, Ingrid and Arnold Mjateit. He was killed in a car accident in Florida on August 9, 2009. Erik was an Airline Pilot, most recently with US Air. He was a charming, gregarious and lovable fellow who will be missed by many. To see a beautiful Memorial One-Shot Salute by US Air for Erik at the San Francisco Airport as his friends brought him home, visit:

[www.youtube.com/watch?v=PkLXZRHvKf8](http://www.youtube.com/watch?v=PkLXZRHvKf8)



Please keep Ingrid and Arnold in your thoughts and prayers

## A LITTLE IN ENGLISH...FALL IN NORWAY

September is a quite a quiet month in Norway. The summer is over with all its packing and traveling. The most hectic times at school and work are over as well. It's also a great time to be out in nature, with mushrooms blooming in the forest and apples and plums on the trees. It's nice to walk outside, not too warm and the mosquitoes are gone. The days grow much shorter. Sunrise on September 1st comes at 6:12AM in Oslo, but by October 1st it's at 7:22AM.

In days gone by people in Norway celebrated a harvest festival on Michaelmas, September 29th, which was also considered the first day of winter because in many places the first snows could fall by then. Now most harvest festivals around the country have been moved to a day in October that suits local conditions and the first "official" day of winter is October 14th.

The harvest festival is a religious celebration where Norwegians celebrate that the harvest is finished. Harvest festivals as we know them today have been celebrated by the Norwegian church since 1899.

In many parishes the festival is an opportunity to combine a religious service with activities for children and young people. Since the beginning of the 1990s special services have been held in Oslo Domkirke for all the kindergartens in the city. Between 700 and 1000 children participate.



**Attention: New Membership Directories are available. Ask the Greeters for yours!**

### DITT OG DATT

-*Collin Dierssen (7)* attended LEGO camp and Junior Giants this summer. He also enjoyed soccer camp and swimming lessons.

-*Audrey Dierssen (4)* went to dance camp and enjoyed soccer camp and swimming lessons like her brother, Collin.

-*Elaine Marsh* has moved to Lake County from Fresno to reside with her daughter and son-in-law, Joyce and Monte Vaughn. We will be happy to see more of her!!

-*Rebecca Dierssen* reports that she won a winemaker dinner for EIGHT at the Shannon Ridge winery in Lower Lake. Woo Hoo!

-*Ross Christensen* let us know that his wife, Lacey, lost her Mother recently. Our condolences to Lacey, Ross and Sarah.

- Please contact your Editor with news!!!



### WHATEVER STAGE OF LIFE YOU'RE IN— LIFE INSURANCE CAN HELP SECURE YOUR FAMILY'S FINANCIAL FUTURE!

If you are like most people, you probably don't know how much Life Insurance you need or what kind you should buy. Because everyone's needs are different, the best way to develop a plan that's right for you is to talk to your Financial Benefits Counselor.

Proper planning can generate a secure financial future

for you and your loved ones, no matter what happens.

Feel free to contact me for more information. You know how!

*Carl Peter*



FOOD, GAMES AND MORE FOR VOL 166-AUGUST



Yummy Smørbrød!



Elsie, Joyce and Kris use their "cheat sheets" for Norsk Bingo! Serious!!!



Evelyn and Denny, Else and Chuck and Ray concentrate on their cards.....



Grandpa Bob and Mom Rebecca keep Collin and Audrey watchful of their numbers.



August birthdays—Denny Robison, Eva Johnson, 3-generations ( Bob Clark, his daughter Rebecca, her son Collin) and Mary Beth.



Secretary Mary Beth presents President Carl with a Founders' Certificate and check for \$50 for Membership growth of 3% or more in 2007.



Our Tango Mike box overflowed thanks in most part to Denny Robison. He says it is easy to pick up a few items every time you go to the store. Let's all follow his lead and quadruple (at least) our amount in Sept!

## Cookie Cones with Cognac Cream on Mixed Berries

*From The Norwegian Kitchen by Arne Brimi,*

*Norway's renowned Nature Chef*

### Cookie Cones:

- 2 cups whipping cream
- 1/4 cup sugar
- 1 2/3 cups flour
- 1/2 tsp. vanilla extract

### Cognac Cream:

- 3/8 cup and 1 Tbsp. water
- 1/2 cup sugar
- 1 vanilla bean, split lengthwise
- 5 sheets (or 5 tsp. powdered) gelatin
- 2 cups whipping cream
- 4 egg yolks
- 1/2 cup cognac, scant

### Cookie Cones

Lightly whip the cream. Stir in the remaining ingredients. Bake in krumkake iron and form into cones while still warm.

Prepare the cookie cones and set aside. Melt sugar in a wide, low pan. Cook until light brown. Cool slightly. Make sure the sugar does not burn after it is taken off the burner. Stir carefully with a wooden spoon. When the sugar begins to make threads when the spoon is lifted, the temperature is correct. Place cookie cones on parchment paper and drip caramel on top. If the caramel cools, reheat.

Bring the water, honey, and mint to a boil. Add thick-skinned berries, such as lingonberries and currants, in the warm syrup. Cool, and then add soft berries. Soak the berries overnight.

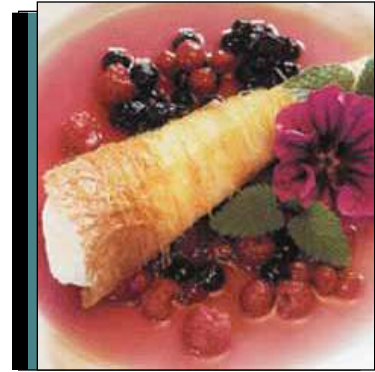
For the cognac cream, bring the water, sugar, and vanilla bean to a boil. Simmer 10 minutes, remove from the heat and steep one hour. Remove the vanilla bean and save for later use. Soak the gelatin sheets in cold water (sprinkle the powdered gelatin over 2 Tbsp. of the cream) to soften, about five minutes. Reheat the syrup. Whisk the egg yolks in a small bowl, then whisk in the syrup. Place the bowl in a saucepan filled with simmering water and beat until light and creamy. Squeeze excess water from the gelatin sheets (disregard for powdered gelatin) and melt. Stir the gelatin into the egg mixture. Whip the cream, add the cognac, and add to the egg mixture. Fill the cones with the cognac cream. Serve on top of mixed berries.

*Editor: Someone should make this for a "Heritage and Culture Night" for their Cooking Medal!*



### Oh, Dat Ole!!!!

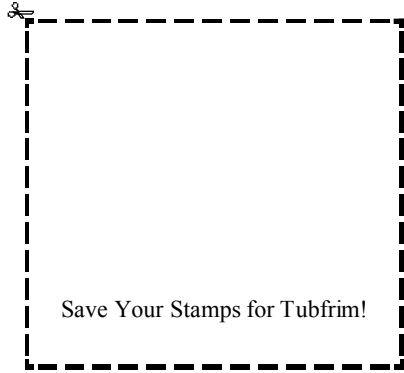
So, one night Ole was sitting reading the paper when he looked out the window and saw that his barn was on fire. So Ole quick jumped up and called the fire department and said, "Hurry, come qvick, my barn's burnin' down!" The fire chief replied, "Ole, slow down. Now, how do we get there?" And Ole said, "Vell, donchya haff dat liddle red truck anymore?"



Most of us would call these cones krumkaker. However, Brimi says, in the district of Otta these would be called skryllo. There, krumkaker typically are made with eggs, and skryllo are made with cream. Both cookies are baked in a krumkake iron.

**We are on the web!**  
[www.vikingsoflakelodge.org](http://www.vikingsoflakelodge.org)

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 Mary Beth Ingvaldstad, Editor  
 17207 Squirrel Hill Road  
 Hidden Valley Lake, CA 95467  
[mbingvaldst@aol.com](mailto:mbingvaldst@aol.com)



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Elizabeth Larson, Editor & Publisher  
 P.O. Box 305, Lakeport, CA 95452-0305  
 Phone: (707) 245-4580 Fax: (707) 274-8650  
 E-mail: [elason@lakeconews.com](mailto:elason@lakeconews.com)

17207 Squirrel Hill Road  
 Hidden Valley Lake, CA 95467-6613

**SONS OF NORWAY**

**Carl R. Ingvaldstad**  
 Physical Benefits Counselor  
 CA License #0796707

Phone: (707) 987-2404  
 Cell: (707) 340-8055  
 Toll Free: 866-834-1932  
 E-mail: [cirgvaldst@aol.com](mailto:cirgvaldst@aol.com)

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