



Vikings of Lake Lodge
#6-166

**2007— District 6 and
International Lodge of the Year
First Place Newsletter Recipient**

VOLUME 5 ISSUE 4

LAKE VIEWS

**APRIL 2009
SCANDINAVIANS UNITED!**



SONS OF NORWAY

We Meet at:

Galilee Lutheran Church Community Center
8860 Soda Bay Road, Kelseyville, CA 95451
Call for dates and times: 987-2404

OUR HERITAGE AND CULTURE

Swedish Night

Wednesday, April 15th- 6:00pm
Janssen's Fristelse, Bønner og
Knekkebrød \$6.00

"The Falun –Roros Expedition"

An historic journey with horse and sled from Sweden to Norway. A beautiful documentary on DVD.
Don't miss it!

Prospective New Member Luncheon

Sunday, April 19-1:00pm
Bring a guest and you both enjoy a free catered lunch! Learn a lot about Sons of Norway!

Youth Night

Wednesday, May 20th-6:00pm
Okay, young people, come share your talent with us! Do you play an instrument? Do you write poetry?
Can you sing?
Call Youth Director, Souleah!
Watch for more details in May newsletter!

BESKJED FRA PRESIDENTEN

As promised, this month I will tackle the "lost art" of **Riting** letters to friends and loved ones. The closest we seem to get to writing someone these days is by sending our thoughts via email, a "chatty" Christmas letter or birthday/ anniversary greetings. I can still remember the letters I got from both my Dad and Mom while at St. Olaf College and in the Air Force until both were gone—I treasured those short but meaningful letters!

Fifteen years ago, Mary Beth and I were first dating and I can still remember her asking me, using the "magic words": can I write to you? (At the time she was in Colorado and I was in the South Pacific.) I remember saying that I'd really love that but I would probably just be calling and

not writing her back!

I can still remember the words to the song of over 50 years ago entitled "I'm Gonna Sit Right Down and Write Myself a Letter" with words as follows:

I'm gonna sit right down and write myself a letter and make believe it came from you. I'm gonna write words, oh so sweet, They're gonna knock me off my feet. A lot of kisses on the bottom, I'll be glad I got 'em. I'm gonna smile and say I hope you're feeling better and close with love the way you do. I'm gonna sit right down and write myself a letter and make believe it came from you.

Please, sit down and write yourself as well as your

friends, kids, grandkids or other relatives a letter every

now and then! While you're at it, write them and ask them to join in the fun in Sons of Norway, whether our lodge or a lodge in their area. If they're an adult, consider giving them a Gift Membership from you—aren't you the thoughtful and sharing person! If they're a child.....membership is free! Talk to Joyce Vaughn, our Membership Secretary!

Look for the **third R** in May—until then, enjoy April, now hear!

Med Vennlig Hilsen,

Carl Peter



TUSEN TAKK TIL —

-Ross and Sarah Christensen for the Lapskaus and **Mary Beth Ingvaldstad** for the leise on March 18th. Yum, yum!

-The desserts were also delicious and we thank **Thelma Dangel, Claire Grieve and**

Nancy Stange! Hosts/ hostesses are needed every month!

-Barbara Swanson has been working as Knut Erik Jensen's "stateside accountant" and we appreciate her due diligence with this difficult task!

All Members who have signed up their children and grandchildren as Heritage and Unge Venner members. This is FREE and the young folks receive their own quarterly magazine, *Viking for Kids!*



Special Events

- May 2-3 Norway Day at Fort Mason (p 5)
- May 16-Vikings of Lake Lodge Yard Sale Joanne Swenson, Chair (p 6)
- Memorial Day at Camp Norge (p 7)

BURSDAGER I APRIL

3-Elsy Rasmussen
 4-Jim Coomes
 24-Evelyn Robison
 26-Mike Salter
 26- Larry Johnson
 28-Sharon Lewis

Heritage Members

5-Alex Castillo (7)
 12-Arian Coster (10)
 26-Matthew Leon (3)

Unger Venner Members

6- Kayla Whitchurch (21)



Velkommen Nye Medlemmer!

Chris and Vale Hanzel
 PO Box 24
 Cobb, CA 95426
 928-1060
 c.hanzel@mchsi.com
 v. hanzel@mchsi.com

2009 STARS RECIPIENT-WOMEN'S LIFETIME ACHIEVEMENT AWARD

Eva Johnson has been unselfishly giving of herself and caring for others here in Lake County for over three decades. Eva served for over ten years as a member of the Redwood Caregiver Resource Center Advisory committee. In that role, Eva strongly supported and advocated for all caregivers in Lake County.

She recognized the need early on for a special day-care program for people with Alzheimer's disease and dementia. Without this invaluable resource, many caring families went with-

out respite from their caregiving responsibilities, while dementia patients became increasingly isolated.

The Alzheimer's Day Care Program of Clearlake liberated family members and gave them time to enjoy their lives again, while enhancing too, the lives of the Alzheimer's and dementia patients.

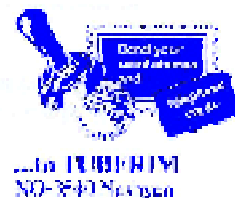
Eva's day care program brings together patients for meals, group activities and even to enjoy local talent and entertainment. She also sponsors a support group for family members

of patients to help them understand and deal better with the challenges they face.

Best of all, Eva loves what she is doing and obviously cares for the people for which this program was created for. She is truly an extraordinary individual making lives better for so many!

Eva's long-term inspiration...dedication...devotion...hard work and humanitarian ethic exemplify her distinction of being named this year's Lifetime Achievement recipient!

Star of Lake County- Eva Johnson



2008 TUBFRIM Winner

CONGRATULATIONS TO THESE MEMBERS :

Nominee for Man of the Year:
Ross Christensen

Nominee for Woman of the Year:
Elizabeth Larson

The drawing was held January 17, 2009 at Sol Byer Lodge #6-134 in Sun City, AZ. Ms. J. Radig from Sverdrup Lodge #4-107, Bismarck, N.D. won the round trip SAS airline ticket to Norway. Get your envelopes for cutting stamps from our TUBFRIM Chair, Ev Robison!!

LOOK AT THOSE DANCING FOOLS!



On March 18, 2009 our Dance Group performed for the Lodge Members. Three types of dances were part of the program: Song Dance, Couple Dance and Figure Dance. **Congratulations to Lars, Ingrid, Leif and Irene Tisell, Sharon Lewis, Thelma Dangel, Souleah Scarbrough, Dennis and Evelyn Robison!**



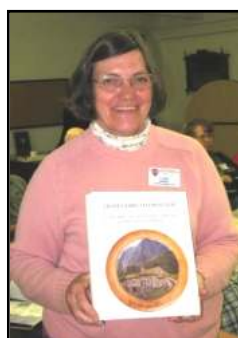
Vikings of Lake Leikarring earns their Level I Cultural Skills Medal for Norwegian Folk Dancing!



Heritage and Culture Night- Genealogy-March 18, 2009



Kirby Aasen shares a book telling of his family from South Dakota and then locates on the map the small town in Norway where they came from.



Claire Grieve brings her family's story of immigration to Canada. "Fjord to Frontier"



Thelma Dangel shares a bound bunad book with the group.

Mary Beth Ingvaldstad shares several books and charts from her family.



HELPING HANDS TO CHILDREN GRANT



Thanks to the Sons of Norway Foundation, we have been granted \$250 in

support of our rolling book bag for students program! Watch for the new bag distribution for the 2009-2010 school year. The Director of

the Foundation, Cindy Olson, will be visiting us from Headquarters in Minneapolis in October!



VIKINGS OF LAKE OFFICERS - 2009

Pres-Carl Ingvaldstad 987-2404
VP- Kris Andre 279-8550
Counselor- Eva Johnson 279-4836
Secretary-Mary Beth Ingvaldstad 987-2404
Membership Secretary-Joyce Vaughn 998-3583
Treasurer-Irene Tisell 263-4632
Social Directors-Ross Christensen 998-550
 Sarah Christensen
 Else Rodrigues 523-4541
 Eva Johnson (Supplies)
Cultural Directors-Evelyn Robison 279-4385
 Dennis Robison
 Joyce Vaughn
 Lisa Farestveit-Bever 987-1100
Marshals-Souleah Scarbrough 995-0690
 Sheila Strom 350-7404

Librarian-Dennis Robison
Editor-Mary Beth Ingvaldstad
Asst Editor- Lillie Hanson 928-5448
Newsletter Distributors-The Tisell Family
Greeters-Barb Swanson 262-0636
 JoAnne Swenson 279-8264
 Bev Brown 279-4815
Foundation Dir- Carl Ingvaldstad
Historian- Sharon Lewis 279-9345
Publicity Director-Eva Johnson
Sports Director-Ingrid Tisell
Musicians-Ray Tisell
 Mary Beth Ingvaldstad
Sunshine-JoAnne Swenson
Tubfrim- Evelyn Robison

Adopt-a-School Coordinators
 Sharon Lewis
 Thelma Dangel 279-1335
Trustees- Thelma Dangel (2 yrs)
 Henning Rasmussen (1 yr)
Auditor-Bob Clark 279-0763
Asst Auditor Barb Swanson
Language Instructor- Irene Tisell
Youth Director-Souleah Scarbrough
Webmaster- Marvin Hanson 928-5448



A Little in English...Few Sponsors Found for Hamsun Year 2009

"He still has an enormous position as an author, but at the same time he receives a lot of attention for his political beliefs," says Vigdis Moe Skarstein, director of Hamsun Year 2009.

Knut Hamsun (1859-1952) was a Norwegian author who wrote among many others the book *Hunger*. During the Second World War, he supported the Nazis and wrote German-friendly articles in Norwegian newspapers. After the war, Hamsun was forced to pay restitution for having supported the occupation.

Hamsun Year will commemorate the 150 year anniversary of Hamsun's birth. The author is still controversial, especially when the organizers of Hamsun Year go looking for corporate sponsors.

Trond Blindheim, rector of Norges Markedshøyskole, a Norwegian marketing school, is not surprised that businesses are wary for supporting the event.

"These days, people see Hamsun as being in the same league as Quisling and Rinnan; and we have to remember that they were the most hated peo-

ple after the war. Hamsun himself wrote that everything would be forgotten, but it isn't."

In addition to the much discussed financial crisis, Hamsun's Nazi sympathies are certainly scaring sponsors. While Ibsen Year 2006 commemorated that year with 70 million Norwegian kroner, Hamsun Year has to make do with 7 million.

Adapted from:

<http://www.nrk.no/nyheter/kultur/1.6382304>



Author at 31 years of age. He lives to the age of 92.

KAN DU SNAKKE
NORSK?

Language Instructor, Irene Tisell, will be holding classes on Saturdays at 1:00pm. The students will meet with her in Lakeport at Claire Grieve's home. If you are interested, please give Irene a call.

READ A BOOK-
JOIN THE CLUB

With so many great books in our library, we are forming a group to encourage one another to read more (as our President is suggesting). We will have a brief get-together in May

to look at the requirements for earning a Cultural Skills Medal. For all you Lauraine Snelling fans...this club's for you!



SONS OF NORWAY DUES STRUCTURE

As of January 1, 2009, your dues increased by \$5.00 as voted on and passed at the District 6 Convention in June. Here are what your dues cover:

International Dues: \$26.50 for first member/\$21.50 for spouse.

Benefits of membership are Fraternal, Financial and Humanitarian:

Fraternal: Viking Magazine, member discounts on Icelandic Air, Best Western Hotels (save 15%) and Avis Car Rental (save 20%).

Financial: Financial review, insurance and annuity products.

Humanitarian: Through the Sons of Norway Foundation, members support communities in programs such as Adopt-a-School and numerous scholarships.

District Dues \$9.50

Benefits of membership: District events including Convention and Language and Heritage Camp. Supports regional leadership within the organization (District 6 Board).

Camp Norge Assessment: \$3.00

Local Lodge Dues: \$5.00

Benefits of membership: Supports local lodge events, programs and Lakeviews.

We hope this information is helpful in understanding our International Organization!



Litt på norsk... Vil ikke sponse Hamsunåret 2009

- Han har jo en stor posisjon som forfatter, men samtidig så er han også omdiskutert på grunn av sine politiske holdninger, sier Vigdis Moe Skarstein, leder for Hamsunåret.

Knut Hamsun (1859-1952) var en norsk forfatter som skrev blant mange andre boka Sult. Under annen verdenskrig støttet han nazistene, og skrev tyskvennlige artikler i norske aviser. Etter krigen ble Hamsun dømt til å betale erstatning for å ha støttet okupasjonen.

-Hamsunåret skal feire 150-årsjubileum av Hamsuns fødsel. Forfatteren er fortsatt kontroversiell, også når arrangørene av Hamsunmarkeringen frir til næringslivet for å spe på budsjettet.

Rektor ved Norges Markedshøyskole, Trond Blindheim, er ikke overrasket over at bedrifter vegrer seg for å sette sin logo på arrangementet.

- Oppi dette kommer Hamsun i spann med Quisling og Rinnan, og vi må huske på at de var de mest for-

hatte personene etter krigen. Hamsun skrev selv at alt skulle være glemt, men det er det jo ikke

I tillegg til den mye omtalte finanskrisen, er det særlig forfatterens nazisymptier som skremmer sponsorene. Mens Hamsunåret 2006 kunne markere forfatteren for 70 millioner kroner, må Hamsunåret klare seg med 7 millioner.

Adapted from: <http://www.nrk.no/nyheter/kultur/1.6382304>



Nobel Prize Winner in 1920 for "Growth of the Soil" at the age of 61.

Ed: This book is available in our lodge library! Read it and join the club!

NORWAY DAY IN SAN FRANCISCO — MAY 2-3

AT FORT MASON

There will be lots of great food: Lapskaus, Open-faced Sandwiches, Cream cakes, Polse, wonderful coffee and more.

A wonderful musical group from Carl Peter's hometown of Decorah, Iowa will perform—The

Footnotes. Special guest from Norway! Sigmund Arseth, noted Rosemaler, will paint along with Grieg music.

SPECIAL EVENT ON SUNDAY MORNING!

A traditional Norwegian country wedding will take place over the green, into

the hall and celebrated on the stage. The Footnotes will accompany and there will be dancing and bunads galore. Enjoy mead wine and kransakake in celebration.

Buy your raffle tickets at the next Lodge event and win a trip to Norway!



Saturday 10-6

Sunday 10-5

www.norwayday.org

DITT OG DATT



Rebecca Dierssen has informed us that there is a new member in her family. Brother Stephan Clark and his wife Anastasia had a

baby boy on March 4, 2009. **Nikolai Stephovich Clark** weighed in at 6 lbs 2.4 oz. Congratulations to Auntie Rebecca, Uncle Andy, Cousins Colin and Audrey and, of course, Grandma Guri and Grandpa Bob Clark!

Knut Erik Jensen



To keep up with our friend, the pianist, visit his blog. He writes in a most informative and lighthearted style. Read about his traffic stop in California, how his Dad felt about being "carded" when trying to buy some beer and more!

www.knuterikjensen.com click on *Feel Free to Enter* and the top word on the left is *blog...click and enjoy!*

YARD SALE EXTRAORDINAIRE! MAY 16TH

Start collecting your “stuff” and spreading the news! *No clothing* is allowed in the building according to our Chairperson, **JoAnne Swenson**, but otherwise.....bring it on!

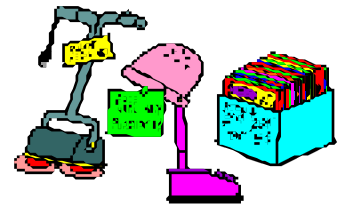
Set-up will be on **Thursday, May 14, from 9-12** and **Friday, May 15, from 9-12**. That’s when you can bring your “stuff”. If you need to, you can

bring things to the April 15th Heritage and Culture Night OR on April 19th to the New Member Seminar Luncheon. We can store things in our room.

To help out our customers, please bring JoAnne any grocery sacks and/or plastic bags you have stored in your garage.

We are again grateful to our member Kenn McCarty’s wife, Susan, for coming and picking up whatever we don’t sell and taking it all to the Church Thrift Shop she runs in Lakeport. Tusen takk!

This is a good fund-raiser for our Lodge so start digging and boxing!



Remember, one man’s trash is another man’s treasure!

2009 VOLUNTEER ORGANIZATION- STAR OF LAKE COUNTY!



In about an hour, a large group of volunteers successfully stuffed (and we mean stuffed) 80 packages of goodies for our serviceman and women in Iraq. Huge containers of food and toiletries filled the packing room while the room across the hall had tables and chairs for inven-

torying the box the volunteer had filled, then writing out that information on the forms for the post office and repacking and sealing the box.

Each recipient gets TWO boxes; one with food and one with toiletries. What a wonderful program.

All of this is done at the **Umpqua Bank** in Lakeport who are also a **Star of Lake County as Large Business of the Year!** Operation Tango Mike is

beholden to them for their support with the facility.

Our Lodge is collecting items for the boxes at each monthly H & C Night. A list is available on their web site or on the box at the Lodge.

Let’s get behind this great cause!



CARL’S CORNER

FREE 401K ROLLOVER KIT

Teaching your dog to **ROLL-OVER** isn’t easy. Building your 401K account isn’t easy either. When you leave your employer, take all your per-

sonal possessions with you, including your 401K. To get your free **401K ROLLOVER KIT**, call! I’ll do all the work. It’s free and certainly easier than teaching your dog to **ROLLOVER**.

“SIGN ME UP!”

That’s what I said when I heard Sons of Norway is 114 years old, financially strong and has very competitive life insurance and annuity rates. Call me, your Financial Benefits Counselor.



Carl P. Ingvaldstad
cingvaldst@aol.com
(707) 987-2404



Memorial Day Weekend

May 23, 24, 25, 2009

Camp Norge, Alta, California



The Recreation Center Board welcomes you to Camp Norge for a three-day camping experience at your own recreation center on Memorial Day Weekend. If you do not have a tent or RV, call the Manager (530) 389-2508 for a room.

We have planned the following activities for your weekend:

<u>Saturday</u>	<u>Sunday</u>	<u>Monday</u>
Breakfast	Breakfast	Breakfast
Lunch	Lunch	
Craft Fair in the Meadow	Horseshoes & other games	
Explore area on your own or just relax	Raffle drawing	
Dinner	Dinner	
Bingo		

PRE-REGISTRATION OF YOUR MEALS IS NECESSARY TO ALLOW US TO PURCHASE THE CORRECT AMOUNT OF FOOD.

Registration Deadline: May 15, 2009. (Make check payable to Camp Norge)
 Mail this form and check to Dale Baker, 9352 Castlemont Circle, Orangevale, CA 95662

MEMORIAL DAY WEEKEND

Name: _____ Lodge _____

Address _____ City _____ State _____ Zip _____

Telephone _____

Meals you wish to purchase:

Saturday Breakfast – Adults _____ x \$5.00 = \$ _____ Children _____ x \$2.50 = \$ _____
 Saturday Lunch Adults _____ x \$5.00 = \$ _____ Children _____ x \$2.50 = \$ _____
 Saturday Dinner Adults _____ x \$10.00 = \$ _____ Children _____ x \$5.00 = \$ _____

Sunday Breakfast Adults _____ x \$5.00 = \$ _____ Children _____ x \$2.50 = \$ _____
 Sunday Lunch Adults _____ x \$5.00 = \$ _____ Children _____ x \$2.50 = \$ _____

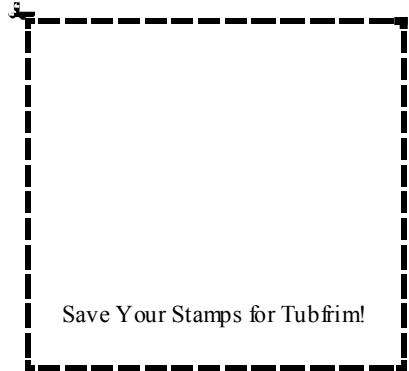
Sunday dinner is potluck. Please bring a dish to share and your own place settings

Monday Breakfast Adults _____ x \$5.00 = \$ _____ Children _____ x \$2.50 = \$ _____

If you wish to register for all the meals, you get a discount. Send a check for \$33 for each adult and \$16.50 for each child 12 years and under.

We are on the web!
www.vikingsoflakelodge.org

the official publication of
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SONS OF NORWAY
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Hidden Valley Lake, CA 95467
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GOD PÅSKE!

HAPPY EASTER!



On Easter Saturday,
children in Norway
dress up as "nice
witches", giving out
letters and cards and
collecting coins, sweets and
eggs.

Thanks, Siri.....Gulldalen Lodge #128

**Kevin Ness Jeweler
of ClearLake**

994-2307

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Clearlake, CA 95422

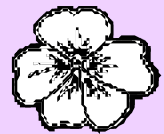


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