



Vikings of Lake Lodge  
#6-166

2007— District 6 and  
International Lodge of the Year

First Place Newsletter Recipient

## OUR HERITAGE AND CULTURE

### Wednesday, August 19th Heritage & Culture Night

6:00pm—Smørbrød (Open  
Faced Sandwiches) \$5.00

7:00pm—*"My Grandmother  
Ironed the King's Shirts"*—  
Tall Tales and True Stories

7:15pm—Norsk Bingo Bring  
your pennies!

**Kretsstevne at  
Camp Norge Sept 5-7**  
See flyer inside.

### Wednesday, Sept 16th A Special Danish Night

6:00pm-Frikadellar, Rødkal,  
Kartofler, Gulrøder og vin  
(meat cakes, red cabbage, po-  
tatoes, carrots and wine)  
\$6.00

7:00pm—**Six Sigma Winery**  
Danish Family Owned Winery  
Guest Speaker:  
Christian Ahlmann

The fascinating story of this  
Lake County winery followed  
by—Wine Tasting

**Fall Rosemaling  
at Camp Norge—  
Sept 25-27**

For more information see our  
terrific Camp Norge  
Ambassadors, Chris and Vale  
Hanzel.

# LAKE VIEWS

AUGUST 2009  
SCANDINAVIANS UNITED!

We Meet at:

Galilee Lutheran Church Community Center  
8860 Soda Bay Road, Kelseyville, CA 95451  
Call for dates and times: 987-2404



SONS OF NOR-

## BESKJED FRA PRESIDENTEN

### Nordic Fest Fix

A lot of people say you can't go home—I totally disagree! I suppose, in some ways, you can't really go home because either it never changes or it always changes in some respects. Mary Beth and I spent ten days (1675 miles) on the road in MN, ND, IA and WI visiting family, friends and places. Rather than give you a list of all we did, suffice it to say we had a wonderful trip and, for the most part, we had super weather.

I would like to focus on two places: Decorah and Spillville, Iowa. As most of you know, Decorah is my home town and they were hosting their 43rd Annual Nordic Fest whilst we were there. Between viewing the Nordic Fest Parade (no Pork Queen this year-Darn),

watching the Nordic Dancers, eating Scandinavian foods, visiting Vesterheim Museum, dancing in the streets and seeing old friends—I got my **Nordic Fest Fix!**

As to Spillville, we spent three nights in this amazing little town (10 miles south of Decorah) at the charming Taylor-Made B&B on Main Street. Across the street was the **Bily Clocks Museum** which houses the "world famous" collection of hand-carved clocks. The two Bily Brothers were farmers who carved clocks in the winter months for over 60 years yet never traveled over 35 miles from their birthplace! In 1928, Henry Ford offered them \$1 million for their American Pioneer History Clock and they turned him down! Upstairs in the mu-



seum is the equally wonderful Antonin Dvorak exhibit. This Czech composer and his family spent the summer of 1893 finishing up his elegant "New World Symphony".

In closing, what a treat seeing this place after seeing Dvorak's childhood home museum in Prague, Czech Republic in October 2008. Funny thing, all this "stuff" was in Spillville during my 20 years growing up in Decorah but I never went to see this GREAT MUSEUM— Sometimes you just gotta go home!

Med Vennlig Hilsen,  
*Carl Peter*

## TUSEN TAKK TIL --

-*Eva Johnson* for hosting us at her home for the Midsummer's Eve event. As busy as she is, she always shows us a great time!

-*Mary Beth and Carl Ingvaldstad* for their fun Slapp Av Med Venner og Mat at their home in July.

-*The Tisell Family* for folding, stamping and mailing the newsletter each month.

-*Joyce Vaughn* for doing such a bang-up job as our Membership Secretary! Our lodge earned a *Founder's Award* and \$50.00 from International for

membership growth of 3% or more in 2008. So far in 2009, we lead our Zone with an 8% growth! Keep up the good work, everyone!



**BURSDAGER I AUGUST**

- 3-Mary Beth Ingvoldstad
- 4-Michael Anderson
- 5-Dennis Robison
- 6-Sally Weman
- 7-Marvin Hanson
- 12-Richard Larsen
- 16-Bob Clark
- 22-Betty Andre
- 25-Rebecca Dierssen
- 27-Eva Johnson
- 20-Lorena Fisher

**Heritage Members**

- 5-Colin Dierssen (7)
- 7-Sebastian Sharp (16)
- 24-Cassady Bever (13)

*Hurrah for deg som fyller ditt år!*



**NEW — LODGE DISCOUNT PROGRAM**



Sons of Norway is excited to launch a new, exclusive benefit for lodges! A new partnership with FedEx/Kinko's will provide a 35% discount on all black/white or color printing/copying; 15% discount on banners, binding, design services, etc; 10% off all in-store merchandise.

Simply present the National Discount Number:

**0456497721**

**Sons of Norway**

This offer is valid for Sons of Norway lodge-related use only.

Questions? Call Michael Brandjord at 800-945-8851.

**SANKT HANS AFTEN—JUNE 20TH AT EVA JOHNSON'S**



The fare of Pølser med lump (hot dogs in thick lefse) were a hit along with the Reker med Skal (prawns with shells) og brød (and bread). Lots of good fruit and, of course, Eva served up that great ice cream with lots of



gooey good toppings. Yummy!

Almost 40 people came together again for another fun night on the lake.

Most folks had to get a little bundled up as they enjoyed the great food and drink. The wind was a bit chilly but the sun and the fellowship were warm.



**Sheila, Hans and Schatzi chow down!**

**Sarah Christensen** helped **Shannon Ford** try her hand at fishing off the dock. It was Shannon's first time. Not really successful but lots of fun!



**Somebody— catch a fish!**

**OPERATION TANGO MIKE**



June 18th was Packing Day for Tango Mike. Shannon and Sean Ford packed the boxes for their Dad, Henry, and brother, John, both serving in Iraq.



accepted!

The requests for packages has grown tremendously. Please remember to bring items to the meetings to put in our box. Monetary donations are also

Ginny and Carl at the Lake County Milers Walk-a-thon benefiting this cause among others.



## FRIEND BOB RASMUSSEN—1936-2009—CENTENNIAL LODGE #6-161



Bob was one of those people on whom you could depend. He worked tirelessly for Sons of Norway, the Yountville Veterans Home and Elks Lodge 559 in Vallejo.

## SURSTRÖMMINGSPREMIÄR

("soured (Baltic) herring") is a northern Swedish dish consisting of fermented Baltic herring. *Surströmming* is sold in cans, which often bulge during shipping and storage, due to the continued fermentation. When opened, the contents release a strong and sometimes overwhelming odor, which explains why the dish is often eaten outdoors.

The herring is caught in spring, when it is in prime condition and just about to spawn. The herring are fermented in barrels for one to two months, then tinned where the fermentation continues. Half a year to a year later, gases have built up sufficiently for the once

As a member of our Mother Lodge in Vacaville, he thought of us often by bringing a carload of folks up for our lutefisk dinners, to the first Knut Erik Jensen Concert plus then helping to gather donations at the door, donating special books to our

cylindrical tins to bulge into a more rounded shape. These unusual containers of surströmming can be found in supermarkets all over Sweden.

Surströmming is often eaten with a kind of bread known as *tunnbröd*, literally "thin bread". This thin, either soft or crispy bread (not to be confused with crisp bread) comes in big square sheets.

Usually an open sandwich is made with surströmming and a number of other ingredients. Boiled potatoes (often *mandelpotatis* or almond potatoes are common, as are diced onion. Other common ingredients are *gräddfil* (fat fermented

Library and always being positive about our successes.

He was a very special person and will truly be missed by many. His wife of 50 years, Helen, it seems, couldn't live without her husband and passed away 5 days later.

*We will miss you both!*



milk/sour cream) or *crème fraîche*, chives and sometimes tomato. The surströmming sandwich is served with *schnapps*, beer, *svagdricka*, water or cold *mlk*. It is quite common for surströmming to be served as the focus of a surströmming party.

*Generally considered to be an acquired taste, is this Sweden's answer to lutefisk?*

Surströmmingspremiär is the Swedish Sour Herring Festival on August 20th. Still time to fly on over!

## VIKINGS OF LAKE OFFICERS –2009

**Pres**-Carl Ingvaldstad 987-2404  
**VP**- Kris Andre 279-8550  
**Counselor**- Eva Johnson 279-4836  
**Secretary**-Mary Beth Ingvaldstad 987-2404  
**Membership Secretary**-  
 Joyce Vaughn 998-3583  
**Treasurer**-Irene Tisell 263-4632  
**Social Directors**-Ross Christensen 998-9550  
 Sarah Christensen  
 Else Rodrigues 523-4541  
 Eva Johnson (Supplies)  
**Cultural Directors**-  
 Evelyn Robison 279-4385  
 Dennis Robison  
 Joyce Vaughn  
 Lisa Farestveit-Bever 987-1100

**Marshals**-  
 Souleah Scarbrough 245-4333  
 Sheila Strom 350-7404  
**Librarian**-Dennis Robison  
**Editor**-Mary Beth Ingvaldstad  
**Asst Editor**- Lillie Hanson 928-5448  
**Newsletter Distributors**-  
 The Tisell Family  
**Greeters**-Barb Swanson 262-0636  
 JoAnne Swenson 279-8264  
 Bev Brown 279-4815  
**Foundation Dir**- Carl Ingvaldstad  
**Historian**- Sharon Lewis 279-9345  
**Publicity Director**-Eva Johnson  
**Sports Director**-Ingrid Tisell  
**Musicians**-Ray Tisell  
 Mary Beth Ingvaldstad  
**Sunshine**-JoAnne Swenson

**Tubfrim**- Evelyn Robison  
**Adopt-a-School Coordinators**  
 Sharon Lewis  
 Thelma Dangel 279-1335  
**Trustees**- Thelma Dangel  
**Auditor**-Bob Clark 279-0763  
**Asst Auditor** BarbSwanson  
**Language Instructor**-  
 Irene Tisell  
**Youth Director**-  
 Souleah Scarbrough  
**Webmaster**-  
 Marvin Hanson  
 928-5448



## SLAPP AV MED VENNER OG MAT—JULY 11TH—INGVOLDSTADS'



Lise and Tom Bonomi chat with Denny Robison on the deck in the shaded comfort. Jared Bjerga and Jerry Doug-

las eavesdrop from the corner. Over 30 members and guests came together for this potluck event. Lots of good food as usual!

The weather was exceptionally nice and, for Jo Swenson's sake, none of the wasps decided to share in our event this year!

The hummingbirds, as always, were buzzing around getting their fill, also.

Irene Tissel, Chris Hanzel and Marv and Lillie Hanson relax while Audrey Dierssen entertains Grandpa Bob Clark as Mom Rebecca looks on.



## HVOR ER DU FRA?—SHARE THE SOURCE OF YOUR ROOTS!



Kris Andre points out the area where her ancestors came from in Norway. Chris Hanzel came up with a clever way for us to "put our name on the map"! We have a post-it arrow that you place pointing to the place where your family came from. You are assigned a number and that number goes on the post-it. A reference page will be attached to the easel so you can see which arrow belongs to whom. Someone may be amazed to find

that a fellow Lodge member is from the same place—maybe related! Ha!

So, get your information on a piece of paper and bring it to the next meeting.

If you are of Danish or Swedish extraction we will have those maps available, also!

## FRIEND SHARON MAHNKEN-1948-2009



Born October 16, 1948 to Samuel and Alta Mahnken, Sharon passed away on July 24th at the place she loved—Camp Norge in Alta, CA.

Survived by her brother, Steven A. Mahnken; four beloved nephews, two grandnieces and two grandnephews; aunts, Dorothy, Patricia, Hazel and Kathy; uncles, Al, Patrick and Earl.

Sharon was a long time member of the Sons of Norway, Daughters of Norway and the RV Carvers. She was a beloved aunt and woodworker extraordinaire; she will be missed.

*Ed.* A friend of Vikings of Lake, Sharon visited several times to demonstrate woodcarving and Hardanger and participate in our Scandinavian Christmas Open House. She was a truly talented artist and good friend.

## CULTURAL SKILLS PROGRAM UNIT 2—NORWEGIAN LITERATURE

### GUNNAR'S DAUGHTER—BOOK REPORT BY MARY BETH INGULDSTAD

**Sigrid Undset** is a Norwegian novelist who received the Nobel Prize in 1930 (the same year as American Sinclair Lewis) for her trilogy, *Kristin Lavransdatter*. This particular historical novel was her first and was written in 1909. She is writing about a transition period between the Viking era and the Christian Middle Ages. In the introduction the comment is made: *Its narrative reads like a fairy tale repeatedly interrupted by reality.*"

The story begins as a love story between **Vigdis Gunnarsdatter**, of Norway, and a visitor, **Ljot**, of Iceland. Young people who meet and are smitten with one another until he takes undo advantage of her and

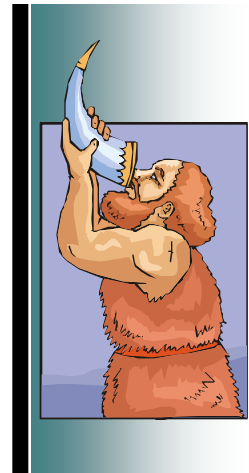
she banishes him from her sight. She bears a child and the plot certainly thickens. She leaves the baby in the woods but he is saved by her stepmother. The boy, named **Ulvar**, is never told anything about his father as she becomes more and more bitter toward him for never contacting them.

Becoming a very tough woman, **Vigdis** revenges the murder of her father herself. She then petitions the King, **Olav**, for a judgment at the "Thing" (high court) for compensation from those who not only murdered her father but burned their home to the ground. She receives enough money to rebuild her childhood home, "Vadin".

In manhood, **Ulvar** goes out to sea and is rescued from a certain death in Scotland by a man who calls himself **Upsak** (Imprudent). The boy is smitten with the man and invites him to his home. **Vigdis** immediately recognizes him as **Ljot**. She asks her son to kill him and bring his head to her.

**Ljot** had been married in Iceland and had had 3 children. His whole family died tragically. He had always pined for **Vigdis** and when he realizes she wants him dead, he kills himself in front of his son. **Ulvar** brings **Ljot's** head to his mother, as she wished!

**Ulvar** leaves for the sea and never returns. **Vigdis** dies 10 years later—all alone.



*This book gives one a sense of the times, a sense of the Saga Era without being tedious historical facts. I recommend it and you'll find it in the lodge library.*

### DITT OG DATT

-Both the **Ingvoldstads** and the **Robisons** had 8 and 10 year old grandchildren with them for a week during this summer! They enjoyed the visits!

-**Joyce Vaughn** and **Elsie Voss** spent 3 weeks car-touring throughout Washington, Montana and in to Canada. They're still speaking! :-)

-The **Allmons** helped entertain their in-laws, from New Zealand ,during July with a trip through the Redwoods.

-**Ingrid and Irene Tisell** spent 3 weeks in Norway visiting friends and family!

-Heritage Member, **Audrey Dierssen**, graduated from Precious Moments Preschool in Lakeport.

- Please contact your Editor with news!!!

### CONGRATULATIONS!

## Ruby Glebe's 95th birthday party

**Kate Mathiasen Gray**  
Contributing writer

**PTOLEMY** — Mrs. Ruby Glebe, Lake County Homebody for the past 10 years, was honored on her 95th birthday Saturday, July 25, at a party with more than 120 guests at the Sunley Grange, where she has been a member for 60 years.

The party, hosted by Glebe's daughter-in-law, Mrs. Uta Davis of Lakeport, and assisted by granddaughter, Dr. Michelle Terrance of Seattle, and Mrs. Kathy Irwin of Lakeport — included a BBQ spearheaded by grand-nephew Mr. Dennis Reynolds of Raineyville, and assisted by grand-nephew Mr. Dennis Reynolds and others. The entertainment included a "roast" by Mrs. Patsy Moreno, who told humorous anecdotes from Glebe's past and recounted items from Glebe's many years of public service during her 70 years as a Lake County resident.

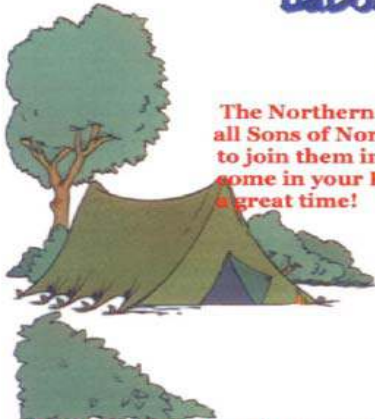
Dr. Terrance led the group in the birthday song and MC'd the festivities.

Courtesy photo

Ruby Glebe celebrated her 95th birthday with more than 120 friends and family last Saturday.

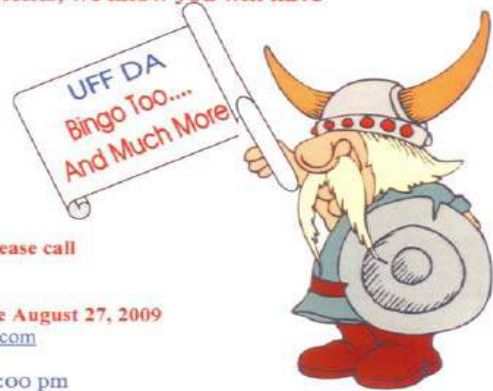


# Northern California Kretsstevne Labor Day Weekend at Camp Norge September 5, 6, 7, 2009



The Northern California Kretsstevne Committee invites the members of all Sons of Norway Lodges in Northern California and, surrounding areas to join them in a weekend of fellowship, friendship and fun. Whether you come in your RV, stay in the dorm's, or bring tents, we know you will have a great time!

- ★ **Planned Activities...**  
 Horseshoe Tournament  
 Meadow Faire  
 Games for all ages  
 Dancing  
 Raffle  
 Barbecue



Need Camp Norge Room Accommodations? The rooms fill up quickly so please call ASAP...530.389.2508. (No reservations required for RV's and Tents).

Meal Packages *will not* be available at the event. Meal Registration Deadline August 27, 2009  
 Questions? Call Eileen Conlan @ 415.595.4812 or E-mail: [Leen1027@gmail.com](mailto:Leen1027@gmail.com)

Calls will be returned after 7:00 pm

cut here and return  
**Northern California Kretsstevne 2009  
 Meal Pre-Registration**

Make checks payable to: NCK (Northern California Kretsstevne)  
 Send to: Eileen Conlan, 487 Manor Drive, Pacifica, CA 94044  
 Questions? Call Eileen Conlan @ 415.595.4812  
 Calls will be returned after 7:00 pm or E-mail: [Leen1027@gmail.com](mailto:Leen1027@gmail.com)

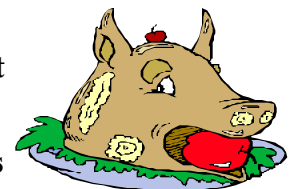
Lodge: \_\_\_\_\_  
 Name: \_\_\_\_\_  
 Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Telephone: \_\_\_\_\_ E-mail: \_\_\_\_\_



<b>Meals:</b>	
Saturday Breakfast	No. of Adults _____ x \$ 6.00 = _____
Saturday Lunch	No. of Adults _____ x \$ 6.00 = _____
Saturday Dinner (BBQ)	No. of Adults _____ x \$11.00 = _____
Sunday Breakfast	No. of Adults _____ x \$ 6.00 = _____
Sunday Lunch	No. of Adults _____ x \$ 6.00 = _____
Sunday Potluck	No. of Adults _____ x \$ 6.00 = _____
Saturday Breakfast	No. of Children _____ x \$ 4.00 = _____
Saturday Lunch	No. of Children _____ x \$ 4.00 = _____
Saturday Dinner (BBQ)	No. of Children _____ x \$ 7.00 = _____
Sunday Breakfast	No. of Children _____ x \$ 4.00 = _____
Sunday Lunch	No. of Children _____ x \$ 4.00 = _____
Sunday Potluck	No. of Children _____ x \$ 4.00 = _____
Meal Package	No. of Adults _____ x \$33.00 = _____
"	No. of Children _____ x \$21.00 = _____

Total \$ \_\_\_\_\_  
 Meal package includes Kretsstevne Pin

**Notice !Notice!** —Instead of a potluck dinner on Sunday night, Alex Scheflo is going to BBQ a pig on a pit, provide a keg and all that goes with such a special meal. Alex is donating this special treat...for FREE. The Recreation Center Board will accept voluntary donations to the building fund if you wish to thank Alex for his generosity and efforts.





### Are you following Sons of Norway?

Are you on Twitter? How about Facebook? Are you blogging or posting videos to YouTube? Sons of Norway is and we'd love for all members and lodges to be a part of our online community.

#### Twitter:

If you're interested in getting Sons of Norway updates while you're on the go, consider joining us on Twitter. By going to [twitter.com/sonsofnorway](http://twitter.com/sonsofnorway) you can follow along with us at events, learn about new resources and be alerted to new posts over at the Sons of Norway blog. The best part is you can follow us on your computer or via cell phone so you never have to miss out on the latest from Sons of Norway!

#### Sons of Norway Blog:

Since last summer Sons of Norway has been blogging about everything from Norwegian language to news items of interest to members. Go to [sonsofnorway-blog.blogspot.com](http://sonsofnorway-blog.blogspot.com) to read more and see what Sons of Norway is up to.

#### Facebook:

Did you know there are more than 40 groups on Facebook that are dedicated to Sons of Norway? Some pages are for specific lodges and districts, while others are for the organization as a whole. Just log into your Facebook page and search for "Sons of Norway" to see all the different groups available to members.

#### Join us today!

We're really excited about all of these new social networks because they have great potential for bringing members together in the celebration of Norwegian heritage and culture. That's why we want to invite all members to join us and help build a strong online community. If you're already on Twitter or Facebook, join the Sons of Norway network today! If you haven't taken the plunge yet, check it out and learn more about these exciting new ways to be part of Sons of Norway.



### Gear up for the lodge recruitment blitz!

Beginning September 15, Sons of Norway will launch a great way for you to get involved with your lodge *and* support this great organization: a lodge recruitment blitz. With your fellow lodge members, you'll welcome new members individually, work to plan lodge events with a membership component and engage in a little healthy competition with lodges across the organization.

The details are simple: recruit new dues-paying members during the three month period. The lodge in each category, small and large, that recruits the most new members will win a grand prize! Stay tuned for information about the campaign and prize and get ready to recruit!

Complete contest information will be available starting September 1st, 2009 at [www.sonsofnorway.com](http://www.sonsofnorway.com).

### WHATEVER STAGE OF LIFE YOU'RE IN—LIFE INSURANCE CAN HELP SECURE YOUR FAMILY'S FINANCIAL FUTURE!

If you are like most people, you probably don't know how much Life Insurance you need or what kind you should buy. Because everyone's needs are different, the best way to develop a plan that's right for you is to talk to your Financial Benefits Counselor.

Proper planning can generate a secure financial future for you and your loved ones, no matter what happens.

Feel free to contact me for more information.

*Carl Ingvoldstad*

Home: 987-2404

Cell: 580-8052

[cingvoldst@aol.com](mailto:cingvoldst@aol.com)

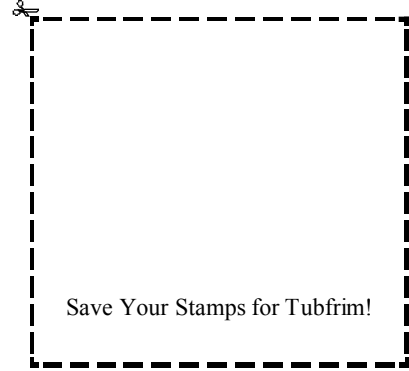


#### Attention:

**New Membership Directories will be available at the August Heritage and Culture Night.**

**We are on the web!**  
**www.vikingsoflakelodge.org**

the official publication of  
**VIKINGS OF LAKE LODGE #6-166**  
**SONS OF NORWAY**  
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