



Lakeviews

March 2010
Scandinavians United!



Sons of Norway
Vikings of Lake
Lodge #6-166

We Meet at:

Galilee Lutheran
Church
Community Center
8860 Soda Bay Rd
Kelseyville, CA

Visit us: www.vikingsoflakelodge.org

Volume 6, Issue 3

2007—District 6 and International Lodge of the Year
First Place Newsletter

Beskjed fra Presidenten—Miracle on Ice

There are at least two “location questions” in the last 45-50 years. **First**, where were you when you first heard “Kennedy was killed”? (listening to AFN at Diyarbakir Air Station, Turkey) **Second**, where were you when the terrorists flew planes into the Twin Towers, the Pentagon and a field in Pennsylvania. (Watching TV in my bedroom) A **third** question might be properly asked: Where were you 30 years ago in March, 1980 as the “**Miracle on Ice**” occurred when the USA men’s hockey team won the Gold Medal at the 1980 Winter Olympics at Lake Placid, NY? (skiing with the Blazers Ski Club of Colorado Springs, CO at Snowbird Mountain near Salt Lake City, Utah) WOW— USA men not only beat the Russian professionals with a team of college kids but also won the Gold medal in one of the greatest Olympic upsets ever!

So you ask—what does any of this have to do with Sons of Norway? **First**, Sons of Norway has 8 districts: 5 1/2 in the USA, 1 1/2 in Canada and 1 in Norway. **Second**, Norway has won the most medals ever in Winter Olympics going back to 1922. (The USA is a distant second going back these 88 years but is leading overall medal count in 2010.) **Third**, the USA is undefeated in men’s hockey in Vancouver (as of this writing) having defeated both Norway and host Canada. I predict that they will defeat Finland in a “Shootout at High Noon” tomorrow February 26th and defeat either Canada or Slovakia by the weekend to complete “**Miracle on Ice II**”!!! (Hope my predictions don’t jinx the USA—think BIG!)

Go USA!

Med Vennlig Hilsen,



FROM OUR YOUTH DIRECTOR

Dear Parents,
As you know, our Potluck Supper is Wednesday, March 17th and it is St. Patrick’s Day. My goal is

to have the children wear green for the evening. Please encourage them to do so. I will have a special project for them to do, as well,



Fraternally,
Leah Scarbrough

Heritage & Culture

Business Meeting
Thursday, March 11
4:00pm
Community Center

Heritage & Culture Night
Wednesday, March 17
6:00pm
Potluck Supper
(including desserts)
7:00pm
“Prairie Cabin—A
Norwegian Pioneer
Woman’s Story”
50-50 Raffle for Adopt-a-School

2010 Lodge Executive Board

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Carl Ingvaldstad
987-2404

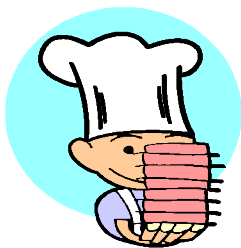
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Vale Hanzel 928-1060

Secretary/Editor
Mary Beth Ingvaldstad
987-2404

Treasurer
Irene Tisell
263-4632

Membership Secretary
Joyce Vaughn
998-3583

Norwegian Burgers from Chef Ross



At our February Heritage & Culture dinner, **Social Director,**

Ross Christensen cooked up a delicious meal! Unfortunately, he had hurt his back and was on Vicoden to try and get everything done! He brought the food and then went back home to bed!

The Burgers were so delicious that we asked for the recipe:

- 1/4 cup pickled beets, rinsed and chopped
- 1/4 cup sweet gherkins,

- chopped
 - 2 TBSP Capers
 - 2 lbs ground beef
 - 2 eggs
 - 1/2 tsp salt
 - 1/4 tsp fresh ground black pepper
 - 3/4 tsp chili powder
 - 1 medium onion, sliced
- Mix everything but onion in a large bowl, form into patties and pan fry.

Caramelize the onion in butter or the fat from the burgers, deglazing with a little red wine, salt and pepper.

Thank you **Eva, Sheila, Joyce and Irene** for getting the food ready when Ross had to go home

Bursdager i Mars

(Birthdays in March)

Members

- 1- Patricia Mohl
- 3- Amber Kay Ingvaldstad
- 4- James Delebak
- 7- Lisa Farestveit Bever
- 9- Floraine Chalk
- 17- Joanne Smith
- 18- Inger Kari Nordskog
- 21- Jack Wall
- 27- Elizabeth Larson

Heritage Members

No birthdays this month

Unge Venner Members

- 28- Ingrid Tisell (18)

Gratulerer med dagen

(Anniversary in March)

(This is Happy Birthday in Norwegian that we are trying to learn....work on the words!)

Hurra for deg!

Hurra for deg som fyller det år!

Ja, deg vil vi gratulere!

Alle I ring omkring deg vi står og se, nå vil vi marsjere,

Bukke, nikke, neie, snu oss omkring,

Danse så for deg med hopp og sprett og spring,

Ønske deg av hjertet alle gode ting or si meg så hva vil du mere?

Gratulere!



Wedding Anniversary

3- Marilyn & Howard Allmon

Ed: We would like to celebrate wedding anniversaries. Please send me your date! mbingvoldst@aol.com or 987-2404

Velkommen Nye Medlem

We welcome our newest member to Vikings of Lake!

Virginia Mae "Ginny" Silvestri
 PO Box 937
 Lower Lake, CA 95457
 994-5664
 ginbobsil@yahoo.com

Tusen takk to all of you who have renewed your memberships in a timely fashion! We appreciate each and every one of you!

Nøkkelost Quiche (Nøkkel Quiche) / Serves 6-8

From The Norwegian Kitchen

Crust:

- ⅝ cup (150 g) butter
- ⅞ cup (200 g) flour
- 2 Tbsp. water

Filling:

- 6 slices bacon
- 9 oz. (250 g) nøkkelost, grated
- 4 eggs, slightly beaten
- 1 cup (2 ½ dl) half and half
- 2 Tbsp. chives
- ½ tsp. salt
- ½ tsp. white pepper

It is easier to make a pie dough with a mixture of shortening and butter, but an all-butter dough is supe-

rior. A quiche should always be served hot or luke warm.

Cut butter into flour with pastry blender until the size of small peas. Add water and mix to a soft dough. Work the dough as little as possible to prevent unnecessary shrinkage. Press into a 9 ½-inch (24 cm) quiche pan. Fry bacon until crisp. Drain on paper towel and break into pieces. Grate cheese and sprinkle on the bottom of the pie crust. Whisk eggs, half and half, chives, and pepper together. Carefully pour the egg mixture over



the cheese. Sprinkle with bacon on top.

Bake until firm, on the lowest rack in the oven at 350 degrees F (175 degrees C).

Last Kon-Tiki Crew Member Knut Magne Haugland Dies



In 1947 six men, led by Norwegian Thor Heyerdahl, set out to test the theory that pre-Columbian South Americans might have reached Polynesia by sailing across the Pacific on balsa-wood rafts. Heyerdahl and his colleagues built

such a raft and launched it from Peru, making landfall 101 days and 4,900 miles later in French Polynesia. The subsequent book, *Kon-Tiki*, became a worldwide bestseller. Heyerdahl himself died in 2002, leaving only one member of his crew still alive, fellow Norwegian Knut Haugland.

A decorated hero of Norway's World War II resistance to the Nazi occupation, Haugland had also taken part in the 1943 British sabotage raid on a Norwegian "heavy water" facility at Rjukan in Telemark, thought by the Allies to be important to German nuclear weapons researchers. After the *Kon-Tiki* adventure, Haugland served in the Norwegian mili-



tary and helped found and run the Kon-Tiki Museum and a museum of Norwegian Resistance. He died this past Christmas Day in Oslo, aged 92.

From the "National Review"
1/25/2010

*Submitted by Member
Arnold Mjatveit*



Heritage & Culture Night—February 17th

Joanne Smith entertained us with her stories about the year she was an exchange teacher in Trysil, Norway. Both she and Tony treasure the experience. They have also donated some Norwegian artifacts to the Lodge. Tusen Takk!



Five Year Pin recipients:

Rebecca Dierssen, Joanne & Tony Smith, Joanne Swenson, Jay & Barb Swanson.

Audrey and Colin Dierssen accepted the pins for Mom Rebecca and Dad Andy!

Carl Ingvoldstad receives his **20-year pin and certificate** from Counselor Eva Johnson and Secretary Mary Beth Ingvoldstad.



Mary Beth Ingvoldstad receives her **25-year pin and certificate** from President Carl and Counselor Eva.



Evelyn Robison and Mary Beth Ingvoldstad receive their Cultural Skills pin in Reading. They completed Level I in Norwegian Literature. This is Evelyn's second Cultural Skills pin. She also has one for Folk Dancing!



Oslo aged 2,000 years in a day

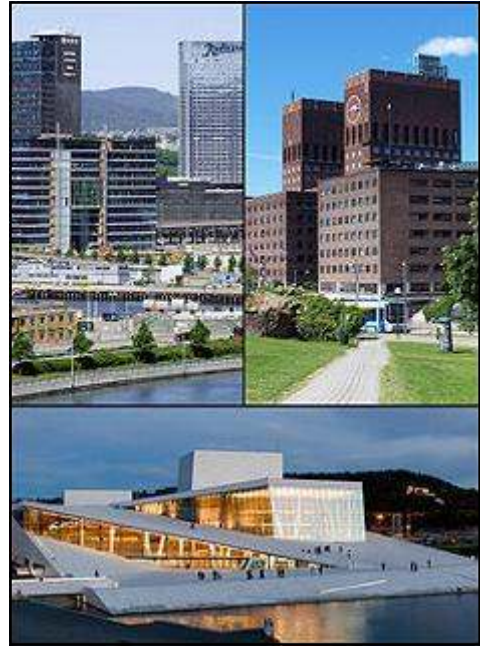
It isn't everyday that history is re-written, but in Oslo it may need to be. New artifacts found in an archeological excavation in Ekeberg, an eastern suburb of Oslo, suggest that people inhabited the area more than 2,000 years earlier than experts previously thought. The artifacts found include flint chips as well as other evidence of tool production.

Archeologists have also located what is believed to be a settlement. Originally located

at the water's edge, the settlement is now part of the hillside due to the melting of the ice cap and land shifts. According to Kristine Reiersen of the Central Office of Historic Monuments, around 8-12 people lived in the region.

Adapted from: The Norway Post

Pictures to the right: Oslo Plaza, City Hall and the lower picture is the new Opera House.



CONGRATULATIONS ON 100 YEARS!

We have two lodges in District 6 who are celebrating their 100th Anniversary this spring.

The first Anniversary is for **Fram #13** in Eureka, CA. Organized on March 26, 1910, they will have their party on the exact same

date. The catered party will be in their own hall, Norway Building.

Bjornson Lodge #14 will have their event on April 10 at the Hilton Garden Inn in Emeryville. Organized on April 14, 1910, they also own and hold their monthly

events in their own building, Bjornson Hall in Oakland.



ROSEMALING SEMINAR

The 51st Seminar will be at Camp Norge on **April 24/25, 2010**. The deadline for the \$80 Registration Fee for food and class is April 7th.

There are three levels with three instructors teaching different designs on a beautiful 12 inch scalloped, beaded square plate. Pictures of the projects can be viewed at: www.campnorge.com.

For further information contact your Lodge Secretary, Mary Beth.

LEADERSHIP SEMINAR

On **Saturday, March 13th**, this seminar will be held at Bjornson Hall, 2258 MacArthur Blvd, Oakland from 10:30am-4:00pm. Lunch will be served.

This is an opportunity for members in lodges throughout Zones 1, 2 and 3 to learn more about Sons of Norway and what all the vari-

ous leadership positions entail. Also, it will be a great chance to meet fellow members from other lodges.

Carl and Mary Beth will be presenters at the event. If you are interested in attending, give them a holler.

a little in English.....NORWAY

- In 2006, British pop star Katie Melua earned a world record for what was then the deepest concert ever held. The concert was held inside one of the legs of the giant Troll-A platform, 303 meters below the sea surface. Prior to setting the record, Katie underwent extensive medical testing and survival training for the performance.

- In April of 2009 Nina Irslinger set the world record for the longest church organ marathon, after playing for 36 hours and 3 minutes at Evje church in Evje, Norway.

litt på norsk.....

-2006 fikk britiske popstjerne Katie Melua verdensrekord da hun avholdt til da historiens dypeste konsert. Konserten ble avholdt i en av plattformbeina til Troll-A plattformen, 303 meter under havoverflaten. Før konserten måtte Katie gjennomgå strenge legeundersøkelser og overlevelseskurser.

- April 2009 satte Nina Irslinger ny verdensrekord i kirkeorgelspill etter å spille 36 timer og tre minutter på Evje kirken.

-The world's longest sofa was built in Sykkylven, Norway in June of 2009. The sofa was over 800 meters long and spanned the entire length of the Sykkylven Bridge. The sofa was created as a joint effort between local furniture manufacturers to promote Sykkylven's strong furniture industry.

- Erik Rotheim, a Norwegian chemical engineer, invented



-Verdens lengste sofa ble bygget i Sykkylven i juni 2009. Sofaen var 890 meter lang, og ble bygd over Sykkylvenbru. Sofaen var et samarbeidsprosjekt mellom to lokale møblebedrifter for å promotere Sykkylvens fantastiske kapasitet for å drive med møble.

-Erik Rotheim, en norsk kjemisk ingeniør, oppfinnet sprayboksen i Oslo i 1927.

the aerosol spray can in Oslo in 1927. The invention was patented in 1931 and later sold to a US company for 100,000 Norwegian kroner.

-The world's largest gingerbread man was made in Oslo, Norway in November of 2009. The world's tallest man, Sultan Kösen, unveiled the 1,435-pound gingerbread man during a promotional event held at Ikea.

Oppfinnelsen ble patentert i 1931 og senere solgt til en amerikansk bedrift for 100 000 kroner.

-Verdas største pepperkake-mann ble laget i Norge i november 2009. Verdens høyeste mann, Sultan Kösen, viste fram den 650 kilo tung kjempepepperkake-mann under en arrangement på Ikea.

JOKE OF THE MONTH -from the Fjellheim FLAMMEN

My favorite moment in the Lillehammer Winter Olympics in 1994 occurred when someone was interviewing Kjetil Andre Aamodt, who ultimately

won the slalom: "Kjetil, this is the greatest collection of skiers on the most difficult course ever designed. What's it going to take to medal today?" Aamodt

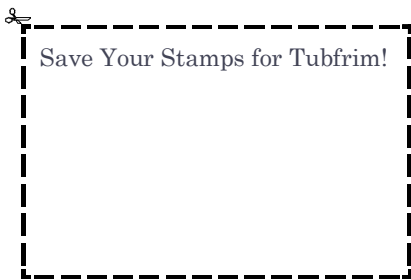
Said: "Vell, I tink you hve to finish first, second or tird."



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Sons of Norway

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