

Sons of Norway

District Six News

February 2010



Janie Kelly, President



It seems like it was just a few months ago that we were all in San Ramon for our District Lodge Meeting and Convention. Now it's already time to elect our delegates for this year's convention in Modesto.

I encourage all lodges to elect delegates to attend our conventions. Not only so you can become part of the process by voting for our 2010-2012 District Officers and Directors. Not just so you can vote for the items which will come before the District Lodge. Why should your lodge send delegates? The reasons are many.

You'll learn more about the many, varied programs that Sons of Norway and District Six have available to our lodges and members. You'll have fun meeting people from other lodges and hearing

about how they do things. You'll enjoy great food, fellowship and fun with the other delegates. You'll learn more about our great organization and get fired up to get your family and friends involved. Don't miss this great opportunity. I still learn new and exciting things at convention and know you will, too.

While we are in Modesto, I'm planning on holding some break out sessions, similar to what they do at the International Lodge Meeting and Convention. These will be in-depth sessions aimed at helping lodges and members on a variety of levels. Since we don't yet know how many resolutions we'll have, I can't give details about how many sessions we'll have, how long they'll be or the content of the sessions.

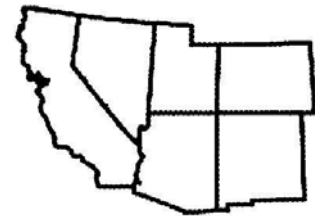
Past sessions we've had at the In-

ternational level have been a brainstorming session on fundraising, programs and products available from the home office, how to get your lodge up to date with technology, and others. If you have any ideas for what YOU'D like to see at a breakout session, please let me know. I intend to have interesting and exciting sessions and I can't do that if I don't know what our members want.

We'll see you in Modesto and until then... we'll see you out and about our Super Sixth!

Fraternally,
Janie Kelly

Volume 1, Issue 5



<i>Presidenten</i>	1
<i>Internasjonal Direktør</i>	2
<i>Vise Presidenten</i>	3
<i>Sekretæren</i>	3
<i>Kassereren</i>	4
<i>PR Offiser</i>	4
<i>Sone Direktører</i>	5-9
<i>Adopt-A-School</i>	9
<i>Camp Norge</i>	11

Sons of Norway District 6
Wendy Winkelman, Editor
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Sherrill G. Swenson, International Director



At the Fall 2009 Sons of Norway International Board Meeting, a resolution was passed requiring all candidates and alternates for the office of International Board Director to complete an application for that office. Included in the resolution is the requirement that the application be completed and distributed to the District Convention (Lodge Meeting) prior to the election to these offices.

What is the reason for this resolution? To quote Legal Counsel David Ness: “The Sons of Norway is a \$300 million fraternal insurance company. Since the insurance side of the organization sells and administers insurance products, we must be mindful of corporate governance. Insurance regulators and auditors require that our International Board of Directors be selected in a manner consistent with good corporate governance principles. One of these principles is to ensure that delegates make an informed decision prior to voting for a candidate for Director.”

The Candidates Application will assist in that objective.

Everyone elected as a Sons of Norway Board Director is required by law to complete the following:

- Fingerprinting and related background check
- Financial services disclosure
- Employment history
- Conflict of interest documentation

Besides the leadership and expertise a candidate brings to the office, there are personal characteristics that are desirable:

- Mission driven with a passion for the Sons of Norway
- Time and self management skills
- Results oriented
- Can be a leader or follower, as needed
- Interpersonal skills
- Willingness to learn
- Comfortable with conflict

At all District Conventions in 2010, the above statements will be read to the convention body by the International Director for that district. Appropriate information will also be included in the convention package, including applications for those desiring to run for the office of International Director or Alternate.

Sherrill G. “Swede” Swenson



The District Six News is the newsletter of District 6, Sons of Norway. It is published three times a year (February, June & October). The newsletter is distributed by e-mail to officers of Sons of Norway Lodges in District Six for distribution to their lodge memberships. It is also distributed to the publicity directors of the other districts and Sons of Norway International Officers.

Lyle Berge, Vice President

We who take the time to be active in Sons of Norway accept that membership is our responsibility. We are those folks who continue to challenge our lodge members to remain, plus to provide the means to contact their children, grandchildren, siblings and friends so that we may offer the many benefits our Order makes available, as well as what our Lodge makes available to them.

Members identified as having Insurance or Social Memberships comprise the 6,975 adult counts which are used for convention delegates. Affiliate members are tallied in their primary lodge.

Within the Central Lodge for District Six, we also currently have 476 “active insurance nonmembers” as of December 31st. Our long term members who have been rewarded with a lesser dues structure include 868 Golden and 429 Life.

We have additional members, they who are our future. How do we integrate these into lodge activities? Could your lodge host a meeting with revised format and time geared for Unge Venner and Juvenile Members which they plan and execute from current reference materials? In our district, we have 517 listed in this

group. What might they be capable of sharing. With our 907 Heritage members, could we do more than have one annual ‘Children’s Heritage Event’? Our library of possibilities from the Adopt a School program and the sixty months of *Barnas Norsk Klubb* is an amazing source.

Our resources – our responsibility!

Lyle Berge



Carol Lee Solheim, Secretary

This is the year for District Six Lodge Meeting/Convention to be held. The meeting will be June 23-26 in Modesto.

In the month of January or February you must elect your delegates and alternates to said meeting. The deadline for me to receive the names is March 16, 2010. A letter has gone out to

each lodge President with the number of delegates each lodge is entitled to have at the District Meeting.

If your lodge wishes to submit any resolutions to be acted upon at this meeting I must have them by March 25, 2010.

I hope to have the 2010 District

Directory in the mail by the first week of February.

Looking forward to seeing many of you in Modesto in June.

Carol Lee Solheim



Lifetime Member, Harold Bahrke of Norrona Lodge 6-50 is pretty proud of his granddaughter, Shannon Bahrke. Shannon (born Nov. 7, 1980) is an American Olympic freestyle skier and entrepreneur. She is the current (2009) US National Champion in dual moguls and a 2010 Winter Olympic hopeful. Bahrke was the silver medalist in moguls at the 2002 Winter Olympics in Salt Lake City, and in 2003 was the World Cup Champion. She has reached the podium twice at the FIS Freestyle World Ski Championships, winning bronze in 2003 and silver in 2007, both in dual moguls. The Bahrke family name originates in Norway; her paternal grandparents are from a town near Oslo. Congratulations Harold and we will be watching the Olympic Games!

“We’re On The Web” - www.sofn6.com



Roger Espeland, Treasurer

It is not easy to believe that two years has soon passed by since our last convention. It was the day(s) we heard that the district was broke. It has been a time of learning the many aspects of money management for our district. It is a balance of procedures and awareness of IRS rules that make up good fiscal management. I am confident that I can present to you a pleasing and great report on the financial condition of the District for this coming June gathering. It is that time that we must prepare all the reports for District, International, and the IRS (being the most demanding) and in so doing,

it time for the assessment letters to go out to all treasurers. Please respond in a timely manner. The convention assessment does not need approval of the Local lodge but the scholarship portion is a voluntary donation to our most important Scholarship fund in the district. I would like to hear from you all prior to June of this year. In the meantime I am eager to see you at convention. **Reminder: File Form 990 Series Returns Timely to Preserve Tax-Exempt Status** Most tax-exempt organizations, other than churches, must file an annual Form 990 series return with the IRS. It is important to

file a timely return because an organization that does not file a required Form 990, 990-EZ, 990-PF or 990-N ("e-Postcard") for three consecutive years will automatically lose its Federal tax-exempt status. Non-filers will be subject to automatic revocation for the first time beginning in 2010. See IR-2010-10 for further information.

Roger Espeland



Wendy Winkelman, Public Relations Officer

Welcome to all our new 2010 officers! I now need to update my email lists with all of your email addresses! If you are a new officer, you will occasionally see emails sent from me or that I am passing along from one of the District Six board members. If you need me, please email me as I am welcoming your emails and hope that I can be of assistance to you in running your local lodge.

We are busy here in Arizona—with a Scandinavian Day in Tucson in Dec., a Jul Bazaar in Phoenix, a Scandinavian Fest in Yuma in Feb., and a Scandinavian

Spring Fest in Mesa in March. Then onto our AZ Kretsstevne in March as well. There are lots of Scandinavians here in the State of AZ!

I know that there are many other events happening in your state. Please, if you have photos of these events, please send them to me. I would like to possibly publish these somehow in a future newsletter. My email is: wendyathadeland@yahoo.com

As always, I am looking for Viking photos. If you haven't seen a photo from your lodge yet this year in the Viking, please email

or U.S. mail me one and I will try and get it in. I want at least one photo from each lodge each year! Your members always love seeing themselves in the magazine!

I have asked to have the Convention Info added to our District 6 website (www.sofn6.com) - so if you need that info—go take a look.

My Swedish relatives were in AZ to visit me in Jan. & are sure that the Swedish Hockey team is going to take it all in the Olympics! We will have to see! Enjoy the games!

Wendy Winkelman



Remember to Feed the Piggy!

Carl Ingvoldstad, Zone 1 Director

For the past several months, I have been developing my theory that those folks (including not only myself but also many others in Sons of Norway) that check their **Horoscopes** on a regular basis are also the ones that make New Year's **Resolutions** and establish personal **Goals** this time of year.

To underscore my point (theory), I continue to enjoy checking **Horoscopes** periodically – whether in the newspapers or on the Internet. The key, I believe, to successful “Horoscoping” seems to be internalizing what you see into personal **wish fulfillment**—providing you like what you see!

A month ago, I read a long article in our local *Lake County Record Bee* entitled “Fresh Start: Resolutions 2010”. Of the 13 suggested **Resolutions**, the following seven are ones I have made or should have made over the past 50+ years:

- Lose Weight
- Manage Debt
- Save Money
- Get (Stay) Fit
- Reduce Stress Overall
- Take a Trip
- Volunteer to Help Others

Just before New Year's Eve 2009, I read another interesting article on the AARP website by the tennis great, Martina Navratilova entitled “Looking Beyond Your New Year's **Resolutions** “. Of her nine suggested strategies to not only focus upon but also to achieve your **goals**, I zeroed in with five of her strategies which I feel will work for us both as individuals and Sons of Norway Lodge members:

1. Have a strong initial commitment to make necessary **change(s)**.

2. Keep track of your **progress** throughout 2010.
3. Take the **process** of change one day at a time.
4. **Dream big!** Be realistic and achieve!
5. Give your dreams a **chance** to come true.

Finally, **Resolutions** and **Goals** cannot be kept or achieved without your **will**, resolve, and determination to do just that! Plan for success, start today and “keep on keeping on” during all of 2010!

Carl Peter Ingvoldstad



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Paul Jevert, Zone 2 Director



As we enjoy a brief break from the Winter Storms that we so desperately need in No. Calif., we pause to reflect on the busy year ahead. Our Zone II Calendar shows the following:

The 100th Anniversary of Bjornstjerne Bjornson Lodge #14, on April 10, 2010, a fine old lodge maintaining its "anchor" of community in Oakland, Calif. since 1957. The Lodge was instituted by Gerhard Pedersen of Henrik Ibsen Lodge # 7, San Francisco on April 10, 1910. Twenty-six Charter Members were initiated and the Lodge was originally named Edvard Grieg Lodge. On April 28, 1910 they were informed that the name Edvard Grieg had already been spoken for and the name Bjornstjerne Bjornson was then chosen. In 1951 Bjornson Lodge bought a Hall at 55th St. in Oakland after meeting in many locations since they were Chartered which they sold in 1957 to purchase the present location on MacArthur Blvd. Bjornson had established a Sons of Norway Park in 1931 in Crow Canyon in Castro Valley, Cal. for the lodge use which was also sold in October 1956 to purchase the new location on MacArthur Blvd. The first Kretsstevne was held on July 1, 1933 with Oakland, San Francisco, Sacramento, and Eureka as a combined effort. Bjornson Lodge has sponsored many young "New lodges" in its history such as Victory #43, Roald Amundsen #48, Andrew Furuseth #49, Nordahl Grieg #52, Garborg

#56, and Snorre #. We all want to congratulate Bjornson Lodge on their 100 Years of "Progress and Accomplishment" in the East Bay and wish them another 100 years of future "Growth and Success".

For more info contact Karl Eikeberg at 510/530-3721 or bay-sea@aol.com. RSVP's needed by Wed., April 7. The Lodge will celebrate with a Gala Party and Banquet at the Hilton Garden Inn in Emeryville, Calif. The 6:00 pm dinner and dancing celebration is \$60.00 per person with choice of beef or fish. Rooms are available at the rate of \$89.00 per night plus tax. Contact the hotel at 1/877/782-9444 and use the reservation code "SON". Please call by Wed., March 17, to guarantee space.

Please "Plan to Attend" a "Lodge Officers Seminar and Training Session" on Sat. March 13, 2010, for all Zone II Officers and Members. The meeting will take place at Bjornson Hall, 2258 MacArthur Boulevard, Oakland from 10:30 am to 4:30 pm. The topics of discussion will be Proper Lodge Operation, Officer Responsibilities, Management, issues regarding Membership Preservation and Recruitment. 100% participation by Lodge Officers is urged. RSVP by Wed., March 10, 2010 (209/634-4313 or Bigenginej@sbcglobal.net). Coffee & refreshments will be furnished.

Our District 6 Biennial Convention is coming up on June 24-27, 2010 at the Double Tree in Modesto with Garborg Lodge # 6-056 as Host. Plans are underway to insure that this will be an Event that will promise to be enjoyable and packed with fun side attractions and activities for both its' Delegates and their families. Please contact Convention Chairman, Sean Willadsen at firstwildabeast@yahoo.com or Secretary, Linda Silva at r4grammy@sbcglobal.net for further info. Please plan to attend and represent your lodge as a Delegate or as General Membership Attendance.

Our District 6 Folk Art Competition at the District Convention is in the works. My reminder to you is that we have many entries and enthusiastic participation which I reviewed in our last District. We hope to see a large response district wide to this fun and creative event. I urge all of you to make a special effort to stop in and see the Folk Art.

Well there you have it, a lot on the plate for the first half of the new decade and we hope to see you all at these many important events. Come along for the ride and get the most out of your Sons of Norway affiliation.

Paul Jevert

Norway: Olympic Tradition—February 12, 2010

Norway has the most Olympic Winter Games medals with 280. Eighty-seven of Norway's medals have come in cross-country skiing, and 79 are from speed skating. Norway has twice hosted the Winter Olympics: Lillehammer 1994 and Oslo 1952.



Ladies from Fjellheim 6-107, Colorado Springs, CO enjoying a cup of Christmas Tea at the annual Lodge Scandinavian Tea. Left to right: Bjorg Mapstone, Nancy Allen, Lois Halvorson, Sissel Disbrow

- Membership Idea -

Fjellheim Lodge 6-107 served 160 guests! "We had table hostesses for 20 tables, 8 at each table. Each hostess furnished their own dishes, (mostly holiday dishes), their own table decorations, and were responsible for pouring tea and serving goodies to their guests. This was a wonderful way to bring potential new members into the lodge and also was a great money maker." *Sissel Disbrow*

Eric Herem, Zone 5 Director

"ALMA – MENTE – CUERPO"
[from Spanish: spirit, mind, body]

These statements are lodged into the Spanish YMCA logo. When I was a member of the Argentine branch of the YMCA (Asociacion Cristiana de Jovenes) in my youth I used to go there and swim during my lunch hour or after hours. I used to read that logo and as a young chap I used to look up to it's meaning; if you were able to live-up to those 3 precepts you'd become a 'fulfilled or complete person' in a sort of a sense.

Our Sons of Norway President Dan Rude writes under his title 'Members in Motion' in January's 'Viking' and refers to awards given by SofN "skimerke" (ski medal), "gangmerke" (walking medal), "sykkelmerke" (biking medal) that members may earn. He says "In addition to the physical benefits gained by participating, you can enjoy the company of your fellow lodge members by completing your medals together."

There is nothing better than a HEALTHY LODGE and it's HEALTHY MEMBERS. I would

therefore encourage lodges in ZONE 5 to elect your Sport's Director, for those who haven't done so yet. I'm inspired by the example set by the Sport's Director at 'Norseman 91', Richard Skorpen, who has done a great job with it's members, not only by encouraging them to earn sports medals, but by organizing sports outings, such as group bowling, a trip to a Dodger baseball game and other. All this has promoted good fellowship. Skorpen may not have endeavored into organizing more active sports due to the age of the members, but the opportunities for any Sport's Director to embark into any 'outdoors' events will be to the altogether healthy benefit of the members.

Since I'm now into the 'sports' subject, I'd like to direct your attention to the upcoming '2010 Vancouver Winter Olympics'. It is in these Olympics –Winter- where Norway excels and of course also the U.S. And...in this case Canada also, being the host nation (Sons of Norway has lodges here too).

I have already been following the Winter Sports, mostly in Europe,

but there has been in Canada too. Norway, the 'inventors of the skis', inventors of 'cross country skiing', of 'biathlon' and 'ski jumping', has already shown some of their dominance of this sport. Norway and neighbors Finland and Sweden do not compete in 'luge and bob-sled' maybe because they don't consider this a sport per-say and may loose some overall competition points due to this. Hopefully you, Norwegian-Americans and Canadian members, will be tuned-into watching these Winter Olympics from February 13 through 28. Canada should put on a wonderful sporting display for us!

Did you know that Norway's previous king, King Olav V, did cross-country, but also ski-jumping? There is a statue, I believe, of King Olav standing with skis right next to Holmenkollen Ski Jump in Oslo (now being reconstructed).

Eric Herem



Nancy Madson, Zone 6 Director

A Lesson from ... GEESE!

Lodge leaders are constantly looking for the “secrets” to success of a lodge. The fact is, the secret lies in the hearts of the lodge members. Lodges create connected members and committees and, as a result, build successful lodges by acting like geese. Like geese? Yes, like GEESE!

If you ever happen to see geese heading south for the winter – flying along in “V” formation – you might consider what science has discovered about why they fly that way. As each bird flaps its wings, it creates uplift for the bird immediately following. By flying in “V” formation, the whole flock adds at least 71% greater flying range than if each bird flew by itself. Any goose that falls out of formation suddenly feels the

drag and resistance of trying to go it alone and quickly gets back into position to take advantage of the lifting power of the bird in front.

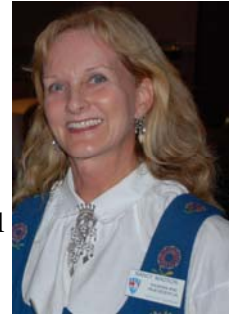
When the lead goose gets tired, it rotates back in the set and another goose moves up to fly point. And the geese in the back honk to encourage those in front to keep up their speed. Finally, when a goose gets sick or is wounded and falls out of formation, two other geese fall out with that goose and follow it down to lend help and protection. They stay with the fallen teammate until it is able to fly or it dies. Only then do they launch out on their own – or with another formation – to catch back up with their group.

The lesson: Like geese, people who share a common direction and sense of community and fra-

ternity, who take turns doing demanding jobs, and who watch out for one another, can get where they are going more quickly and easily because they are “traveling” on the thrust of their teammates. Geese are defined by how they stay connected with one another. Successful committees, successful lodges, and successful lodge leaders can be defined the same way.

Let’s keep geese in mind as we head on to the Conventions. Let’s fly on the thrust of one another – keeping our common interests and goals in mind. Encourage those around you. Uplift those below you. And Honk! J

Nancy Madson



District Six 2010 Convention

When:	June 23-26, 2010
Where:	Doubletree Hotel Modesto, CA
Hotel Rate:	\$129 per night single \$250 per night exec suite Reserve by 1/800/222-8733 for SON rate
Registration Form: (located at www.sofn6.com)	Due by May 21, 2010
More Info:	Sean Willadsen, firstwilda- beast@yahoo.com or Ryan Hart, princessbear@hotmail.com

Bob Dahl, Zone 7 Director

Zone 7 has many activities since the last newsletter and I have been able to attend a Lodge meeting of every lodge in Arizona. In February I will be at the Leif Eriksen Lodge in Salt Lake City to share some of the happenings in the rest of our Zone along with information about the new Heritage Hall at Camp Norge as I have completed more than three years on the Recreation Center Board. The lodges in Arizona have shared events with many other Scandinavian Groups to share heritage and cultural skills. It has been great to see the cooperation between organizations and the fun and fellowship during events around the state. These have been nice fund raisers for Sons of Norway Lodges. The Lodge members have also been active in recruiting new members for Lodges at these events. From what I see it looks like a couple of Lodges in Zone 7 have taken my challenge that I had in the last

newsletter and they should show very well in total recruitment for District 6. As our members age and can't get out in the future it is imperative that we must get the next generation to become involved in maintaining an interest in the culture and heritage of our families from generations past. Each of you reading this message please try to pass along your heritage to your grandchildren and those that follow. Please make every attempt to participate in Kretsstevene Arizona which is going to be on March 13 in Mesa, AZ. at the Windemere Conference Center starting at 8:30 AM MST. We will have presenters from many different Lodges during this event. If you have not seen a notice on this event, contact Wendy Winkelman or myself for registration materials. I would like to see as many of the Officers of Arizona Lodges attend as possible so that you

may meet your counterparts from around the state

and share some of your experiences. We already have confirmed reservations from Sons of Norway members from other states. The word got out after last year's event and it has sparked an interest. The other topic I would like to make comment about is the District 6 Lodge Meeting in Modesto this coming June. I would hope that every Lodge has a full complement of delegates so that your lodge will have input into the Sons of Norway. Please make sure that your delegation is voted on by your lodge and that all the proper paperwork is submitted on time to our District 6 Secretary.

Bob Dahl



Diane Molter, Zone 8 Director

The seven Colorado lodges are busy with our Membership and Leadership Conference this February 6th, planning and coordinating our events for 2010 and beyond. We will be hosting workshops on Membership R & R, Lodge Interactive Programming, Being an Effective Delegate and Working Together on Festivals, Fundraisers and Events. The Past Presidents Club will also have a short meeting.

We have a full year calendar of events beginning with Lodge Anniversaries and the District 6 Barnelopets at Snow Mountain

Ranch YMCA and Grand Mesa. Our special guest will be District 6 President Janie Kelly. (Download the Barnelopet information at the Events section at sonsofnorway.com). Our newest Lodge Storffjell 6-169 will be receiving its Charter.

Storffjell is working on a Rosemaking Seminar to be held at Snow Mountain Ranch in summer or fall. Stay tuned for more details. We are working together to support Fjellheims Spring Frokost, Trollheims Smorgasbord and 17th Mai Pardes and

Celebrations at Fjellheim, Trollheim, Steinfjell, Vesterheim, Fjelldahlens and Storffjells. Vestafjell on the western slope will also be celebrating 17th of Mai and is planning a great 20th Anniversary Party for June 12th. Please join us as we Celebrate and Share our rich Culture and Heritage!

Diane Molter



Mary Beth Ingvoldstad



I certainly hope a few Lodges submitted requests for monies from the SON Foundation. In 2009, they awarded almost \$7,000 to 24 Lodges & District 3 within the Order. Not only is Adopt A School a type of project for funding, but Barnas Norsk Klubb, children's heritage programming, school equipment, supplies & other special programs for children also qualify for these funds. If you haven't checked into this Grant, do so at www.sonsofnorway.com & click on Foundation on the Home page.

As of the notice in the July 2009 Viking Resource, Membership Coordinator Nichole Neuman is also our "go-to gal" in Mpls for the Adopt A School Program. She can be reached at (800) 945-8851 ext 697, adoptaschool@sofn.com.

Of course, you can always contact me with questions, ideas & success stories. We love to "toot the horns" of our Lodges that are out there in the community helping our kids.

Did you know that there are many items in the Sons of Norway Lodge Supply Catalog that pertain to Adopt A School efforts? You can order Bumper Stickers (#AS2) with the 1st 10 FREE & additional 10 for \$6, Adopt A School Buttons (#AS3) with the 1st 10 FREE & additional 10 for \$7 or Adopt A School Stickers (similar to the one in this article—#AS1) with the 1st 25 FREE & additional 25 for only \$4. The stickers are great for putting in donated books as they do say "Sons of Norway" on them.

Here are a few quick Lodge success stories for you. **Andrew Furuseth #49** purchased projectors for the Ellerhorst School, headed up by Coordinator Anton Jorgenson. Terra Hills Elem. School applied for a similar grant & the Lodge voted to award them \$1,350 for their needed projector. **Solbakken #64** received thanks from the Garden Grove Board of Ed. for their donation of \$850 to Brookhurst School for educational materials. **Steinfjell #114** clips & turns in Campbell soup label coupons, box tops & other education—supporting coupons from products they buy!

Mary Beth Ingvoldstad
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Camp Norge News—Penny Joseph Knudsen

Spring is coming to Camp Norge!

When you get this newsletter, there will still be some snow further up in the mountains if you want to take advantage of using Camp for your base and then go play in the snow, whether you are a skier or snowboarder, or just like to make a snowman. Sleds and toboggans are still fun, too. Call the manager for snow conditions and reservations.

When springtime arrives at Camp, it is a beauty to behold. The trees and grass are turning green, the flowers are beginning to bloom. When the dogwoods are in full bloom, it is breathtaking. Have you ever been to Camp in the springtime? Give our manager a call and make your reservations early.

Speaking of reservations, be sure to call for room reservations for both Memorial Day and Labor Day (Northern California Kretsstevne). No reservations needed for tents or RV's. The meal service for these weekends will be out of the new Heritage Hall. You do want to be among the first timers, don't you? Plan now to share these weekends with your friends at Camp Norge and help make history.

July 4th is a three-day weekend again this year. There will be the usual parade and July 4th festivities at Dutch Flat, although we were not able to find a volunteer to provide food service at camp. With all that is going on at Dutch Flat, it may be far more relaxing not to have fixed meal times or

anyplace you have to be at a certain time. Just come up, enjoy the swimming pool, enjoy the small town parade and the restful peace at Camp Norge when you return.

Camp Norge is your camp. Plan on spending some time there and get acquainted with the area. It is great for family reunions, vacations, weddings, boy scout and girl scout outings, and almost any group activity. See you at Camp.

Penny Joseph Knudsen
Secretary



February 2010

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**SONS OF
NORWAY**

The Super Sixth.



“The mission of Sons of Norway is to promote & to preserve the heritage & culture of Norway, to celebrate our relationship with other Nordic countries, & to provide quality insurance & financial products to its members.”