

## LAKE VIEWS

MAY 2008

Scandinavians United!

Galilee Lutheran Church Community Center  
8860 Soda Bay Road...Kelseyville, CA 95451Vikings of Lake Lodge  
#6-166

SONS OF NORWAY



Leksjon I May

**Fruit- Frukt**

Raspberry- Bringebær  
 Apple -Eple  
 Blueberry - Blåbær  
 Pear - Pære  
 Lemon - Sitron  
 Blackberry -Bjørnebær  
 Plum - Plomme  
 Strawberry - Jordbær  
 Melon - Melon  
 Orange - Appelsin  
 Cherry - Kirsebær  
 Banana - Banan  
 Pineapple - Ananas  
 Peach - Fersken  
 Grape - Drue  
 Grapefruit - Grapefrukt

**Learn how to pronounce  
 all these names on May  
 16th!**

## ORD FRA PRESIDENTEN

According to my massive (20 pound) dictionary, **Carpe Diem** (kar-pe die-em) is Latin for “seize the day!” As we are now entering the fifth month of 2008, I ask each and every one of the 100 plus members of Vikings of Lake Lodge to *Carpe Diem* in both your personal and Sons of Norway (Vikings of Lake) life! We had a great Membership Seminar Luncheon on Sunday, April 20th at the Community Center. Twelve of the 30 attendees were potential new members and six of those 12 chose to *Carpe Diem* and joined Vikings of Lake Lodge. Velkommen to Sons of Norway and Vikings of Lake #6-166! Our Social/Cultural Committee has done a “bang-up” job by setting up a tremendous schedule of events and activities that not only works well for our lodge but also incorporates the cultural ingredient of our Scandinavian Heritage! They also work hard in getting you good folks of this lodge to “pitch

in” and help the “good cause” go forth *ad infinitum* (to infinity; endlessly ; without limit).



That brings me to the second definition of *Carpe Diem*— “enjoy the present, as opposed to placing all hope in the future.” Hopefully, many of you will come out for our next upcoming H&C event on May 21st starting with the **Smørbrød Making** at 5:30pm. Whether you say *Carpe Diem*, “seize the day” or “squeeze the day” (if you’re an accordionist), add this, if you will to your favorite expressions like Uff Da, Mange Tusen Takk and Bedre og Bedre, Dag for Dag ! Hurra, Hurra for Syttende Mai!!

Med Vennlig Hilsen,

encompasses Colorado, Utah, Arizona, California, Nevada and Hawaii.



## TUSEN HJERTELIG TAKK TIL— — —

-Our Social Directors, for helping with our **April 16th** dinner. **Kris Andre** brought a huge pot of cooked baby carrots with dill and **Sharon Lewis** shared a lovely pan of baby red potatoes with delightful seasonings. **Mary Beth Ingvaldstad** provided the Danish Meat cakes (**Frikadellar**) and **Else Rodrigues** cooked up delicious Rødkål.

-Our Hostesses for the evening, **Barbara Swanson, Joanne Swenson** and **Elsy Rasmussen**

outdid themselves with scrumptious desserts. And, **Inge Rutherford**, surprised us with a delicious cake, too!

-**Thelma Dangel, Joyce Vaughn** and **Mary Beth Ingvaldstad** for offering to be our Lodge Delegates to the District Six Convention in San Ramon from June 23-26, 2008. **Carl Ingvaldstad** is a delegate as a member of the District Six Board. There are over 7,000 members in District Six and it

TIME TO  
 CELEBRATE—  
 OUR  
 HERITAGE &  
 CULTURE



May 3 and 4 (page 4)

**Heritage and Culture  
 Night**

Wed. May 21 —5:30pm  
**Smørbrød Making**

Learn how to make different types of Open-faced Sandwiches and then—

**6:00pm**

**Eat them!**

Followed by our special program including the Barnetog (Children’s Parade and everyone’s a child at heart!)

**Hurra, Hurra for  
 Syttende Mai**

**Sankt Hans Aften  
 June 20th  
 Party on Clearlake  
 Details later!**

## BURSDAGER I MAI

## Gratulerer Med Dagen

2- Maryette Andre

13- Elsie Voss

17- Kris Kjera

18- Thelma Dangel

25- Christine Potter

## Heritage Members

8- Aurora Sharp (9)

24- Ella Larsen (11)



## Bradford Stolesen continues studies at U.S. Merchant Marine Academy



photo courtesy of Kandee Stolesen

Midshipman Stolesen, son of Lodge members Greg and Kandee, recently returned to the Academy after spending some months at sea training aboard U.S. merchant vessels. On board the Mearsk Carolina for 107 days, he completed four assigned sea projects while visiting Dubai, Bahrain, Pakistan, India, Italy, Egypt, Oman, Yemen, United Arab Emirates, Saudi Arabia and the East Coast of the USA. Stolesen was nominated to attend the Academy by Congressman Mike Thompson and is a 2006 Clear Lake High School Graduate.

## BE A LODGE BOOSTER... JOIN THE CLUB

These members, and friends of our Lodge, are helping provide extra funds for the mailing of our biggest annual expense, our newsletter, LAKEVIEWS.

## June

Eva Johnson

Sharon Lewis

## July

Carl/Mary Beth Ingvaldstad

## August

Jay/Barbara Swanson

Patsy Farstad

## September

Tony/Joanne Smith

Arnold/Ingrid Mjatveit

Ray/Irene Tissel

## October

Henning/Elsy Rasmussen

Roger/Nancy Stange

## November

JoAnne Swenson

## December

Elizabeth R. Larson



This means it's time for you to renew!

## Only \$10.00 a year!

To add your name here, send your check to:

Rebecca Dierssen, Treasurer  
9730 Soda Bay Road PMB  
5064

Kelseyville, CA 95451  
PLEASE NOTE ADDRESS  
CORRECTION

## DITT OG DATT

Our condolences to member, **Elsie Voss**, in the loss of her husband, Vern.

**Elsy and Henning Rasmussen** are on a month-long trip to Scandinavia! God Tur og Pent Vær! (Have a good trip and nice weather!)

**District 6 Convention: A Folk Art Competition** is part of the events and any lodge member is welcome to enter. Categories include: Rosemaling, Hardanger Embroidery, Knitting and Woodworking. There are ribbons for the winning entries. If you would like to enter a piece, ask Mary Beth for entry forms. Delegates will take the items to the Convention.

Hosts/Hostesses for May--Tusen Takk!

Irene Willumsen Tissel

Kathy Johnson

??? How about you???

Hosts/hostesses bring a dessert to serve 10-12 people and are asked to come early, about **5:00pm**, to help set up and stay afterward to help clean up!

Call Kris, Sharon or Mary Beth to volunteer.

*Fix a Norwegian Dessert and start working on your Authentic Norwegian Cooking Cultural Skills Medal!!!*

## CARL'S CORNER

## NEW SINGLE PREMIUM DEFERRED ANNUITY:

**Are banks paying over 5% on their CD's??** Sons of Norway's **NEW** Nordic Annuity has a first year rate of return from 5.25% to 6.55%\*!! Ask your Financial Benefits Counselor for details. This Single Premium product also enjoys a shorter surrender charge period of only five years. (Interest rates and bonuses are effective 3/1/2008 and are subject to change)

## Initial Deposit First Year Rate of Return

\$10,000 - \$24,999 \*5.25%  
\$25,000 - \$49,999 \*5.45%  
\$50,000 - \$99,999 \*5.70%  
\$100,000 - \$249,999 \*6.05%  
\$250,000 and over \*6.55%

\*Rates above reflect first year bonuses from 1.25% to 2.00%



## Mother's Day Gift Membership

Are you searching for a special Mother's Day gift that will show your mother you really care? Consider the gift of a Sons of Norway Membership.

A Sons of Norway membership includes access to many areas of Norwegian culture and heritage including:

- Online access to the "members only" area on [www.sonsofnorway.com](http://www.sonsofnorway.com)
- Travel discounts through major travel agencies
- Viking magazine, a monthly full color magazine filled with news from Norway, features on

Scandinavian traditions, cuisine, travel and more

- A chance to join a lodge in her area to experience cultural events with others who share an interest in Norwegian heritage and culture
- The opportunity to learn Norwegian crafts through our cultural skills program

Whether she is already a member and would like her membership renewed, or if you'd like to honor her with a new membership, please call Sherry Gorse, Sons of Norway International Offices, at 800-945-8851. A special certificate will be sent commemorating the gift.

# Mother's Day



## HERITAGE AND CULTURE NIGHT-APRIL



Betty Andre, Steven Stocker, Ingrid and Arnold Mjatevit, Paul and Debbie Andre share some conversation before dinner.

During the Business Meeting, President **Carl Ingvaldstad**, presents **Thelma Dangel** with the King Harald Medallion to wear during her term as Lodge Publicity Director.



After our delicious Danish Dinner, one of our resident Danes, **Henning Rasmusen** gave a most interesting talk on the history of his native land.



### *A Little Church Secretary Humor*

Ladies, don't forget the rummage sale. It's a chance to get rid of those things not worth keeping around the house. Bring your husbands.

The peacemaking meeting scheduled for today has been canceled due to a conflict.

Irving Benson and Jessie Carter were married on October 24 in the church. So ends a friendship that began in their school days.

At the evening service tonight, the sermon topic will be "What is Hell?" Come early and listen to our choir practice.

The ladies of the Church have cast off clothing of every kind. They may be seen in the basement on Friday afternoon!

Weight Watchers will meet at 7PM at the First Presbyterian Church. Please use large double door at the side entrance.

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**DISTRICT 6 FANE  
(BANNER)  
DESIGN CONTEST**  
Your design entry due by:  
May 15, 2008

Design **MUST** include:  
Sons of Norway  
District 6

The winning FANE will be  
made in fabric 3ft.x 6 or 8 ft..

**GRAND PRIZE  
King Harald Medallion**

### The design may include:

1. district map
2. state icons
3. regional icons
4. traditional Norwegian designs
5. individual or group artwork

*Design may be emailed  
or  
mailed on 8.5 x 11 sheet of paper*

Submit designs to:

District 6 FANE Committee  
Diane Molter  
8670 North Edison  
Denver, CO 80229  
lakeviewwiking81@live.com

District 6 FANE Committee  
Arlene Christopherson  
14215 W. Wagonwheel Dr.  
Sun City West, AZ 85375  
arccris@worldnet.att.net



The Winner of the District 6 Fane Design Contest will have a picture of them and the Fane in the Viking Magazine (Full Page, I might add) plus will win a King Harald V Medallion!



## CAMP NORGE

**Memorial Day  
Weekend  
May 23-26, 2008**

Rooms are  
available...  
call 530-389-2508

This year you will have the opportunity to enjoy

### A Little Bit of Norway in the Sierra Mountains at Alta, California

on your own and at your own pace.

Maps and information will be available for: Gold Country Historic Sites—Hiking Trails—Fishing—Biking—Museums—Local Yard Sales—or stay at Camp and Relax: Swimming Pool—Ping Pong—Volley Ball—Horseshoes—Bingo—Bean Bag and Washerboard Games

### You will need to bring your own food this year!

*For four years, Darline Thompson has been our Camp Norge Manager. She will be moving to Oklahoma after this special weekend. Tusen takk for all you have done to make our Camp a spectacular place! All our best to you in the future!*



The 16th Annual Norway Day Festival is around the corner. We are excited to present you many new events and entertainers this year. In addition to a fantastic day time schedule we are also excited to present the evening events. Friday night we kick off the weekend with a concert by Arve Tellefsen. On Saturday the four visiting chefs will dazzle guests with their delicious dinner. Space for the evening events are limited so make sure you buy your tickets today.

Mission Statement: The Norway Day Festival in San Francisco has three main purposes. Possibly the most important is to promote and maintain a close, mutually satisfactory relationship between Norway and the USA. The thousands of Americans in Northern California, who have descended from Norwegian immigrants, look to the Festival as a way to become reconnected with their roots. The mental images passed to them by their ancestors, often pictured Norway as some kind of "Heaven".

The music, language, foods, customs, etc., which are encountered at the Festival, remind them of the things that make them proud to say that they have Norwegian blood in their veins.



The Norway Day Festival is pleased to present Arve Tellefsen at the Cowell Theater, in San Francisco, 2-May, 2008.

Arve Tellefsen is not only a very talented musician, but is also an accomplished guide, leading listeners though an evenings experience with music.

Tickets On line at  
[www.norwayday.org](http://www.norwayday.org)

Matlyst Monthly

Oatmeal Fruit Soup

Ingredients:  
1/3 cup oatmeal  
1 quart water  
prunes



Ingredients:  
1/3 cup oatmeal  
1 quart water  
prunes  
2 tbl sugar  
up to 1/3 cup berry juice concentrate

Cook half the allotted water with the oatmeal for 5 minutes over medium heat. Simmer the prunes and sugar in the remaining water for 5 minutes. Combine the prunes, oatmeal and berry concentrate to taste. Chill before serving.



LODGE MEMBERSHIP LUNCHEON—APRIL 20, 2008



Our Chef, **Ross Christensen** and his wife, **Lacy** are busy fixing the plates for daughter **Sarah** and her friends, **Michelle** and **Tyler** to serve the guests.



We welcome **SIX** new members!  
**Mike Castillo**— Unge Venner and his Mom, **Patty Castillo**  
1495 New Long Valley Road  
Clearlake Oaks, CA 95423  
Ph: 998-3965  
email: bcbeauti@yahoo.com  
(Grandson and daughter of Elsie Voss)



The presentation and taste were wonderful! All thirty guests seemed to enjoy the fare!

**Kris Kjera**  
3006 4th Street  
Clearlake, CA 95422  
Ph: 994-5766

**Lillie and Marvin Hanson**  
5701 Live Oak Drive #26  
Kelseyville, CA 95451  
Ph: 928-5488  
email: mlhanson@mchsi.com

**Steven Lewis** (not pictured)  
5546 Vista Drive  
Kelseyville, CA 95451  
Ph: 707-277-9345 or 618-091-0673

(Son of Sharon Lewis)

**Read Ross Christensen's "Foodie Freak" articles every Sunday at [www.lakeconews.com](http://www.lakeconews.com). April 20 was on Scandinavian food—check it out!**



**Camp Norge Language Camp 2008**

July 13-26  
Ages 8-13

Camp Norge Recreation Center,  
Alta, CA

Camp costs \$600 per child. Camp applications due no later than May 1, 2008. Scholarships from Vikings of Lake pay half of camp cost.

\$300 deposit must be mailed to the Camp Registrar by May 1st:

Sharee Frost, Registrar  
10882 Leecrest Court  
Nevada City, CA 95959  
(530) 478-0980  
registrar@trollfjell.us

Applications for Camp are available at [www.campnorge.com](http://www.campnorge.com)  
Click on Language Camp



FYLKER AV NORGE (COUNTIES OF NORWAY)

This county in Norway is the center of the Norwegian petroleum industry, and as a result of this, Rogaland has the lowest unemployment rate in the country, 1.1%. It is mainly a coastal region with fjords, beaches and islands. The principal island being Karmøy. Here are large deposits of copper (some of which was used in the construction of our Statue of Liberty). Rogaland is the most important region for oil/gas exploration in Norway and is one of the country's most important agricultural districts.

**Stavanger**– it's harbor in the center of the city. This is the



harbor from which the first Norwegian immigrants sailed, on the *Restauration*, in 1825. Prekestolen (Pulpit Rock) rises 604 meters above Lysefjorden. It is a 6 km hike to the top.



Orrestranda in the **Jæren** District. This area is the largest lowland area in Norway. The coast is mostly very flat, with sandy beaches along the entire coastline. It is one of the most important agricultural areas of Norway, with a long crop period and a



varied and well developed livestock production.



**Jæren** is also home to poet Arne Garborg who described the landscape and inhabitants around the turn of the 19th

century..

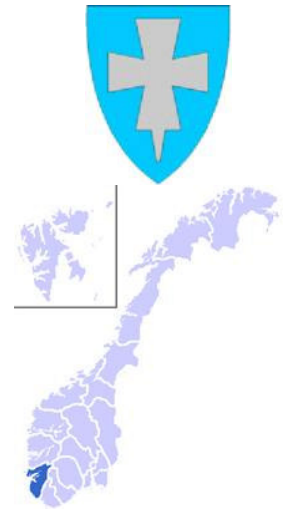
**Haugesund**

Traditionally most of the men here were fishermen. Every August is a jazz festival, *Sildajazz*, which celebrates their former days as fishers of herring (sild).



Martin Edward Mortensen, Marilyn Monroe's Grandfather was born in Haugesund(see below).

**ROGALAND**



From Tysvær, in Rogaland, Cleng Peerson led the first immigrants to America.

FAMOUS NORWEGIAN AMERICAN-MARILYN MONROE

Born Norma Jeane Mortenson, Marilyn was Golden Globe award winning American actress, singer model, Hollywood icon, cultural icon, fashion icon, pop icon, film executive and sex symbol. She became one of the most popular movie stars in the



Husband of 274 days, Joe DiMaggio– 1954

During 1953, she filmed "Gentlemen Prefer Blondes" and "How to Marry a Millionaire", which cemented her status as an A-list actress and one of the world's biggest movie stars. The lavish Technicolor comedy films established Monroe's "dumb blonde" on screen persona.

Singing "Happy Birthday, Mr. President" to John F. Kennedy on May 19, 1962



Husband playwright, Arthur Miller from 1956-1961

Although she was first offered a contract by 20th Century Fox in 1946, it wasn't until 1948 when

1950's and 1960's.

This Jean Louis gown was sold, after her death, at auction for



Marilyn Monroe June 1, 1926-August 5, 1962

*A Little in English...* Sara and Mathias Norway's Most Popular Names

Every year Statistics Norway comes out with a list of the most popular first names in Norway. The results show that 2007 was not a year for big changes in the top names. The trend continues with short names for girls with -a or -ah endings and biblical names for boys.

Sara was also the most popular name for girls in 2002, and Mathias topped the list in 2003 and 2004. Last year's winners, Thea and Jonas, are now at second place.

The popularity of names goes in waves. Many of today's names were almost unused 50 years ago, while 120 years ago they were quite popular. The name Mathias was little used for many years until about 1980 when things began to change. In 1999 Mathias placed on the top ten list, and in 2003 it became the most popular name for the first time. The name Sara has almost the same history to it as Mathias. It was an old name that was "out" for a long time. Beginning in about 1970 its popularity began to increase slowly,

but surely, until it reached the top in 2002.

Here are both top ten lists:

**Boy Names/ Guttenavn**

1. Mathias
2. Jonas
3. Markus
4. Alexander
5. Lukas
6. Kristian
7. Magnus
8. Elias
9. Emil
10. Henrik

*Litt på norsk.....* Sara og Mathias Norges mest populære fornavn

Hvert år kommer Statistisk sentralbyrå ut med en liste over de mest populære fornavn i Norge. Resultatene viser at 2007 er ikke året med store endringer i navnetoppen. Trenden er fortsatt korte jentenavn med a eller ah-enderinger og bibelske guttenavn. Sara var det mest populære jentenavnet også i 2002, og Mathias-toppet lista i 2003 og 2004. Fjorårets navnevinnere, Thea og Jonas, er nå på andreplass.

Navns popularitet går i bølger. Veldig mange av dagens navn ble nesten ikke brukt for 50 år siden, mens de for 120 år siden var ganske populære. Navnet Mathias lå

det i dvale i mange år før det rundt 1980 begynte å røre på seg. I 1999 kom Mathias inn på ti på topp-lista, og i 2003 var det for første gang årets navn. Navnet Sara har nesten samme historie som Mathias. Det er et gammelt navn som lenge var helt "ute". Fra om lag 1970 vokste populariteten langsomt, men sikkert, til toppen ble nådd i 2002.

Her er både ti på topp lister:

**Girl Names/Jentenavn**

1. Sara
2. Thea
3. Emma
4. Julie
5. Nora
6. Ida
7. Emilie
8. Ingrid
9. Anna
10. Sophie

**2008 Lodge Officers**

<b>PRESIDENT</b>	Carl P. Ingvaldstad	987-2404
<b>VICE PRESIDENT</b>	Eva M. Johnson	279-4836
<b>COUNSELOR</b>	Eva M. Johnson	
<b>SECRETARY</b>	Mary Beth Ingvaldstad	987-2404
<b>MEMBERSHIP SECRETARY</b>	Joyce Vaughn	998 -3583
<b>TREASURER</b>	Rebecca Dierssen	rdierssen@yahoo.com
<b>SOCIAL DIRECTORS</b>	Kris Andre	279-1610
	Sharon Lewis	277-9345
<b>CULTURAL DIRECTORS</b>	Evelyn & Dennis Robison	279-4385
	Joyce Vaughn	
	Lisa Farestveit -Bever	987-1100
<b>MARSHALS</b>	Jay Swanson	262-0636
	Andy Dierssen	
<b>LIBRARIAN</b>	Dennis Robison	
<b>EDITOR</b>	Mary Beth Ingvaldstad	
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	JoAnne Swenson	279-8264
<b>FOUNDATION DIRECTOR</b>	Carl P. Ingvaldstad	
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	Ray Tissel	263-4632
<b>SUNSHINE</b>	Joanne Swenson	
<b>TUBFRIM</b>	Evelyn Robison	
<b>ADOPT-A-SCHOOL COORDINATORS</b>	Sharon Lewis	
	Thelma Dangel	
<b>TRUSTEES</b>	2-year- Henning Rasmussen	
	1-year- Kenn McCarty	
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<b>ASSISTANT AUDITOR</b>	Barbara Swanson	
<b>LANGUAGE INSTRUCTOR</b>	Irene Willumsen Tisell	263-4632
<b>YOUTH DIRECTOR</b>	Souleah Scarbrough	995-0690
<b>CALLING COMMITTEE</b>	Elsie Voss	998-1252
	June Gloege	279-1366

**VIKINGS OF LAKE—SMART GOALS FOR 2008**

**Membership Activities**— Increase total membership by 15% in 2008.

**Cultural Activities**—5% of members will earn at least one cultural skill medal in 2008.

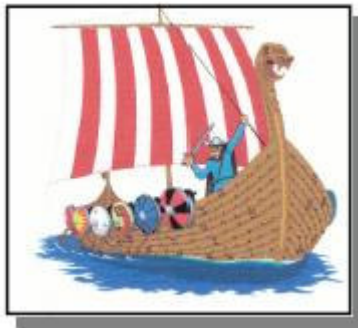
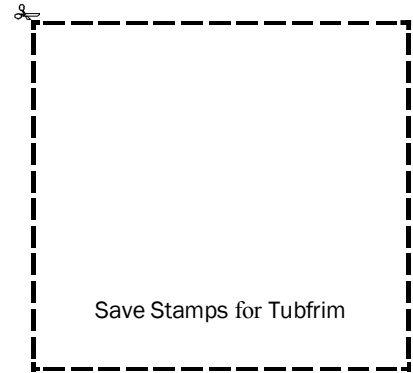
**Programs/Social Activities**—Utilizing the Barnas Norsk Klubb, there will be an activity at each monthly meeting and a quarterly special event for youth in 2008.

**District Goals-How will your Lodge support District Goals?:** Increase participation in the insurance benefit program by 5% in 2008

## LAKEVIEWS


the official publication of  
**VIKINGS OF LAKE  
LODGE #6-166  
SONS OF NORWAY**

Mary Beth Ingvoldstad, Editor  
17207 Squirrel Hill Road  
Hidden Valley Lake, CA 95467  
mbingvoldst@aol.com



**Have a Fun and Safe Memorial Day  
Weekend!**

17207 Squirrel Hill Road  
Hidden Valley Lake, CA 95467-6613



**SONS OF  
NORWAY**

**Carl R. Ingvoldstad**  
Financial Benefits Counselor  
CA License #OF88701

Phone: (707) 987-2404  
Cell: (707) 580-8053  
Toll Free: (866) 834-1932  
E-mail: cingvoldst@aol.com

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**VALERIE LARSON - WOLFE**  
owner

**LAKE COUNTY NEWS**  
[www.lakeconews.com](http://www.lakeconews.com)

Elizabeth Larson, Editor & Publisher  
P.O. Box 305, Lakeport, CA 95453-0305  
Phone: (707) 245-4590 Fax: (707) 274-8650  
E-mail: elarson@lakeconews.com

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[www.cinchplan.com/jvaughn](http://www.cinchplan.com/jvaughn)

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