



# Lakeviews

May 2010  
Scandinavians United



Sons of Norway

We Meet at:

Galilee Lutheran  
Church  
Community  
Center  
8860 Soda Bay Rd  
Kelseyville, CA

isit us: [www.vikingsoflakelodge.org](http://www.vikingsoflakelodge.org)

Volume 6, Issue 5

2007—District 6 and International Lodge of the Year  
First Place Newsletter

## Beskjed fra Presidenten

### Tale of Five SY's

This month's message is a **Story** or **Tale of Five SY's**———  
(**Serendipity**, **Synergy**, **Symphony**, **Spontaneity**, and **Sincerity**). All five of the **SY's** are or should be valuable aspects of our personal lives as well as our membership in Sons of Norway and Vikings of Lake Lodge.

First **SY**, **Serendipity** is defined as an aptitude for making desirable discoveries by accident, good fortune or luck. Second **SY**, **Synergy**, is defined as the combined action or function to produce or enhance an effect. Third **SY**, **Symphony** is defined as anything characterized by a harmonious or effective combination of elements resulting in agreement.

Fourth **SY**, **Spontaneity**, is defined as being natural and unconstrained without effort due to unplanned or sudden impulse(s).

Fifth **SY**, **Sincerity**, is defined as the freedom from deceit, hypocrisy or duplicity which is synonymous with truth and earnestness.

In closing, it is my fervent hope that the **Tale of Five SY's** are or will remain not a fictitious **Story** but a vital aspect or quality of our lives together in Vikings of Lake Lodge! Hurra, Hurra, for Syttende Mai!!!

Med Vennlig Hilsen,

*Carl Peter*



## Tusen Takk til:

Vale Hanzel, Joyce Vaughn, Elsie Voss, Carl and Mary Beth Ingvaldstad, Thelma Dangel, Elaine Marsh, Ray and Irene Tisell, Claire Grieve, Kris Kjera and Ginny Silvestre who helped with the Prospective New Member Luncheon. So far we have 3 new members.

Thanks to M&J catering for the yummy lunch!

This event is only possible due to funding from the Sons of Norway International's Financial Department in Minneapolis and the help is so appreciated.

**Thurs, May 13**  
**Business Mtg.**  
**4:00pm**  
**Community Ctr**

**Heritage & Culture Night**



**Hurra, Hurra, for Syttende Mai!**

**Wednesday, May 19**  
Constitution Day  
Celebration  
6:00pm  
Salmon Dinner—\$8

**7:00pm—**  
Parade ,Singing!  
Guest Speaker—  
Hans Carmiggelt

**Big Fundraiser!**  
**May 22nd**  
See Flyer on page 4  
Bring your items—  
see page 3

## Meet the Norwegian Lundehund

In addition to the Buhund, another popular Norwegian dog breed is the Lundehund. Lundehunds are small, agile and highly adapted to life on the remote island cliffs of arctic Norway. Boasting six toes, forelegs capable of bending at 90 degree angles to its body and a flexible neck that enables the dog to bend its head backward toward its spine, the dog is perfectly built for hunting and retrieving puffins from steep vertical cliffs and narrow crevices. While extremely popular among farmers prior to the mid 1800's, the dogs suffered

a major population decline when puffin hunting with nets became popular and a state-instituted tax on lundehunds was enacted. By as early as 1930, the dogs may have been as low in number as 50, eventually falling to only 6 after an outbreak of distemper. With the help of careful breeding and strict guidelines, the Lundehund's population is now on the rebound with an estimated 1500-2000 dogs in the world.

To learn more about Lundehunds visit the Norwegian Lundehund Club of America website at [www.lundehund.com](http://www.lundehund.com) or—take a look at the “Loveable Lundehunds” feature article in the April 2004 issue of *Viking*.



### Scandinavian Trends—Gifts & Collectibles—MOVING SALE—Beginning May 15th

Sonoma Court on the Plaza—25 East Napa Street, Ste C, Sonoma, CA

Merete Bendtsen invites us all to this wonderful opportunity to purchase beautiful gift items at unbelievable savings!

707-996-7789

*Ed. Carl and I stopped in again recently and it is a wonderful shop!*

## Bursdager i Mai

(Birthdays in May)

### Members

- 1—Paul Ingvoldstad
- 13—Elsie Voss
- 17—Kris Kjera
- 18—Thelma Dangel
- 18—Hans Carmiggelt
- 25—Christine Potter
- 29—Karen Madsen

### Heritage Members

- 8—Aurora Sharp (11)
- 24—Ella Larsen (13)

## Gratulerer med dagen

### Hurra for deg!

Hurra for deg som fyller det år!

Ja, deg vil vi gratulere!

Alle i ring omkring deg vi står og se, nå vil vi marsjere,

Bukke, nikke, neie, snu oss omkring,

Danse så for deg med hopp og sprett og spring,

Ønske deg av hjertet alle gode ting or si meg så hva vil du mere?

Gratulere!

## Årsdag i Mai

(Anniversary in May)



### Wedding Anniversary

Ed: We would like to celebrate wedding anniversaries. Please send me your date!

[mblingvoldst@aol.com](mailto:mblingvoldst@aol.com)  
or 987-2404

## . Westminster's Newest Norwegian Competitors



For the first time in the 134-year history of the Westminster Kennel Club

Dog Show a trio of Norwegian Buhunds competed among 173 other dog breeds to win a title at the prestigious dog show. The dogs, and other recent additions to the show like Pyrenean

Shepherds and Irish Red and White Setters, became eligible for the competition just last year after the American Kennel Club formally recognized their breeds.

The three buhunds at the WKC dog show, Sophie, Casper and Lola, competed for individual titles within their breed as well as larger titles such as "best in show" and "best of group." While none of the buhunds took home the top awards, they were part of a select group of 25 buhunds that are part of the national competition cir-

cuit. Vali Eberhardt, Sophie's owner, speculates that the quality of the competitive buhunds is so high due to their sire, a dog named Magnus, who is related to almost every buhund in the U.S.

To learn more about the Westminster Kennel Club Dog Show results or to learn more about Norwegian Buhunds, visit

<http://www.westminsterkennelclub.org> or <http://www.buhund.org>.

Article adapted from: [www.nytimes.com/2010/02/16/sports/16kennel.html](http://www.nytimes.com/2010/02/16/sports/16kennel.html)

## Barnetog – Children's parade —Syttende Mai



In contrast to many other countries which celebrate

their national holidays with big military parades, Norway celebrates by showing off their pride and hope for the future, their children, in an important tradition called barnetog, the children's parade.

The barnetog is a Norwegian cultural institution connected to the celebration of Norway's Constitution Day, May 17th, or Syttende Mai. Every Syttende Mai all the country's children march in parades with

small Norwegian flags in their hands and colorful banners proclaiming their school or class.

The barnetog tradition comes from the 1800s. At that time, Norway was part of a political union with Sweden. Many Norwegians wanted Norway to become a completely independent country and the celebration of Syttende Mai became a kind of peaceful protest. In 1869, school principle Peter Qvam got the idea to star a child's parade. Qvam was a close friend of poet and national hero, Bjørnstjerne Bjørnson, and together they argued and agitated for the barnetog in newspapers and other forums.

The first barnetog was held on Syttende Mai in 1870. It consisted solely of boys and numbered 1200 strong. The idea

soon became popular all over the country. The first girls joined the parade in 1889. Around the country, you can find local variations in how the holiday is celebrated. In Bergen, for example, the buekorps, a special type of scouting group, make their mark on the holiday. In Oslo, the children march past the Palace where the royal family stand on the balcony and wave to them.





# Spring Yard Sale

Saturday, May 22<sup>nd</sup>  
8am to 3pm

Vikings of Lake Lodge#6-166  
Sons of Norway  
Galilee Lutheran Church  
Community Center  
8860 Soda Bay Road  
Kelseyville

House wares, books, toys, knick-  
knacks...

(but no clothes)





## Swedish Night— April 21

**Guest Speakers, Joey and John Norin** tell the story of John's family and their travels to the United States from Sweden. His ancestors began in Vaudeville (Grandfather and Grandmother in picture to the left.) Their progeny, including John, moved on to MGM and became fabulous make-up artists.

We had a fun travelogue of the Norin's visits with family in Sweden and the genealogy they discovered! Their admonition—find out about your family before its too late because those who know are no longer with us!!



Vale, Ellen, Joanne and Hans enjoy their split pea soup, bread and cheese!



Our other Swedes—Ellen, Sharon, Mary Beth, Rebecca and Ray in the back. Up front—Audrey and Colin.



They worked on the movie "The Wizard of Oz" doing the intricate facial masks.



## BOX TOPS FOR EDUCATION—Collin Dierssen

Heritage Member, **Collin Dierssen**, a 2nd grader at Riviera Elementary would like to thank all members for helping him to support his school with all of the box tops you have collected. Please continue to save them for Riviera Elementary School and bring them to the monthly Heritage & Culture Nights.

Everyone shops for groceries. Now turn those shopping trips into easy cash for Riviera Elementary School and encourage friends to do the same! Just look for the Box Tops logo on hundreds of products like Cheerios, Ziploc, Hamburger Helper and Kleenex, in almost every aisle of the store. All you need to do is clip, save and bring them to the monthly

Sons of Norway Heritage & Culture Nights—each one is worth 10¢ for your school.

For questions or more information, contact Rebecca Dierssen at 281-8355.



## Norway Day 2010—May 1-2



*Thelma Dangel, Ingrid and Irene Tisell, Mary Beth and Carl Ingvaldstad, Ginny Craven*

and Ron Quick supported the Norway Day Event at Fort Mason, in San Francisco.

Great food, numerous vendors, meeting and greeting old friends, musical performances, dancers and more!

This was a true wedding with a young couple from Rogaland, Norway. It was very meaningful!



Our pianist friend, Knut Erik Jensen, performed both days. Great to see him again!

## Whipped Cream Cake



- 4 eggs
- 2 dl (1 cup) sugar
- 1 dl (½ cup) flour
- 1 dl (⅓ cup) potato starch
- 1 teaspoon baking powder
- fresh fruit juice
- 7 ½ dl (3 cups) whipping cream
- fruit or berries

Preheat the oven to 175° C (350° F). Beat eggs and sugar until light and fluffy. Sift the dry ingredients and fold into egg mixture. Pour into a

greased 22 cm (9") springform cake pan and bake on the lowest oven shelf about 30 minutes. Cool the cake completely before removing from the pan.

Divide the cake horizontally into 2 or 3 layers. Sprinkle fruit juice over the layers. Whip the cream. Use the top layer as the base with the baked side down. Spread with a layer of cream and fruit. Repeat, then top with the bottom layer of the cake, baked side up. Spread whipped cream over the top and sides of cake. Use a pastry tube to pipe stars around the edges.

Decorate with fruit or berries, or even chocolate figures.

*From—*

*The Norwegian Kitchen*

### 2010 OFFICERS OF VIKINGS OF LAKE

President	Carl Ingvaldstad	987-2404
Vice President	Vale Hanzel	928-1060
Counselor	Eva Johnson	279-4836
Secretary	Mary Beth Ingvaldstad	987-2404
Treasurer	Irene Tisell	263-4632
Membership Secy.	Joyce Vaughn	998-3583
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	Sarah Christensen	
	Else Rodrigues	423-4541
	Eva Johnson—Supplies	
Cultural Directors:	Joyce Vaughn	
	Lisa Bever	987-1100
	Evelyn Robison	279-4385
	Dennis Robison	
Marshals:	Ellen Aasen	279-8699
	Ray Tisell	263-4836
Librarian:	Dennis Robison	
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	Claire Grieve	263-3575
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Publicity:	Chris Hanzel	928-1060
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Sports/Recreation:	Claire Grieve/Ingrid Tisell	
Musician:	Mary Beth Ingvaldstad	
Asst Musician:	Ray Tisell	
Sunshine:	Joanne Swenson	
Youth Director:	Souleah Scarbrough	245-4333
Tubfrim Chair:	Evelyn Robison	
Adopt-a-School:	Thelma Dangel	279-1335
	Sharon Lewis	
Trustees: 2 year—	Kris Andre	279-8550
1 year—	Thelma Dangel	
Auditor:	Bob Clark	279-8789
Asst Auditor:	Barbara Swanson	
Language Instructor:	Irene Tisell	

**Thank you all for your time and commitment to our Lodge!**

# Velkommen Nye Medlemmer! (Welcome New Members)

**Valerie Slaughter**  
395 20th Street  
Lakeport, CA 95453  
valport@saber.net  
707-263-1125

Sponsored by:  
Irene Tisell

**Sheila J. Schneider**  
PO Box 582  
Cobb, CA 95426  
sschneider26@gmail.com  
707-9289673

Sponsored by:  
Mary Beth Ingvoldstad

**LaRay G. Sanchez**  
19731 Mountain Meadow N.  
Hidden Valley Lake, CA  
95467  
lgsanchez@aol.com  
707-355-9061

Sponsored by:  
Mary Beth Ingvoldstad

## YARD SALE GALILEE COMMUNITY CENTER MAY 22nd-8:00-3:00

**PUT THIS ON YOUR REFRIGERATOR!!**



Bring items to the Community Center:  
Wednesday, May 19th at "Heritage & Culture Night"  
Thursday, the 20th between 9AM and 12N  
Friday, the 21st between 9AM and 12N

This gives us plenty of time to price them and get them sorted. All items must be clean and in usable condition and we **do not accept clothing**. Begin putting items aside **NOW!!** Your participation is extremely important! Bring your "stuff" for this event! We also need plastic bags and paper bags for our customers in which our customers can load their treasures for the home trip!

Ads will be placed in newspapers and we ask that you take a copy of the poster on page 4 to place in your church, grocery store, gas station, school, library, etc. Yard Sale Day-----Come help--- We will have coffee and water available. Bring your own lunch! .

Tusen hjertelig takk to all of you and especially to --- Joanne Swenson (279-8264), and Ellen Aasen (279-8699) who are Co-chairing this event. Call them with questions.

### Mission Statement of Sons of Norway

The Mission of Sons of Norway is to promote and to preserve the heritage & culture of Norway , to celebrate our relationship with other Nordic Countries , **and to provide quality insurance and financial products** to its members.

See your **Financial Benefits Counselor**—  
**Carl Ingvoldstad**



### Did you know?

As a member of Sons of Norway you have access to some of the most competitive life insurance and annuities in the business.

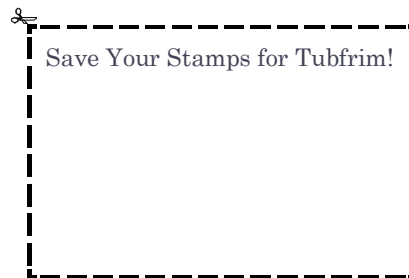


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**Vikings of Lake Lodge #6-166**  
**Sons of Norway**

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**LAKE COUNTY NEWS**  
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