

L A K E V I E W S

DECEMBER 2008

Scandinavians United!

Galilee Lutheran Church Community Center
8860 Soda Bay Road....Kelseyville, CA 95451

SONS OF NORWAY

Vikings of Lake Lodge
#6-166

Silver Award-2006, Gold Award-2007, Founders Award for Membership Growth 2007

First Place Editor's Award for 2007

DISTRICT 6 LODGE OF THE YEAR-TIER 2-2007

INTERNATIONAL LODGE OF THE YEAR -TIER 2- 2007

ORD FRA PRESIDENTEN

On December 1st, Mary Beth and I will be celebrating our **150th Month-iversary**, a name we coined 150 months (12 years + 6 months) ago to commemorate our wedding date of June 1st back in 1996. Since then, we do something special on the 1st of every month: whether it's a trip, a night/dinner out or just looking at one of her 50 scrapbooks to celebrate that occasion. You're probably asking why we do it or why I'm even telling you about this? Good questions! One of us was almost 60 (guess who?) when we got married **150 Month-iversaries** ago and we figured we might not live long enough or be together long enough to celebrate our 25th Anniversary let alone our 50th Anniversary.

In February 2008, Mary Beth and I were privileged to help Henrik Ibsen Lodge #6-07 in San Francisco celebrate their **100th** Lodge Anniversary. In November 2008, I was pleased to go to Chico to join Viking Lodge #6-89 in celebrating their **40th** Lodge Anniversary. In January 2010, our own Vikings of

Lake Lodge #6-166 will celebrate our **5th** Anniversary followed two months later (March 2010) with Fram Lodge #6-13 in Eureka celebrating their **100th** Anniversary! Here is the point (bottom line): not all **individuals** will make it to their 100th birthday just as not all **couples** will make it to either their silver (25th) or golden (50th) Anniversary and not all **Lodges** will achieve their 50th or 100th Anniversary! Thus I am advocating, in the case of lodges (such as our own) that we celebrate our **Heritage and Culture** each and every month as if it was our **Month-iversary**! After all, life of a lodge (just as individuals and couples) is too short to do otherwise! **So, why not?**

Med Vennlig Hilsen,
Bedre og bedre, Maned for maned
(Better and better, month by month)

Carl Peter

OUR HERITAGE
AND CULTURESetup for Sunday

Saturday, December 13
Meet at the Community Center at **9:00am** to decorate. Bring your treasures for display.

Scandinavian
Christmas
Open House

Sunday, December 14

11:30am-1:30pm
(flyer inside)

Vikings of Lake Lodge
4th Anniversary
(48th Month-iversary)

Wednesday, January 21

6:00pm

Potluck Supper

Installation of 2009
Officers

(Mary Beth and Carl Peter
Ingvoldstad, Installing Officers)



TUSEN HJERTELIG TAKK TIL— — —

**Lute fisk Dinner
Workers**

—Marilyn and Howard Allmon, Pete and Jenny Johnson, Mary Beth and Carl Ingvoldstad, Souleah Scarbrough, Kris Kjera, Joyce Vaughn, Sheila Strom, Kris Andre, Ev and Denny Robison, Irene and Ingrid T isell, Thelma Dangel,

Tony Smith, Elsy Rasmussen and Eva Johnson (who ground the meat for all 600 meatballs, even though she was really sick!).

**Lute fisk and Meatball
Dinner Participants**

If the food gets cooked and no one comes, it doesn't matter how good it is. So,

thank you to all the members who supported the Lodge by sharing this meal together!

**LUTEFISK and LEFS E
FOR SALE!!**

See Page 2

BURSDAGER I DECEMBER

8-Souleah Scarbrough
 13-Pete Johnson
 14-Claire Grieve
 19-Elaine Marsh
 29-Gene Hill
 29-Lisa Ann Vaughn
 30-Bev Brown



**Lutefisk and Lefse, Takk Skal Du Ha!
 Vikings of Lake is selling it!
 Rah Rah Rah!**

1 dozen 12 inch lefse—\$10.50
 fresh from Larson's Industries, Santa Rosa, CA

and/or

1 3/4 lb package of Lutefisk —\$15.00

Order by December 9th: Call Mary Beth at 987-2404 for pick up at the Scandinavian Christmas Open House on December 14th



'SKÅL' MOST POPULAR WITH BEER

Beer remains the drink of choice in Norway, but wine continues to steadily gain popularity. New figures from Norwegian state statistics bureau (SSB) show that consumers in Norway prefer beer when it comes to drinking alcoholic beverages.

The average Norwegian bought around five bottles of wine, 30 half-liters of beer and one bottle of liquor during the first three months of the year. The biggest increase was seen in wine sales. A total of 15.7 million liters of wine were sold in Norway during the first quarter, up 4.7 percent from the same period last year. Since 1996, wine sales in

Norway have nearly doubled, while beer sales have increased around 10 percent.

State health officials estimate that 10 percent of the population in Norway is behind half of all alcohol consumption in the country. More than 50,000 persons drink alcohol amounting to a half bottle of liquor every day.

Going out for a traditional half-liter glass of beer, though, has gotten expensive this summer. Recent surveys found prices for a half-liter as high as NOK 85 (USD 17), with about 17 kroner



going to the brewery, 8 kroner to the state in taxes and the remainder to the serving establishment.



CARL'S CORNER

**WHATEVER STAGE OF LIFE YOU'RE IN,
 LIFE INSURANCE CAN HELP SECURE YOUR
 FAMILY'S FINANCIAL FUTURE**

If you are like most people, you probably don't know how much Life Insurance you need or what kind you should buy. Because everyone's needs are different, the best way to develop a plan that's right for you is to talk to your Financial Benefits Counselor (FBC). Proper planning can generate a secure financial future for you and your loved ones, no matter what happens.

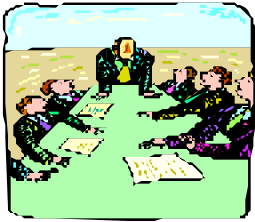
"SIGN ME UP!" That's what I said when I heard Sons of Norway is 113 years old, financially strong and has very competitive life insurance and annuity rates. Call your Financial Benefits Counselor, Carl, at 987-2404 or 1-866-834-1932 or email him at cingvoldst@aol.com.

MISSION STATEMENT OF SONS OF NORWAY

The mission of Sons of Norway is to promote and preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.



2009 LODGE OFFICERS -TUSEN TAKK FOR SERVING OUR LODGE



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Carl P. Ingvaldstad 987-2404

VICE PRESIDENT*

Kris Andre 279-8550

COUNSELOR

Eva M. Johnson 279-4836

SECRETARY

Mary Beth Ingvaldstad 987-2404

MEMBERSHIP SECRETARY

Joyce Vaughn 998-3583

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Irene Tisell 263-4632

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Sarah Christensen

Else Rodrigues 523-4541

Eva Johnson (Supplies)

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Joyce Vaughn

Lisa Farestveit -Bever 987-1100

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Souleah Scarbrough 995-0690

Sheila Strom 350-7404

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Dennis Robison

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Mary Beth Ingvaldstad

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JoAnne Swenson 279-8264

Bev Brown 279-4815

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Sharon Lewis 277-9345

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SPORTS DIRECTOR*

Ingrid Tisell 263-4632

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Mary Beth Ingvaldstad

Ray Tisell 263-4632

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Joanne Swenson

TUBFRIM

Evelyn Robison

ADOPT-A-SCHOOL COORDINATORS

Sharon Lewis

Thelma Dangel 279-1335

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2-yr- Thelma Dangel*

1-yr - Henning Rasmussen 277-7726

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Bob Clark

279-0763

ASSISTANT AUDITOR

Barbara Swanson

LANGUAGE INSTRUCTOR

Irene Tisell

YOUTH DIRECTOR

Souleah Scarbrough

CALLING COMMITTEE

Elsie Voss

998-1252

Irene Tisell

** new to the office this year*



VESTAFOR- VELKOMMEN TILBAKKE!



From about 5pm until after 6pm, Mikkel, Ginny and Toby worked with the Lodge's dance class to learn several new dances. Leif, Lars,

Ingrid and Irene Tisell, Ev and Denny Robison, Mary Beth and Carl Ingvaldstad and Thelma Dangel got their workout! Then at 7pm the instructors began their program! Wow—it was wonderful! We hope to have this talented trio back next year to possibly perform at the Soper-Reese Theatre in Lakeport for those who missed out on this special evening!

They play several instruments,

dance beautifully, tell fascinating stories and the time flew by much too fast. Tusen takk, Vestafor!



LUTEFISK DINNER SUCCESS

40 pounds of frozen lutefisk in your bathtub? Oh my! The store forgot to thaw it out for us so it had a Friday night bath!!



Irene is helping Ingrid butter the lefse properly.

Our happy cooks: Jenny Johnson, Leah Scarbrough,



Marilyn Allmon and Sheila Strom.



Jenny, our lutefisk cooker, decided to boil it in cheesecloth this year and it turned out wonderful!! Marilyn is the master of the cucumber salad (Agurk salat)!



Sheila makes a mean brown gravy and then changes

.....to her waitress attire to help Kris Andre serve. Such teamwork!



Seven members of Centennial Lodge in Vacaville join the Mjatveits, Bev Brown and June Gloege in chowing down along with the Soderquists from Ukiah

After an evening of rolling meatballs and buttering lefse the Robisons get to eat along with Irene and Lars Tisell. Kris Kjera eats her dinner and then it's back to work!



It takes many hands and many mouths and all are greatly appreciated!

KIDS' CORNER—COOKIE CUTTER ORNAMENTS

- Different colored felt
- Ribbons, Jingle Bells, etc.
- Different shaped cookie cutters (large cutters work better)
- Cotton Balls
- Sharpie Marker
- Yarn (any color)
- Hole punch
- Fabric glue

Difficulty: Easy Age: 2 and up

Trace cookie cutters with marker on the felt. Make two tracings of the same cookie cutter. Cut out along marker line.

Place both cut-outs together. Hole punch around the outside of the pattern. Loop yarn through holes leaving one end open. Take cotton balls and pull apart slightly to create a batting. Stuff cotton balls into shape. Continue to loop yarn around shape to close the open hole. Glue embellishments to ornament and let dry. Create yarn hanger to hang on Christmas tree.





**4th Annual
Scandinavian Christmas
Open House
Sunday December 14, 2008
11:30AM to 1:30PM**

**Galilee Lutheran Church
Community Center
8860 Soda Bay Road - Kelseyville**

Scandinavian Christmas Décor

Assorted Delicacies to enjoy, including:

Lefse, Swedish Pancakes, Danish
Æbleskiver, Krumkaker, Open-faced
Sandwiches and more!

Hosted By:

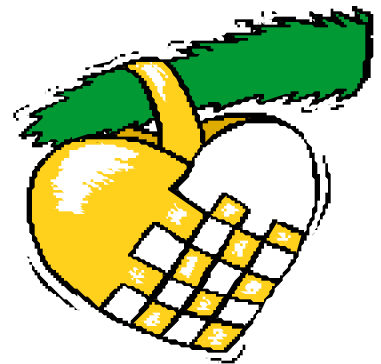
Vikings of Lake
Lodge #6-166

SONS OF NORWAY



Gledelig Jul

Everyone Welcome!
Free Will Offering!



Swedish Santa Lucia Pageant at 12:00pm

Singing Norwegian Carols
around the Christmas Tree at

Specialty Items for Sale Raffle

SWEDISH COUNTIES/PROVINCES



Halland County is a county on the western coast of Sweden. It corresponds roughly to the cultural and historical province of Halland. The capital is Halmstad.

It borders the counties of [Västra Götaland](#), [Jönköping](#), [Kronoberg](#), [Skåne](#) and the sea of the [Kattegat](#).

Counties mainly serve administrative purposes in

Sweden. The culture and history of the area is to be found in its provincial counterpart [Halland](#). The county was designed with virtually the same boundaries as the province. The major exception is a part of Hylte Municipality which belongs to the province of [Småland](#).



Kungsbacka in Halland

Among the main responsibilities of the Halland County Council ([Landstinget Halland](#)) are public health care issues

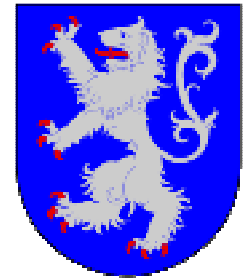
Halland was under Danish rule until 1645. Given over to Sweden, it was an extremely poor area at that time. More peaceful conditions after 1676 helped it to begin to flourish, however, poor conditions existed well into the 20th century causing large numbers of emigrants. It is now the fastest growing Swedish province due to the Northern parts becoming suburbs of Gothenburg.



Hallands Län



Halland Province



FAMOUS SWEDISH AMERICAN- MAMIE DOUD EISENHOWER

Mamie Eisenhower's bangs and sparkling blue eyes were as much trademarks of an administration as the President's famous grin. Her outgoing manner, her feminine love of pretty clothes and jewelry, and her obvious pride in husband and home made her a very popular First Lady.

Born in Boone, Iowa, Mamie Geneva Doud moved with her family to Colorado when she was seven. Her father retired from business, and Mamie and her three sisters grew up in a large house in Denver. During winters, the family made

long visits to relatives in the milder climate of San Antonio, Texas.

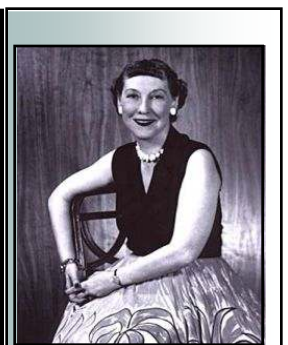
There, in 1915, at Fort Sam Houston, Mamie met Dwight D. Eisenhower, a young second lieutenant on his first tour of duty. She drew his attention instantly, he recalled: "a vivacious and attractive girl, smaller than average, saucy in the look about her face and in her whole attitude." On St. Valentine's Day in 1916, he gave her a miniature of his West Point class ring to seal a formal engagement; they were married at the Doud home in Denver on July 1. They had two sons, Doud Dwight who died in 1922 at the age of four and John, who followed his father into the

Army, became an author and was Ambassador to Belgium.

Being a military wife, she once estimated that in 37 years she had unpacked her household at least 27 times. Each move meant another step in the career ladder for her husband, with increasing responsibilities for her.

When Eisenhower had campaigned for President, his wife cheerfully shared his travels; when he was inaugurated in 1953, the American people warmly welcomed her as First Lady.

After leaving the White House, they retired to the first home they ever owned, a Gettysburg, PA farm.



First Lady Mamie

1896-1979

Her mother, Elvira-Mathilde Carlson Doud was from the Province of Halland, Sweden. See above article.

A Little in English...Christmas

“It’s a shame to dream of summer at Christmas time,” according to the old Norwegian proverb. Here are some Christmas words—can you guess what they mean? Many resemble the English equivalents and many start with “jul-” meaning Christmas. Pay attention to the end of the word. Compare these to the English words on the other side.



advent

barn / barne

gløgg

grønn

hilsen

jul

julaften

julebord

julegave

julegris

julegrøtt

julepynt

juletre

kake

lefse

lutefisk

rød

sanger

slektinger

småkaker

snø

Litt på norsk.....Jule

“Det ville være en skam å lengte etter sommeren så lenge i den tiden det er jul i huset,” følger Norsk folketro. Her er noen juleord—kan du gjette hva de betyr? Mange ligner de engelske ordene, or mange begynner med jul-sa ta hensyn til ordets ende Svarene finnes på den norske siden.

advent

child / children

gløgg – Norwegian mulled wine

green

greeting

Christmas

Christmas Eve

Christmas Table – a traditional meal

Christmas present

Christmas pig, slaughtered for dinner

Christmas porridge

Christmas decorations

Christmas tree

cake

lefse

lutefisk

red

songs

relatives

cookies

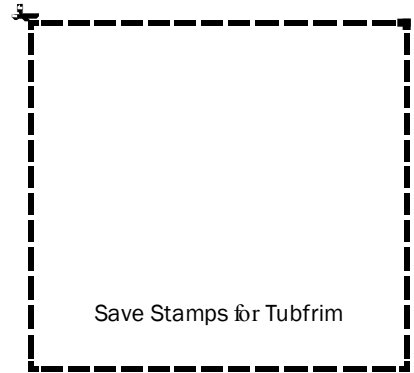
snow



LAKEVIEWS


the official publication of
**VIKINGS OF LAKE
LODGE #6-166
SONS OF NORWAY**

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God Jul, Alle Sammen!

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