

July/August 2011

# Lakeviews Volume 7, Issue 7/8



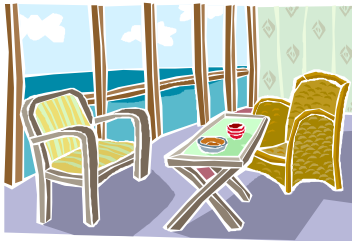
*Scandinavians United!!*

We meet at :

**Galilee Lutheran Church Fellowship Hall  
8860 Soda Bay Road, Kelseyville, CA**

**Vikings of Lake Lodge  
#6-166**

**2007 District 6 and International Lodge of the Year  
2009 District 6 Family Lodge of the Year**



**Saturday, July 9**

**“Slapp Av Med Venner Og Mat”\***

12:00 Noon-3:00 P.M.

The Ingvaldstad's Valhalla Home  
Hidden Valley Lake

A-I bring a salad and J-V bring a dessert  
Breads, Meat/Cheeses, Iced Tea provided (BYOB)  
Reservations are Required—987-2404—to get you through the Gate!  
Directions on Page 3 !

\*Relax With Friends And Food”



## Ladies Lunch Bunch

Friday, August 12  
Hidden Valley Lake  
“Little Beach”

Bring your picnic lunch including  
drink & lawn chair  
There is lots of shade plus  
picnic tables

Reservations: Kris @994-5766

Meet at the Spruce Grove Gate at  
12:45pm

## Wednesday, August 17 Heritage & Culture Night

6:00pm— Potluck Supper  
7:00pm—”Norsk Bingo”

50-50 Pots—25 cents a card  
Monies will go into the  
“Coins and Cans for Campers” Fund\*

Read about “Coins and  
Cans for Campers” on  
page 2—



**Fra Presidenten**



**Minot Flood Relief**

This word was received from the Sons of Norway Foundation. As we know, Minot, North Dakota is experiencing historic flooding of the Souris (Mouse) River, which has displaced thousands of citizens. Having been in touch with district and local lodge (Thor #4-067) leaders, they have reported that up to 75 Sons of Norway families may be faced with major damage to their homes due

to the catastrophe.

The Sons of Norway Foundation, a 501c3 charity, has a Humanitarian Fund from which \$1,000 Helping Hands to Members Grants are awarded to aid members who are victims of natural disasters. The grants assist Sons of Norway members in their time of great need, helping them purchase items, like bottled water, groceries and other severely needed supplies to keep them going during the clean-up and re-build.

In true fraternal spirit, the Foundation is calling on all Sons of Norway members and lodges who can help with this relief effort to make a tax deductible donation\* to the Humanitarian Fund. This will ensure that the Fund stands ready to help with current and future disasters. You may donate on-line at the Sons of Norway website or send your checks with "Minot" in the memo line to Sons of Norway Foundation, Att:Minot, 1455 West Lake Street, Minneapolis, MN 55408.

*Fraternally,  
Mary Beth*

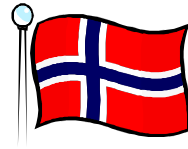
\*Only donations of \$100 or more will receive tax deductible letters.

**Cultural Skills Program  
Unit 4: Rosemaling**

Looking for a new summer hobby that is fun and connects you to your Norwegian heritage? Be sure to visit the members only section of the Sons of Norway website to check out the latest of the redesigned Cultural Skills Program units. With new photos, forms and diagrams the new rosemaling unit is sure to please!



While you're visiting the site, be sure to take a look at our other redesigned Cultural Skills Program units on Hardanger embroidery and cooking! To learn more about the Cultural Skills Program, call (800) 945-8851 or email [culturalskills@sofn.com](mailto:culturalskills@sofn.com)



**Camp Troll Fjell  
Language & Heritage Camp  
at Camp Norge  
July 10-23, 2011**

Vikings of Lake Lodge #6-166 will be well represented on the Staff at Camp Troll Fjell.

*Assistant Director of Food Services:*  
Vice President/Camp Ambassador—  
Vale Hanzel

*Assistant Cook:*  
Youth Director—  
Leah Scarbrough



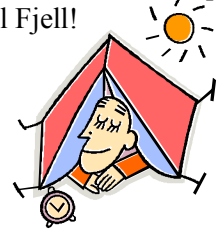
*Nurse (second week):*  
Chris Hanzel



Thank you, members, for supporting our Youth Camp!

**Congratulations** to our Heritage Members who are receiving "Half-Camperships" of \$375.00 each to help fund their attendance at Camp Troll Fjell!

**Camper Baylee McKenney  
Camper Casper Howland**



As the Lodge had budgeted just \$300 for Camperships this year, the Executive Board voted to set up a Special Fund called "Coins and Cans for Campers" to raise the extra \$450 needed. When you bring our Treasurer, Carl Ingvaldstad, your Piggy Bank, your Coin Bank and/or your bag of aluminum cans, he will add these monies to this Special Fund.

So far we have brought in \$190.(only \$260 to go). PLEASE save your coins and your aluminum cans. We hope to continue to support children every year in their endeavor to learn more about their heritage.



Baylee and Casper will be coming to tell us about their experiences at a Fall Lodge Heritage & Culture Night.

## Ditt og Datt

### SNOOPY'S HOME ICE

The Redwood Empire Ice Arena



### Attention Hockey Fans

The Oslo Oilers Hockey Team from Oslo, Norway is part of the “Snoopy’s Senior World Hockey Tournament. They will play on Sunday, July 10 at 4:30pm, Tuesday, July 12 at 10:45am and Friday, July 15 at 6:00am (ouch)!

### MULTI-LODGE PICNIC at CAMP NORGE

SUNDAY, AUGUST 7, 1PM .

The host lodge, Snowshoe Thompson, would like to know about how many guests to expect. Carl and Mary Beth Ingvaldstad are planning on attending. If you would like to join them, give them a call by August 4th and they’ll give you the details! 987-2404.



**June and Mike Salter and family** are sailing up the coast of Norway on Princess lines to celebrate their 50th Wedding Anniversary. Then they will spend 2 weeks with their family in Italy.

**Sebastian Sharp** has graduated from High School and is joining the Marine Corps. Congratulations and God’s Speed to you! (Sebastian is the grandson of Joanne and Tony Smith.)



### I AM A LIFE INSURANCE POLICY

(Top 10 Reasons)

10. I am a piece of paper, a drop of ink and a **few pennies of premium.**
9. I am a **promise to pay.**
8. I help people see visions, dream dreams and achieve **economic immortality.**
7. I am **education for the children.**
6. I am **savings.**
5. I **create money** where non existed before.
- 4 . I am a declaration of **financial independence** and **economic freedom.**
3. I am the difference between an old man or woman and an **elderly gentleman or lady.**
2. I am the only thing that you can buy on the **installment plan** that your family doesn’t have to finish paying for.
1. **I am the guardian angel of the home.**



*I am life insurance. “Sign Me Up”*

Call me today to put Sons of Norway to work for you!  
*Carl P. Ingvaldstad —Financial Benefits Counselor 987-2404*

### Directions to the Ingvaldstads’ Home

Come in the Spruce Grove Road Gate Guardhouse to gain entrance into the community.



Continue on Deer Hill Road—turn left at the first stop sign (Greenridge Road)—turn left at the next stop sign (Buckhorn)—take an immediate right onto Stonegate and the next right on to Squirrel Hill Road —we are the first house on the right!

### Grandchildren

When my grandson Sean and I entered our vacation cabin, we kept the lights off until we were inside to keep from attracting pesky insects. Still, a few fireflies followed us in. Noticing them before I did, Sean whispered, “It’s no use Grandpa. Now the mosquitoes are coming after us with flashlights.”



**Norwegian Burritos\***

6 sheets Lefser  
 Filling:  
 1/2 lb. smoked salmon  
 2-3 diced tomatoes and/or 2/3 cup  
 thick salsa  
 2/3 cup sour cream  
 cilantro sprigs



Cut each sheet of lefse in half, spoon on the fillings, and roll the whole thing up. It's as easy as that. If you really love to slather on the sour cream and salsa, the burritos can get pretty juicy, so eat as a sandwich over a plate or use a knife and fork. To make cocktail-sized burritos, divide each sheet of Lefse into sixths, fill, roll, and secure with a toothpick.

*\*From a new cookbook being written by employees of Ingebretsen's, in Minneapolis, in honor of the store's 90th Anniversary*

And then there was..... the Norwegian immigrant man who had worked all his life on his North Dakota farm and was a real "miser" when it came to his money. Just before he died, he said to his beautiful Norwegian wife..."When I die, I want you to take all my money and put it in the casket with me". Well, he died. He was stretched out in the casket and his wife was sitting there with her best friend next to her. When the ceremony was finished and it was time to close the casket, the wife said, "Wait just a moment!" She went over to the casket and put a small metal box in it. The friend said, "Girl, I know you were not fool enough to put all the money in there with your husband." The wife replied, "Listen I'm a Norwegian Lutheran and I cannot go back on my word. I promised him to put all that money in the casket with him. So, I got it all together, put in into my account and I wrote him a check...if he can cash it, then he can spend it!



**Supporting Camp Norge  
 Memorial Day 2011**



The Kirby and Ellen Aasen Clan came up for the first time to check out the place. One of these three charming children, Casper (2nd from the right) is attending Camp Troll

**District 6  
 President,  
 Lyle Berge,**  
 joins the  
 Ingvaldstads  
 and the Han-  
 zels for  
 breakfast.



You can also enjoy fun times at Camp Norge. Join us for Kretsstevne over Labor Day. Vikings of Lake Lodge is in charge of the whole event so come help and have fun, too!



Check out the fun and send in your registration!

***God Bedring!***

Keep our members, Jim Coomes and Arnold Mjatveit, in your thoughts and prayers as they struggle with health issues.

**Our Mission Statement**

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic Countries, and provide quality insurance and financial products to our members.



**Tusen Takk to Renewing Members!**

***Kris Andre, Richard Larsen, Irene Tisell, Ingrid Tisell, Leif Tisell***

We so appreciate your support of our Lodge and our International Order!



# Northern California Kretssteve (NCK)

## Labor Day Weekend at Camp Norge

### September 3,4,5—2011



The Northern California Kretssteve Committee invites the members of all Sons of Norway Lodges in Northern California, and surrounding areas, to join them in a weekend of fellowship, friendship and fun. Whether you come in your RV, stay in the dorms or bring tents, we know you will have a great time



#### Planned Activities

Good Food—Horseshoe Tournament

Meadow Faire

Games for all ages-Swimming

Dancing—Raffle—Karaoke—Barbecue

Check out [www.campnorge.com](http://www.campnorge.com) for more information



Camp Norge Room Accommodations? The rooms fill up quickly so please call ASAP: 530-389-2508.  
(No reservations required for RV's and Tents.)

Meal Packages ***will not*** be available at the event. Meal Registration Deadline is **August 26, 2011**. Questions? Call: Lillie and Marvin Hanson at 707-279-0974 or email at [mnlhanson@att.net](mailto:mnlhanson@att.net).

Cut here and return

Northern California Kretssteve (NCK) 2011

*Meal Preregistration Form*

Make checks payable to: NCK

Send to: The Hansons, 5701 Live Oak Drive, Space 26 Kelseyville, CA 95451

Lodge Name & # \_\_\_\_\_ Name \_\_\_\_\_

Address: \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

(Note: Children are kids 12 and under, those 5 and under are **FREE**)



Meals:

Saturday Breakfast # of Adults \_\_\_\_\_ X \$6.00= \_\_\_\_\_

Saturday Lunch # of Adults \_\_\_\_\_ X \$6.00= \_\_\_\_\_

Saturday Dinner # of Adults \_\_\_\_\_ X \$11.00= \_\_\_\_\_

Sunday *Frokost* # of Adults \_\_\_\_\_ X \$6.00= \_\_\_\_\_

Sunday Lunch # of Adults \_\_\_\_\_ X \$6.00= \_\_\_\_\_

Sunday Potluck Donation Requested \_\_\_\_\_

Saturday Breakfast # of Children \_\_\_\_\_ X \$4.00= \_\_\_\_\_

Saturday Lunch # of Children \_\_\_\_\_ X \$4.00= \_\_\_\_\_

Saturday Dinner # of Children \_\_\_\_\_ X \$7.00= \_\_\_\_\_

Sunday *Frokost* # of Children \_\_\_\_\_ X \$4.00= \_\_\_\_\_

Sunday Lunch # of Children \_\_\_\_\_ X \$4.00= \_\_\_\_\_

Sunday Potluck Donation Requested \_\_\_\_\_

Monday Breakfast is a free smorgasbord of leftovers!

Meal Package # of Adults \_\_\_\_\_ X \$30.00= \_\_\_\_\_

“ “ # of Children \_\_\_\_\_ X \$18.00= \_\_\_\_\_

Total \$ \_\_\_\_\_

Meal Package includes Kretssteve Pin



Chris Hanzel, Sharon Lewis and Thelma Dangel relax.



### Sankt Hans Aften at Eva Johnson's — Great Company, Great Food, Great Weather—June 18th



No one went away hun-



Baylee seemed to be everywhere. Social must be her middle name?



Guest Paul Stum, members Carl Ingvaldstad and Vale Hanzel kick up their heels (with fish stories, "it was that big") on the dock.



The Dierssens all came!



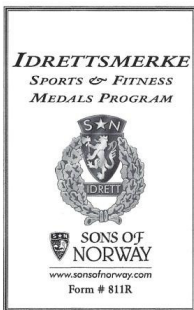
And Tusen Takk to **Kris Kjera, Joyce Vaughn** and **Sheila Strom** for providing the able assistance that Eva needed to make this a wonderfully memorable event! You are all the best!

**37 Happy Folks**, Heritage and Adult members plus guests gathered to enjoy this Midsummer Night celebration.

**Tusen takk, Eva,** for all your hard work!



### Earn Your Sports Medal Today!!!!



The Sports Medal Program is currently being redesigned to better portray the energy and liveliness of the program. A swimming medal (*Svømmemerke*) was added in April. The latest addition to the redesigned program is the new **Idrettsmerke**.

Do you ride an exercise bike, go to Curves for Women, Jazzercise, go kayaking, hike, play golf, dance, play tennis and/or walk? If you do a variety of exercises, then this is the medal you need to look at! Both Carl and Mary Beth Ingvaldstad have qualified for their Bronze Medals! How? Because they go to Jazzercise. Let them tell you how easy it was (987-2404) and then call or email **Sports Director Claire Grieve**—263-3575 or [cgrieve2003@yahoo.com](mailto:cgrieve2003@yahoo.com) for the forms to get your medal! Let's get at least 10 members in the Sports Medal arena this year! We can do it! Yes, we can!



### Gratulerer Med Dagen for our members in July!

- 6-Thomas Moore
- 10-Tony Smith
- 15-Maria Hill
- 17-Lee Romsos

- 20-LaRay Sanchez
- 21-Ginny Silvestre
- 23-Ruby Glebe
- 27-Irene Tisell
- 30-Sheila Schneider
- 31-Inge Rutherford

### Gratulerer Med Dagen for our members in August!

- 3-Mary Beth Ingvaldstad
- 5-Dennis Robison
- 6-Sally Weman
- 7-Marvin Hanson
- 12-Richard Larsen
- 16-Bob Clark
- 25-Rebecca Dierssen
- 27-Eva Johnson
- 30-Lorena Fisher



### Unge Venner

- !7- Sebastian Sharp—18 years old

### Heritage Members

- 5- Collin Dierssen—9 years old
- 11-Devon Johnson—12 years old
- 16-Jaidyn McKenney—11 years old
- 27-Marcos Castillo—13 years old

### 2011 Officers of Vikings of Lake

- President** Mary Beth Ingvaldstad 987-2404
- Vice President /Camp Norge Ambassador** Vale Hanzel 928-1060
- Counselor** Carl Ingvaldstad 987-2404
- Secretary** Elsie Voss 998-1252
- Treasurer** Carl Ingvaldstad
- Membership Secy.** Joyce Vaughn 998-3583

- Social/Cultural Directors:**
- Else Rodrigues 423-4541
- Eva Johnson—Supplies 279-4836
- Joyce Vaughn

- Evelyn & Dennis Robison 279-4385
- Ginny Silvestre 994-5664
- Irene Tisell 263-4836
- Marshals:** Ellen Aasen 279-8699
- Ray Tisell 263-4836

- Librarian:** Dennis Robison
- Editor:** Mary Beth Ingvaldstad

- Asst Editor:** Lillie Hanson 279-0974
- Newsletter Mailers:** The Tisell Family

- Webmaster:** Marvin Hanson 279-0974

- Greeters:** Ellen Aasen
- Joanne Swenson 279-8264
- Lourdes Thuesen 274-2149

- Foundation Director:** Carl Ingvaldstad

- Publicity:** Claire Grieve 263-3575

- Historian:** Sharon Lewis 277-9345

- Sports/Recreation:** Claire Grieve/Ingrid Tisell

- Musician:** Mary Beth Ingvaldstad

- Asst Musician:** Ray Tisell

- Sunshine:** Joanne Swenson

- Youth Director:** Souleah Scarbrough 245-4333

- Tubfrim Chair:** Evelyn Robison

- Adopt-a-School (Project Framtid):** Thelma Dangel 279-1335

- Sharon Lewis, Rebecca Dierrsen 262-2063, Claire Grieve

- Trustees: 2-year — Ellen Aasen

- 1 year- Kris Andre 279-8550

- Auditor: Bob Clark 279-8789 Asst Auditor: Irene Tisell 263-4836

- Language Instructor:

**Thank you all for your time and commitment to our Lodge!**



Dear Sons of Norway Member,

Welcome to the April edition of the Sons of Norway E-Post, the monthly member newsletter that informs, educates and entertains you with great articles on all the fun and exciting things happening across the internet and throughout the organization!

This month we have a great article about Easter traditions in Norway and another observing the anniversary of Germany's invasion of Norway (and the resistance it spawned). In addition, this month's E-Post has information about the Midsommer Madness recruitment contest and the Presidential Tour of Norway. We hope you enjoy this new offering and if you have thoughts on content you'd like to see in the future, be sure to e-mail us at [sonsofnorway@sonf.com](mailto:sonsofnorway@sonf.com)

Påske på Trysil, Easter at Trysil



In a Dagbladet article titled "Myten om påskefjellet [The Myth of Easter Mountains]," Thomas Hylland Eriksen, a professor of social anthropology at the University of Oslo, explains that Norwegian Easter customs have diverged from the traditions of the past. He details that approximately three-fourths of the Norwegian population actually prefer to stay home over Easter. Furthermore, of the quarter



In This Issue  
Easter at Trysil

German Invasion of Norway

2011 Presidential Tour

Midsommer Madness



Click the image

You can receive this great new member benefit by providing international with your email address. Do that by calling 800-945-8851 or log onto the Members Only section of the Sons of Norway website and select "membership" from the menu on the right side of the page.

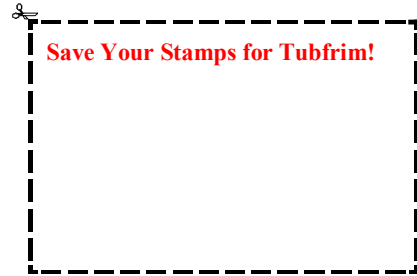
**Sons of Norway  
Vikings of Lake Lodge #6-166**

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Phone: 707-987-2404  
Email: mbingvaldst@aol.com



**Happy 4th of July!!!**



**Kevin Ness Jeweler  
of ClearLake** 

994-230

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