



VOLUME 5, ISSUE 2

LAKE VIEWS

FEBRUARY 2009
SCANDINAVIANS UNITED!

SONS OF NORWAY

International Lodge of the Year –2007
First Place Newsletter 2007

We Meet at:

Galilee Lutheran Church Community Center
8860 Soda Bay Road, Kelseyville, CA 95451



OUR HERITAGE AND CULTURE

KNUT ERIK JENSEN IN CONCERT “NORDIC ELEGANCE”

Saturday, February 7
3:00pm

(See Flyer on Page 4)

Please consider helping with the receptioncookies?

Business Meeting- February 11th

6:30pm Galilee Community Center

All Officers and Directors are asked to please attend

We will set up our 2009 budget and discuss duties!

Heritage and Culture Night Wednesday, February 18th

6:00pm

Ertesuppe med Brød
(Pea Soup and Bread)

\$4.00

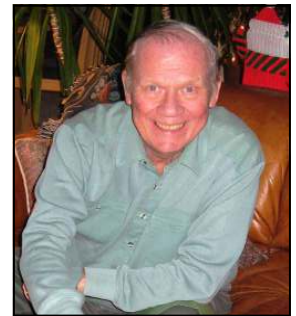
“America Fever” and the
“Immigrant Trunk “

Norwegian Emigrant Stories

BESKJED FRA PRESIDENTEN

In January, I gave you my (and your) New Year's Resolutions. Now we need to formulate **goals** that support those goals set by both the Sons of Norway "International Board" and the "District (D-6) Board" —of which I am a member as your Zone 1 Director (**AKA Z-1 Dude**). To support the first D-6 goal of an "Increase of at least one new member District-wide", I would **challenge** VOL #6-166 "to increase our membership by gaining **one new member each month**". To support the second D-6 goal of "100% of D-6 lodges holding at least one new membership event , I

have **challenged** VOL #6-166 to schedule their **3rd Annual** New Membership Seminar Dinner this spring. I'll be there both as your President and as your Financial Benefits Counselor (FBC). To support the third D-6 goal to "issue life and annuity certificates to 50 new insurance members", this would seem to be like a "no brainer" i.e. there are over 50 lodges in D-6 and I am your very own FBC. Therefore, I would hope that I would be able to issue at least **one** certificate to a new insurance member in my **home lodge!** If 2008 was a "bummer" for you, here's hoping we can



make 2009 a whole lot better by all of us keeping our Sons of Norway resolutions and meeting our goals together! Go, VOL #6-166! Can we do it, Yes we can!!!!

Med Vennlig Hilsen,

Carl Peter

TUSEN HJERTELIG TAKK TIL:

-**Ellen Aasen and Kris Kjera** for being our Marshalls for the Installation of Officers and Directors. Fine job, ladies!

-**Members** for the great food at our Potluck Anniversary Heritage and Culture Night. It was great!

-**50-50 Raffle Players** who helped us raise another \$28.00

for our Adopt A School Project of purchasing rolling book bags for needy students. Yeah, Michael Anderson, winner of his fair share!!! Takk to Joanne Swenson and Ellen Aasen for being such great saleswomen!

-**Vikings of the Smokies Lodge** for joining with us to be our Sister Lodge. This lodge is located

in the Knoxville, Tennessee area. Read about our Sister Lodge at www.tnvikings.org. More about our Sisterhood later!

-**Barb Swanson** for again agreeing to manage the Financial Accounting for all of **Knut Erik Jensen's USA Concerts!**



BURSDAGER I FEBRUAR

- 16—Sheila Strom
 17—Roger Stange
 19—Connie Rystad
 25—Kathy Johnson

Heritage Members

- 1—Chrissy Ann Vaughn (4)
 18—Shannon Ford (10)



LANGUAGE AND CULTURE

ELG, ELK AND MOOSE

Many North Americans are surprised to learn that the animal we call a moose is also native to Norway. When we think of typically Norwegian animals, the whale, seal or bear might come more quickly to mind, or even the lion which, although not seen in Norwegian forests for some time, is found on the Coat of Arms of Norway.

Norwegian moose— called **elg** in Norwegian— are actually the same species as American moose, known in Latin as *Alces alces*. The English word “elk” is related to the Norwegian word *elg* which, confus-

ingly, refers to an entirely different animal. According to *The Oxford Introduction to Proto-Indo-European and the Proto-Indo-European World* the discrepancy seems to be due to the fact that *Alces alces* was extinct in Britain by about the year 900 AD, but the word “elk” remained in the English language, probably as a vague term meaning “large deer”. Much later as British explorers traveled the New World, they needed words to describe the animals they found there. “Elk” came to describe a different species (*Cervus elaphus*, aka red deer) while a local Algon-

ELSY AND HENNING ARE ON THE MOVE!

Our dear Danish and Swedish members, the Rasmussens, have sold their home and are moving to Elk Grove. We are sure going to miss their smiling faces and their wonderful support of our Lodge with presence, helpfulness and cheerfulness!

Come visit us when you can!

Thelma Dangel has her Silver and Gold Gangmerker pinned on by Lodge Sports Director—Ingrid Tisell!

“Earn Your Walking Medal”
 Contact Ingrid at 263-4632

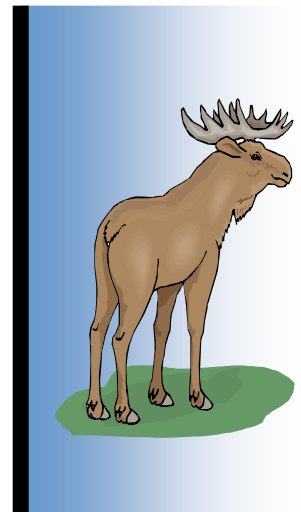


Congratulations also to **Tony Smith** who has earned his bronze, silver, gold and **ENAMEL** medals for walking!

quin (American Indian) word—mooz0was brought in to describe *Alces alces*.

But an *elg* has always been an *elg* in Norwegian. Whatever you call it, Norwegians love their *elg*, which is sometimes stylized as *skogens konge*, or “King of the Forest” and often appears as an artistic cliché known as *elg i solnedgang* (“moose in the sunset”).

Aftenposten English Web Desk/NTB

**Sunshine**

Please contact Joanne Swenson with your news of our lodge members!
 279-8264

FORTY NINTH ROSEMALING SEMINAR AT CAMP NORGE



Penny Joseph Knudsen is hosting her spring seminar with the classes being taught by Julie Anne Droivold, Kay White and Cherly Seath. The piece will be a beautiful ten inch clock.

All the information for reserving a space in the classes and a room reservation are available through Penny. Contact her at:

pennyjknusen@sbcglobal.net

The cost is \$80 for registration which includes the class and wood piece ready to go and meals.

Room cost is extra— starting at \$15.00 per night for a dormitory room.

INSTALLATION, INITIATION, PINS AND MEDALLIONS-JANUARY H & C



Your 2009 Executive Board:

Mary Beth (Secretary), Eva (Counselor), Kris (Vice President), Irene (Treasurer), Joyce (Membership Secretary) and Carl (President)

Only three of the Lodge's Officers and Directors were unable to attend this evening's Installation. The ceremonies followed the superb potluck supper.

The Lodge is grateful to have such hard-working and loyal members who step up to the plate to keep us strong!



The great cooks came out again for another fabulous potluck! Joyce, Mike and Glenn fill up their plates, along with everyone else.



Only three of our eleven new members were present to be initiated but we welcomed Patricia Mohl, Ellen Aasen and Kris Kjera who all joined in 2008. Velkommen!



Five, Twenty and Thirty-five year members of Sons of Norway!

Dennis Robison, Sharon Lewis, Thelma Dangel, Kris Andre, Michael Anderson (5) Joyce Vaughn (20), Evelyn Robison, Gunhild Brown, Claire Grieve, Bev Brown, Ruby Glebe and Sheila Strom (5) In front: Audrey Dierssen, Heritage Member, accepts her Grandma Guri Clark's 35 year pin and Colin Dierssen, Heritage Member, accepts his Grandpa Bob Clark's 5 year pin.

Our Fourth Anniversary Celebration

January 21, 2009



All of these Officers and Directors now have **King Harald Medallions** to wear thanks to donations of \$250 or more to the Sons of Norway Humanitarian Fund. Six medallions belong to the Lodge and four more have been earned by members Joyce, Thelma, Carl and Mary Beth during District 6 Convention Walk-a-thons.

We Support the Foundation!!!

Raffle Winners of calendars and goodies provided by Irene Tisell were: Ellen Aasen, Elsy Rasmussen,

Souleah Scarbrough, Ruby Glebe, Barbara Swanson and Carl Ingvaldstad!

Knut Erik Jensen
=Classical Pianist=
from Trondheim, Norway



“Nordic Elegance”

A concert featuring music by the great
composers of Norway—

Saturday, February 7, 2009

3:00pm

Members—\$15.00

Non-Members—\$20.00

Galilee Lutheran Church

8860 Soda Bay Road

Kelseyville, CA

Reception following Concert in Galilee Community Center



Sponsored jointly by:

**Clear Lake Performing Arts and
Vikings of Lake Lodge, Sons of Norway**

For information contact:

Hope Brewer—707-279-0877

Mary Beth Ingvoldstad—707-987-2404

Hjertelig Velkommen! A Hearty Welcome

Calendar for Vikings of Lake Lodge #6-166—2009

<p style="text-align: center;">January</p> <p>WED 21st – Heritage & Culture Night Lodge 4th Anniversary 6:00pm Potluck Supper 7:00pm-Installation of Officers for 2009, Initiation & Membership Pins In- stalling Officers- The Ingvoldstads 50/50 Raffle to benefit AAS</p> <p>DANCE CLASSES: Every 2nd Sunday at 12:30pm.....call 987-2404</p> <p>Feb 8, Mar 8, Apr 12, May 10, June 14, Au- gust 9, Sep 13, Oct 11, Nov 8</p>	<p style="text-align: center;">February</p> <p style="text-align: center;">KNUT ERIK JENSEN CONCERT “Nordic Elegance” Saturday, February 7th —3:00pm Galilee Lutheran Church Sanctuary</p> <p>Reception to follow in the Community Center \$10.00 special for Vikings of Lake Lodge Mem- bers</p> <p>WED 11th-Business Meeting 6:30pm Community Center</p> <p>WED 18TH- Heritage & Culture Night 6:00pm-Ertesuppe med brød (Pea soup and bread) \$4.00 “American Fever” A Norwegian Emigration Story on DVD with an Emigrant Trunk</p>	<p style="text-align: center;">March</p> <p>WED 18th- Heritage & Culture Night 6:00pm Lapskaus & Lefse- \$5.00 7:00pm</p> <p>Norway’s Bygdebok ,Genealogy and the Mormon Church Family Project — A Special Presentation</p> <p>Vikings of Lake Lodge Folk Dance Class performs to earn their Cultural Skills Medal! Please come to cheer them on!</p>
<p style="text-align: center;">April</p> <p>WED 15th- Heritage & Culture Night SWEDISH NIGHT 6:00pm- Sweden’s National Meal Jansen’s Fristelse, bonner, knekkebrø \$6.00 ”The Falun-Roros Expedition” An Historic Journey with Horse and Sled from Sweden to Norway A beautiful documentary on DVD</p> <p>FRI-SUN 24th-26th- Rosemaling Weekend at Camp Norge www.campnorge.com</p>	<p style="text-align: center;">May</p> <p>WED 13th- Business Meeting 6:30pm– Community Center</p> <p>WED 20th- Heritage & Culture Night 6:00pm- Dinner of Appetizers- \$5.00 7:00pm “HERITAGE AND UNGE VENNER MEMBERS NIGHT AT THE LODGE” (Watch newsletter for details)</p> <p>Friday the 15th set up and then SAT. 16th— LODGE YARD SALE</p> <p>FRI-SUN – 22nd-25th –Memorial Day Weekend at Camp Norge</p>	<p style="text-align: center;">June</p> <p>SAT 20th- Heritage & Culture SANKT HANS AFTEN “Midsummer Night” 4:00pm—Kids and Folks Fishing Adventure 7:00pm- Pølse med lompe and chips plus peel’n eat shrimp and salad \$5.00</p> <p>Enjoy Eva Johnson’s beautiful Lakeside property!</p>
<p style="text-align: center;">July</p> <p>SAT 11th- Slapp Av Med Venner Og Mat (Relax with friends and food) 12:00N-3:00pm At the Ingvoldstads’ “Valhalla Home” in Hid- den Valley Lake Bring a salad or a dessert—breads and meat/ cheese provided</p>	<p style="text-align: center;">August</p> <p>WED 12th- Business Meeting- 6:30pm</p> <p>WED 19th- Heritage & Culture Night 6:00pm-Open Faced Sandwiches- \$5.00 7:00pm Norwegian Royalty— DVD and book Fun cartoons and stories! Kid-friendly! Norsk Bingo---bring your pennies!</p>	<p style="text-align: center;">September</p> <p>SAT-MON—5th-7th Kretsstevne (Gathering of the Clan) at Camp Norge</p> <p>WED 16th-Heritage & Culture Night DANISH NIGHT 6:00pm –Frikadellar, Rodkal, Kartofler, Gulroder—\$6.00 7:00pm-Guest Speaker— FRI-SUN- 25th-27th- Fall Rosemaling at Camp Norge SEPT 29-OCT 3 Norsk Høstfest-Minot, North Dakota</p>
<p style="text-align: center;">October</p> <p>MON 12th- Leif Eriksson Walkathon Lodge’s Adopted Road-11:00am/Lunch</p> <p>WED 21st- Heritage & Culture Night 6:00pm- Fish Soup with Bread \$5.00 7:00pm- “The Legacy of the Kensington Runestone” and “Learn to Write in Runes” <i>Special Guest--Cindy Olson— Foundation Director— Sons of Norway International</i></p>	<p style="text-align: center;">November</p> <p>Norwegian Seamen’s Church Bazaar-TBD</p> <p>FRI 13th- set up for SAT 14th- Torsk and Meatball Dinner 5:00pm St. John’s Lutheran Church \$12.00</p>	<p style="text-align: center;">December</p> <p>SAT 12th-Decorate the Community Center— 10:00am</p> <p>SUN 13th—6th Annual Scandinavian Christmas Open House 11:00-1:00pm Galilee Lutheran Church Community Center</p>

A Little in English...Brækhus Looks Forward to Title Fight in February

Norway's foremost professional boxer, Cecilia Brækhus will probably get her chance at a title fight in February. The Norwegian girl defeated the Bulgarian Borislava Gorinova by points in October. It was the tenth straight victory for the 27 year-old from Bergen.

"It went really well and it

felt like smooth sailing. But Gorinova is tough," Brækhus told Norwegian journalists after the fight.

Brækhus was born in Cartegena, Colombia, but grew up in Bergen. She started boxing and kickboxing when she was only 14 years old and debuted as a professional boxer in early 2007. She is currently

ranked third in the world for the welterweight class.

"The plan is that I will be in the ring again in December in order to prepare for a title fight in February. But in boxing things can happen fast, so it could happen that my plans change. No one knows," said Brækhus.

*Adapted from
www.aftenposten.no*



FOUR GENERATIONS WITHIN OUR LODGE

Over the Holidays, the Vaughn household was bustling. Grandma Elaine Marsh was with her daughter, Joyce, and son-in-law, Monte, over the holidays. Then a couple more generations showed up to create

this happy picture. On the left is Joyce Vaughn (generation 2), Christine Whitchurch (generation 4), Elaine (generation 1) and Terri Lynn Whitchurch (generation 3)!

All of these charming women are members of Vikings of Lake Lodge.

Have we any other generation families? Let the Editor know!



Language Lesson from Guldalen Lodge #6-128—Norwegian Computer Stuff

Floppy Disk— what lefse looks like ven cooked right

Software— da plastic picnic utensils

Drive—how you get home ven da snow's not too deep

Mouse— vat leaves dem turds in da cupboard

Log On— dats how ya make da vood stove hotter

CARL'S CORNER-THE KIND OF WORK WE DO!

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email him at
cingvoldst@aol.com. We do all the work. It's free and certainly easier than teaching your dog to **ROLLOVER**.



Carl P. Ingvoldstad
Financial Benefits Counselor

Litt på norsk...Brækhus ser fram til tittelkamp i februar

Norges fremmste proffbokser, Cecilia Brækhus får trolig tittelkamp i februar. Den norske jenta vant over den bulgariske Brislava Gorinova på poeng I oktober. Det var det tienende strake seieren for 27-åringen fra Bergen.

- Dette gikk veldig greit og føltes som renplankek-

jøring. Gorinova er tøff, sa Brækhus ti norske journalister etter kampen. Brækhus var født i Cartegena, Colombia, men vokst opp i Bergen. Hun begynte med boksing og kickboksing da hun var bare fjorten år gammel, og debuterte som proffbokser tidlig i 2007. Hun rangeres nå på tredjeplass i verden i

klassen weltervekt.

- Planen nå er at jeg skal i ringen igjen i desember, og så blir det å forberede meg til en tittelkamp I februar. Men i boksing skjer ting fort, så det kan jo hende at planene blir forandret. Det vet ingen, sa Brækhus.

*Adoptert fra
www.aftenposten.no*



HERITAGE MEMBERS EXTRAORDINAIRE!



Reid Larsen, 13, of Valrico, Florida will have his Eagle Scout Court of Honor on February 14th. He has earned 34 Scout Merit Badges and completed his Eagle Scout Project, which was the

improvement of Stearn's Park by adding 3 birdhouses, 12 butterfly plants and 3 park benches. 243 hours of work and \$900 were required to complete this project.

Reid is the son of Lt. Col Reidar and Janet Larsen and the grandson of Lodge Member, Richard Larsen, Mary Beth's first cousin. So she and Carl will attend his Court of Honor. Carl also became an Eagle Scout at the age of 13 and certainly knows this is quite an accomplishment. Congratulations!



At the young age of 8, **Sean Ford**, has accumulated a table full of Tae Kwon Do trophies. He has received first place tournament trophies for his age/weight the past two years. One trophy, on the left, is about as tall as he is and the trophy for 2008 is a beautiful eagle that weighs about as much as he does! Sean is the son of Lt. Col. Karen Madsen (lodge member) and her husband Henry.

Congrats from Grandpa Tinkie Winkie and Granny 3 AKA Carl and Mary Beth.



Please.... share your special stories about our Heritage Members by sending them to the Editor—
mbingvoldst@aol.com

MISSION STATEMENT OF SONS OF NORWAY

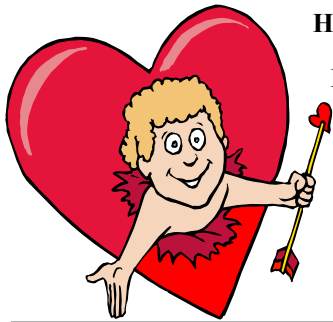
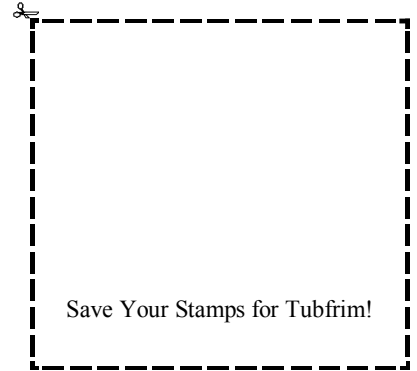
The mission of Sons of Norway is to promote and preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.



We are on the web!
www.vikingsoflakelodge.org

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of ClearLake

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