



Lakeviews

November 2010

Scandinavians United

Visit us: www.vikingsoflakelodge.org

Volume 6, Issue 11

2007—District 6 and International Lodge of the Year

2007 First Place Newsletter

2009 District 6 Family Lodge of the Year



Sons of Norway

We Meet at:

Galilee Lutheran
Church

Community
Center

8860 Soda Bay Rd
Kelseyville, CA

Fall Back!

For the last several weeks, waking up at 6:30 is like waking up at 0-dark-30 and that “bums me out”. We go to bed in the dark and we wake up in the dark. By the time you read this newsletter we will either be at the “Daylight Saving Time Ends” (Nov. 7th) or just before it. . My point is, as we end Daylight Savings Time, rather than being DST, I am encouraged because we will have more daylight and sunshine during the day. I used to dread the change from DST to PST, or vice versa, but I’ve come to the realization that “falling back” is good. Another use of the term “Fall Back”, is that we tend to use the expression “fall back position” is either good or at least acceptable.

Over the years, I have always been a big proponent and believer of the Spring Forward that occurs six months from now. The idea of **Spring Forward** rather than **Falling Back** strikes a nerve with me. It must be close to 40 years ago that the late and great Jim Croce had the most wonderful song that captured the essence of time. His song was

“Time In a Bottle”. As you get older you realize that you can’t put “Time in a Bottle” any more than you can do anything about the reality of the Fall Back vs the Spring Forward concept.



In the context of Sons of Norway, I would put the belief that new members are actually our **Spring Forward** position whereas Renewal of Current Memberships is our **Fall Back** position. Both are not only important but we also need to focus on both. In closing, another “totally unrelated subject” is that we are getting great support from other lodges’ members coming to our Lutefisk and Meatball Dinner (**Fall Back**) , however, we also need our **Spring Forward** and sign up **NOW**, or else we will **Fall Back** to not hosting such an event in future years.

Med Venlig Hilsen,

Carl Peter

Tusen Takk til:

—Our new Zone 1 Director, **Carol Francis**, from Roald Amundsen #48 in Sacramento, for spending the evening with us on October 20th. The “native born” lodge members couldn’t believe her perfect Norwegian. Carol loved our energy and enthusiasm and looks forward to her next visit.



Heritage & Culture

NEW AND FUN!

Lodge Ladies
Lunch

Friday, Nov 12
1:00pm

Richmond Park
Bar & Grill
Page 7

IT’S BACK!
Lutefisk &
Meatball Dinner

November 13
4:00pm Only
Flyer—Page 4
Post it, Promote
it, help Prep for
it and reserve
YOUR place at it!

December 12
Scandinavian
Christmas Open
House
Page 9

Newly Elected
Officers
2011
Page 6

Loss of a Member
Page 8

Order Your Sons of Norway 2010 Limited Edition Ornament Today!

Show your Norwegian pride this holiday season by displaying the 2010 Sons of Norway Christmas ornament on your tree. From its rosemaling-inspired outer frame to the hand-crafted interior with a Hallingdal Rose design, this beautifully styled ornament is sure to be a welcome addition to your holiday traditions.

Packaged in a unique silver-stamped box, containing a Christmas greeting from Sons of Norway and an informative description of Hallingdal rosemaling, this ornament can also be a great gift for someone who enjoys the holiday season as much

as you do.

Remember, quantities of this year's ornament are limited so be sure to order as early as possible. The cost for this special holiday keepsake is only \$14.99 plus tax and shipping & handling. To order yours today, call (800) 945-8851.

If you want to learn more about rosemaling or would like to try your hand at it, consider the Sons of Norway Rosemaling Cultural Skills Program. The program, which is open to all

members is available from the Sons of Norway website at www.sonsofnorway.com.



Good to have Guri Clark back from Norway to come to events with hubby Bob!

Velkommen tilbake!

**Bursdager i November
(Birthdays)**

Gratulerer Med Dagen!

Members

- 2—Steven Stocker
- 12—Ellen Aasen
- 22—John Jensen

Heritage Members

- 24—Lars Tisell 14
- 26—Sean Ford 10



*Velkommen Nye
Medlem
(Welcome New
Member)*

Lourdes Thuesen

...Melting Glacial Ice Uncovers Artifacts

Scientists and archaeologists in the Jotunheimen mountain region of Norway are facing a unique problem. Glacial ice in the area is receding at an accelerated rate, fast enough it seems that archaeologists are having difficulty recovering the hundreds of artifacts before they are damaged by exposure to open air, causing rot and decay.

Lars Piloe, a Danish scientist working at the site, says "It's like a time machine... the ice has not melted this much for many many centuries. The ice field has receded 60 feet just this year and it is estimated that the artifacts exposed are from 1,500 years ago."

Among the 600 artifacts collected are a number of hunting implements called "scare sticks" that suggest that the area was used to herd and hunt reindeer. Scientists believe that the 3 ft sticks once had a small lightweight stick tied to the top of them--that when set into a line--would rattle in the wind and divert herded reindeer on to the path of hunters. It is believed that this method of herding reindeer would allow hunters to get close enough to effectively use bows and arrows.

Other items recovered in the area in 2006 include bows and arrows and a 3,400-year-old leather shoe. Delicate items such as feathers, wool and leather must be recovered from the site and pre-



served in a freezer as soon as possible to prevent them from crumbling.

Archeologists hope that by studying and preserving the newly-found artifacts they can learn more about the behaviors of the people that lived in the Jotunheimen area of Norway 1,500 years ago.

Adapted from various sources

Camp Norge

What a great winter destination! Only 20 or so minutes from the **Ski Country**, the nightly rates certainly are favorable! You can use the kitchen and cook for yourselves and have a very reasonably priced ski weekend. Call the manager, Jim, at 530-389-2508 to make reservations.

The **Main House** is still available for Thanksgiving and Christmas. What a cozy place to have a family get together. With three comfortable bedrooms, bath, kitchen, living room with TV, fireplace and piano plus dining area.

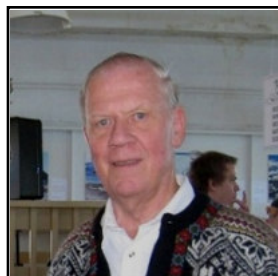
The next sponsored holiday is Memorial Day Weekend. We could make it a lodge out-



ing!! The Robisons, the Ingvaldstads and the Hanzels can tell you all about it!

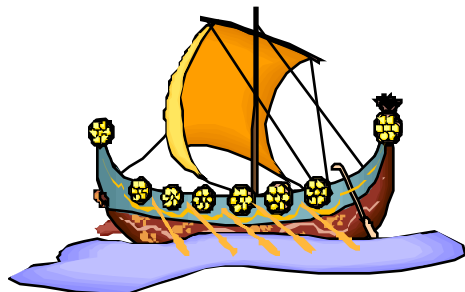


Your Financial Guy! Call Me!
Carl Ingvaldstad
Financial Benefits Counselor
H: 707-987-2404
Cell: 707-580-8053



Mission Statement of
Sons of Norway
 The Mission of Sons of Norway is to promote and to preserve the heritage & culture of Norway, to celebrate our relationship with other Nordic Countries, and to provide quality insurance and financial products to its members.
 See your Financial Benefits Counselor—
Carl Ingvaldstad

Vikings of Lake Lodge #166



SONS OF NORWAY

Parsleyed Potatoes
Lefse
Cucumber Salad

LUTEFISK
AND
MEATBALL DINNER

Riskrem
Krumkaker
Coffee, Tea, Punch

SATURDAY
NOVEMBER 13, 2010
4:00pm

St John's Lutheran Church
Memory Lane and Olympic Blvd
ClearLake, CA



Special
Entertainment:
Keith Church
playing
Scandinavian
Music on the
Accordion

Only 60 Tickets To Be Sold
Reservations Required
Call: Carl Peter at 987-2404

Adults: \$15.00 + Children under 12: \$6.00

Local wines will be available at \$3.00 a glass!

Heritage Apron Night-October 20



Mary Beth Ingvaldstad introduced the program with a talk about the six aprons from "Lutheran Church Basement Women" by Janet Letnes Martin. She shared her story apron story and then she and Audrey Dierssen made Spritz.



Guri Clark showed the apron she made in school in Norway. All girls had to make one and they always wore them for Home Ec. Everyone's was the same.



Thelma Dangel brought a beautiful Norwegian flag apron.



Rebecca Dierssen was selling Kelseyville Education Foundation cookbooks . Good for our AAS Program to help!



Ingrid and Irene Tisell made "Vaffler" and explained how they did that while Kris Andre talked about her krumkake recipe and the electric griddle she uses.



A flurry of cooking activity with treats to eat at dessert time



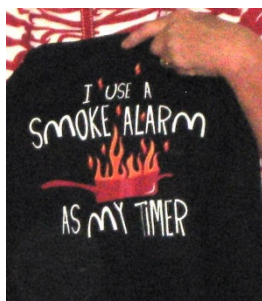
Ev Robison showed off the apron she helped make for Eva's Day Program Smorgasbord.



The Favorite

Claire Grieve's Mom's beautiful crocheted apron

And the Apron Contest Winners are::::



Funniest
Ray Tisell



Worn out/stained—
Carl Ingvaldstad



Scandi-Facts

Think you know everything there is to know about Scandinavia? Here's a few fun facts that make for great trivia.

1. Now known worldwide, the inventors of LEGO® toys got started in Billund, Denmark in 1932 manufacturing stepladders.
2. Sweden is known for innovation and inventions. It is the country that first offered the perfected zipper, marine propeller, heart pace maker and even created the first predecessors to the computer mouse. Not to forget the discount furniture retailer IKEA and fashion from H&M.
3. Norway is just a bit larger than the U.S. state of New Mexico and 2/3 of Norway consists of mountain regions.
4. Swedish children participate in an activity much like the American Halloween tradition of door to door "Trick or Treating" during Easter.
5. While Finland is called

"The Land of 1,000 lakes," the country has more than 188,000 lakes with 98,000 islands. With a population of around 5 million, that is one lake for every 26 people.

6. The world's largest population of arctic reindeer herders is found in Norway.
7. Reykjavik, the capital of Iceland, has sidewalks that are heated by geothermal heat in the winter.
8. All of the Scandinavian countries are rated among the top ten most peaceful nations according to the Global Peace Index.
9. Norway and Sweden replace hundreds of "moose crossing" traffic signs per year due to theft.
10. Due to the large latitudinal range and varied topography and climate, Norway has a wider variety of different natural environments than almost any other European country.

BOO!!!!



Our terrific Youth Director, Souleah Scarbrough, and her friend, Audrey Dierssen, made great paper plate masks on October 20th in preparation for Halloween!

2011 OFFICERS OF VIKINGS OF LAKE

President Mary Beth Ingvaldstad 987-2404
 Vice President Vale Hanzel 928-1060
 Counselor Carl Ingvaldstad 987-2404
 Secretary Elsie Voss 998-1252
 Treasurer Carl Ingvaldstad 987-2404
 Membership Secy. Joyce Vaughn 998-3583
 Social Directors: Ginny Silvestre 994-5664
 Irene Tisell 263-4632
 Else Rodrigues 423-4541
 Eva Johnson—Supplies
 Cultural Directors: Joyce Vaughn
 Evelyn Robison 279-4385
 Dennis Robison
 Marshals: Ellen Aasen 279-8699
 Ray Tisell 263-4836
 Librarian: Dennis Robison
 Editor: Mary Beth Ingvaldstad
 Asst Editor: Lillie Hanson 279-0974
 Newsletter Mailers: The Tisell Family
 Webmaster: Marvin Hanson 279-0974
 Greeters: Lourdes Thuesen 279-2149
 Joanne Swenson 279-8264
 Ellen Aasen
 Foundation Director: Carl Ingvaldstad
 Publicity: Claire Grieve 263-3575
 Historian: Sharon Lewis 277-9345
 Sports/Recreation: Claire Grieve/Ingrid Tisell
 Musician: Mary Beth Ingvaldstad
 Asst Musician: Ray Tisell
 Sunshine: Joanne Swenson
 Youth Director: Souleah Scarbrough 245-4333
 Tubfrim Chair: Evelyn Robison
 Adopt-a-School: Thelma Dangel 279-1335,
 Claire Grieve, Rebecca Dierssen 262-2063
 Sharon Lewis
 Trustees: 2 year— Ellen Aasen
 1 year— Kris Andre 279-8550
 Auditor: Bob Clark 279-8789
 Asst Auditor: Irene Tisell
 Language Instructor: OPEN

**Thank you all for your time and
 commitment to our Lodge!**



Book Bags Adopt-a-School (AAS)



Newly-elected AAS Coordinator, Rebecca Dierssen shows everyone one of the 50 new bags that will be filled and given to needy students for the 2011-2012 school year.

During dessert, fellow Coordinator, Sharon Lewis leads the 50-50

raffle to for our matching funds Grant.



Tusen Takk For Your Continued Interest, Support and Help!

The following 6 people have renewed their memberships since October 1, 2010.

Ellen Aasen
Marilyn Allmon
Ruby Glebe
Paul Ingvaldstad

Tony Smith (2012)
Ray Tisell (2012)
You are so appreciated!
The Lodge would be nothing without all of you. Do come to our events and participate! We're a great group! Let us know what

we can do for YOU!

Vice President

Membership Chair

Vale Hanzel



Lodge Ladies Lunch —The Second Friday of the Month

Several ladies of the lodge were at a recent event supporting Eva Johnson's Alzheimer's Day Care Program. They decided they just didn't have enough time at meetings to visit and socialize! So, they decided to start a luncheon group.

The location will change every month, each person will order off of the menu and reservations will be required. Please call **Kris Kjera** at 994-5766 and leave a message or email her at kkjera@hotmail.com to sign up!

The **Richmond Park Bar & Grill** is a funky little spot right on Clear Lake that serves great food with a view. Take Soda Bay Road off of 29 toward Galilee Lutheran Church. Watch on the right side, as you pass the Riviera Shopping Center, for a business sign. Turn right onto Konocti Bay Road and it is about half a mile on the left, right on the water.



Kris K., Mary Beth, Ev, Sheila, Joyce, Elaine, Thelma, Elsie and Bev had a great time at **Two Goomba's** in October!

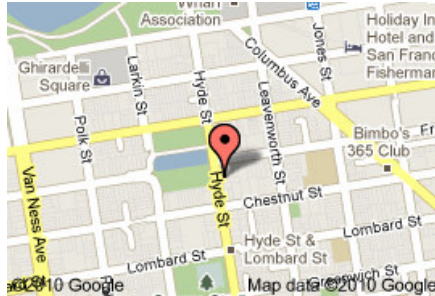
Join us for the fun!

Seamen’s Church Christmas Bazaar—November 19 and 20

NORWEGIAN HOLIDAY FAIR will be held at the Norwegian Seamen's Church, in San Francisco Friday November 19th and Saturday November 20th, from 10 am to 4 pm. The fair will feature Norwegian arts and crafts, confectionery and foods.

The café will serve typical open face sandwiches and home made cakes.

The Norwegian Church is located on San Francisco's Russian Hill, 2454 Hyde Street. Everyone is



welcome and admission is FREE. Phone 415-775-6566.

2010 Walkathon for Foundation



Carl Ingvaldstad, Lodge Foundation Director, led the “band of sisters” on the Lodge’s

adopted road—Spruce Grove Ext. Kris Kjera, Mary Beth Ingvaldstad, Sheila Strom, Joyce Vaughn, Sharon Lewis and her canine companion picked the entire road before sitting down to enjoy a great Subway sandwich lunch.



Denny Robison shared a painting he has done of wife Ev’s family farm in Norway. His work is on display at Lakeport Art Gallery. Call him for more details—279-4385.

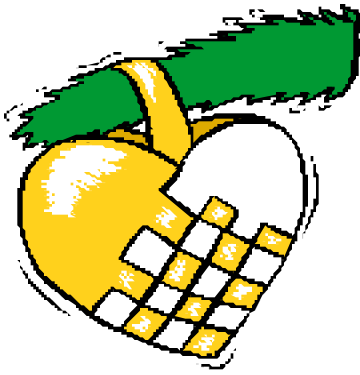


Gunhild Brown passed away on Sunday, October 24th after a bout with

Gunhild is gone

pneumonia. The founder of “Dare to be 100”, lived to be 98 years old. She leaves a legacy of charm, graciousness, caring and tenacity!

Her daughter, Randi, and granddaughter, Souleah Scarbrough, are members of our Lodge. Our sympathies to them and the entire family.



Scandinavian Christmas Open House

Sunday, December 12, 2010

11:30am-1:30pm

At

Galilee Lutheran Church Community Center
8860 Soda Bay Road

Scandinavian Christmas Décor with
assorted delicacies to enjoy, including:

Lefse

Swedish Pancakes

Danish Æbleskiver

Krumkake

Open-faced sandwiches
and much more!

Hosted by:

Vikings of Lake

Lodge

#6-166

Sons of Norway

God Jul

Gledelig Jul

Our Guest Vendors:

Vikki Bjerck Mullenbach with her wonderful
Norwegian Favorites and other Nordic Gifts

Larson's Industries with Scandinavian Baking
Equipment, Instruction and Handcrafts and
demonstration lefse baking by Lorraine Larson
(come taste her delicious samples)



Swedish Santa Lucia Pageant 12:00 Noon

Singing carols around the Christmas Tree 12:30pm

Norwegian & Swedish Calendars for sale at \$12.00

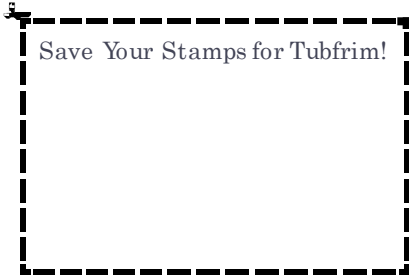
Viking Raffle to benefit our Adopt-a-School Program in
Lake County



Vikings of Lake Lodge #6-166
Sons of Norway

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**Happy
 Thanksgiving!**



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